



Secondary School Tuckshop Menu Term 2, 2019

Snacks

■ Fresh fruit salad cup ☺	\$4.00
■ Watermelon cup ☺	\$3.50
■ Fresh Gourmet Yoghurt	\$4.00
■ Fresh Gourmet yoghurt with muesli	\$4.50
■ Custard tubs	\$1.50
■ Cheese and Crackers (large)	\$3.50
■ Banana or Raspberry & Pear Bread	\$2.50
■ Cupcakes ☺	\$2.00
■ Chips Smith or Red rock	\$1.50
■ Vege chips (GF)	\$1.50
■ Salted Carmel popcorn	\$2.00

Hot Selections

■ Toasted sandwiches ☺ Mon/Tues only	\$4.00
■ Steak Pie	\$4.50
■ Feta & spinach roll	\$4.50
■ Sausage rolls	\$4.00
■ Sauce Sachet – Tomato or BBQ	.30
■ Butter Chicken & Rice ☺	\$5.00
■ Spaghetti Bolognaise ☺	\$5.00
■ Chicken Curry & Rice	\$5.00
■ Fried Rice ☺	\$4.00

Cold Selections

Please note: Salads & wraps for lunch only

■ Salads ☺	Small \$4.00	Large \$5.50
Chicken, ham, egg or tuna salad		
■ Salad Wraps from	\$4.00	
■ Egg Salad Wrap	\$5.50	
■ Chicken or Ham Wrap	\$5.50	
■ Chicken and Egg Salad Wrap	\$6.00	
■ Sandwiches (from)	\$4.00	
■ Sushi Mon/Wed/Fri Teriyaki chicken	\$3.80	

Drinks

■ Water - plain 600ml	\$2.00
■ Milk - Chocolate/Iced coffee/Strawberry 300ml	\$2.50
■ Milk - Chocolate/Vanilla/Strawberry 500ml	\$4.50
■ Iced Tea – Lemon/peach/mango 500ml	\$4.00
■ Juice Poppers - assorted flavours 250ml	\$1.50
■ Krazy Homestyle Lemon Lemonade 500ml	\$4.00
■ Barista Bros Iced Coffee or Chocolate 500 ml	\$4.00
■ Assorted Emma & Tom's juices	\$4.50
■ Hot Chocolate	\$2.50

Ice creams

■ Twisted Yogurt - assorted flavours	\$2.50
■ Bulla frozen yoghurt - assorted flavours	\$2.00
■ Icy poles - lemonade or raspberry	\$1.50
■ Life savers	\$2.50
■ Bulla Vanilla tub	\$1.50
■ Billabong Ice-creams - chocolate or rainbow	\$2.00
■ Milo scoop ice cream	\$3.00
■ Icy cups	\$1.00

☺ = Denotes items made in the Tuckshop

Daily Lunch Specials

Monday

Chili chicken Sub ☺	\$5.00
Chili tender, lettuce, cheese & sweet chili sauce	

Tuesday

Nachos ☺	\$5.00
Beef mince, corn chips & cheese	

Wednesday

Meat ball Sub ☺	\$5.00
Meatballs in tomato sauce topped with cheese in sub roll	

Thursday

Bacon & egg burger ☺	\$5.00
Bacon, egg & BBQ sauce	

Friday

Pulled Pork Sub ☺	\$5.00
Pulled pork in BBQ sauce with cheese	

\$7.00

Meal deal available every day

Spaghetti Bolognaise or Butter chicken small size
with a garlic bread
and your choice of juice popper

Want to get your favorite food, jump the queue, order online and collect at the end window.

<http://www.flexischools.com.au>

Remember you can upload money onto your student ID card, so you do not need cash.

Volunteers are always welcome and appreciated.

Please contact:

Cherrie Mobbs

T: 5477 3456 or

Diane Paterson

T: 5477 3457