Dear Parents

A warm welcome to Week 3.

The school year has commenced with a great deal of excitement and classes are in full swing. It would be a rare year indeed if there were not some ‘readjustments’ needed as students negotiate the constraints of school life following an extended holiday break. I sense that most students have settled in well, with genuine efforts being made to get the year off on a good footing. Many students I have spoken to are pleased to be back and looking forward to a positive year.

A new year is full of new experiences. For example, Year 10 students at Mt Binga are already deeply immersed in new experiences. Similarly, children new in Prep have had to adjust to being with a group of other children in a learning community. They will be learning valuable lessons about interacting with others, sharing and respecting each other.

There can be some tears and upsets at the beginning of the school year, especially as new students encounter a different environment and the need to establish new friendships. Entering a new community can be daunting, even for adults. Just think back to when you were new to a job, club, group or class. Coping strategies are acquired through such life changes or transition stages as they are sometimes called. Sociologists even give a name to such events – they speak of rites of passage. Changing schools is a rite of passage, as are major events such as graduation, starting work, marriage etc. As parents, it is not easy to cope when our child is upset or anxious, but often it is such experiences that help young children and teenagers learn resilience, an important ingredient in becoming more independent.
The Rite Journey

Speaking of rites of passage, the College will continue with the Rite Journey program for Year 9 students this year. The Rite Journey is a personal self-development program, offered in gender-specific settings and designed to support adolescents to grow into self-aware, vital, responsible, respectful and resilient adults. The year-long program focuses on raising young people’s consciousness about transitioning from child to adulthood. This is done both by having conversations about what matters, as well as using a framework of Rite of Passage to make this important developmental shift more experiential. It will be offered as part of the College’s Christian Studies program.

This Friday 14 February, the first two ritual celebrations will formally mark the beginning of the year for this group: “The Calling” and “The Departure”. Parents of students in Year 9 are reminded to review the information sent via email and given at the information evening for that morning. Any questions can be sent to Cameron Roach on E: roachc@immanuel.qld.edu.au or on T: 5477 3444.

Interhouse Swimming Carnivals

What a pleasure it has been to be part of our two interhouse swimming carnivals last week. We had wonderful weather on both days (even if a tad hot for the Primary School carnival), and the team spirit was electric. Thank you to the many parents and staff who assisted in diverse roles, and to Mr Johnson and Mr Harris for their outstanding organisation. Congratulations to all competitors.

Thank you to Friends of Music

We would like to express our thanks to the amazing Friends of Music committee for their fundraising efforts that raised over $20,000 to purchase a new music trailer for our students and staff. We are delighted to announce that the trailer has arrived and has already been put to good use. We would also like to thank Stefan Volejnik, Amy Sluggett, Mark McFie, Paul Cheetham and Fiona Christie for their support of this project and guidance in relation to construction and design.

Voices on the Coast Literature Festival

A reminder that the annual Voices on the Coast Literature Festival is almost upon us. Events and presentations will be held from 19 – 22 February. To plan your visit, go to the Voices website here, view the full program or check the presenter page.

The literary breakfast ends the Festival on Saturday 22 February at 7.30am, in the Immanuel Environmental Centre. This year’s featured author is Candice Fox. Hades, Candice Fox’s first novel, won the Ned Kelly Award for best debut in 2014 from the Australian Crime Writers Association. The sequel, Eden, won the Ned Kelly Award for best crime novel in 2015, making Candice only the second author to win these accolades back to back. All her subsequent novels have been shortlisted for Ned Kelly and Davitt awards. In 2015, Candice began collaborating with the world’s best-selling thriller writer, James Patterson. All their novels have been massive bestsellers across the world and have features in the New York Times bestseller list. Candice is published in fifteen territories and is currently involved in two television deals for her works.

Please click here to purchase Voices tickets.

For those who are able to volunteer their time for any number of the myriad tasks across the Voices festival week, please contact Festival Coordinator, Kelly Dunham, on T: 5477 3437 or via email E: voices@immanuel.qld.edu.au. She still has a few vacancies for willing and enthusiastic helpers!
25th Annual Voices on the Coast Literature Festival (19-22 February)

In just over a week’s time, Voices on the Coast will be upon us. This involves almost all Immanuel students as they either listen to an author here at the College or travel out to USC to listen to authors there. Plus, we have students volunteering as introducers, as media assistance, musicians and hospitality workers. It is a whole College event and you are most welcome to join in!

Voices 25 – 5.30pm to 7.00pm on Thursday 20 February – is our new, free community event where you will be able to mix and mingle with authors and illustrators, buy their books and have them signed. Some authors will provide a quick talk and some illustrators will be drawing. We will have food available and the USC Picnic Giveaway is happening as well. The event will be located on the College Green, outside the library, and if there is wet weather we will move inside. The USC Picnic Giveaway closes on Monday 17 February.

For catering purposes, please register if you are planning to come along to Voices 25 www.voicesonthecoast.com.au

Literary Breakfast with Candice Fox – 7.30am Saturday 22 February – Join New York Times bestseller Candice Fox for breakfast. Hades, Candice’s first novel, won the Ned Kelly Award for best debut in 2014 from the Australian Crime Writers Association. The sequel, Eden, won the Ned Kelly Award for best crime novel in 2015, making Candice only the second author to win these accolades back to back. In 2015, Candice began collaborating with the world’s bestselling thriller writer, James Patterson. Candice is published in fifteen territories and is currently involved in two television deals for her works. Originally from Bankstown, Candice lives in Sydney and is a graduate of USC Sunshine Coast. Tickets are $40.00 at www.voicesonthecoast.com.au.

If you do happen to have a few hours or a whole day free on Thursday 20 February or Friday 21 February, we are always looking for volunteers – jump onto our volunteer website if you would like to register. https://voicesonthecoast.com.au/votc20/volform20

Every blessing for the coming fortnight.

Kelly Dunham – Voices Festival Coordinator

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2021 Term Dates

Some of our families will already be planning holidays for 2021, so it may be useful for you to have the term dates which have been confirmed, as follows:

**Term One**
Commences - Wednesday 27 January
Finishes - Thursday 1 April

**Term Two**
Commences - Monday 19 April
Finishes - Friday 18 June

**Term Three**
Commences - Monday 12 July
Finishes - Friday 17 September

**Term Four**
Commences - Tuesday 5 October
Finishes - Friday 12 November (Year 12)
Friday 26 November (Years 10 and 11)
Wednesday 1 December (Prep to Year 9)

Public Holidays and Observances in 2021

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<th>Holiday</th>
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<tr>
<td>Australia Day</td>
<td>Tuesday 26 January</td>
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<td>Good Friday</td>
<td>Friday 2 April</td>
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<td>Easter Monday</td>
<td>Monday 5 April</td>
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<td>ANZAC Day</td>
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<td>ANZAC Day Observance</td>
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<td>Labour Day</td>
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<td>Sunshine Coast Show Day</td>
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<td>Queen's Birthday</td>
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<td>Christmas Day</td>
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<td>Christmas Day Observance</td>
<td>Monday 27 December</td>
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<tr>
<td>Boxing Day Observance</td>
<td>Tuesday 28 December</td>
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This information is available for your future reference on SEQTA Engage.

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Building Healthy Relationships with Teachers

I thought some parents may find this article by Michael Grose – a former primary school teacher with 15 years’ experience and a parenting educator with 30 years’ experience – interesting to read as the school year commences. Please click here.

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P&F Meeting

The first P&F meeting of 2019 is next week on Wednesday 19 February in the Environmental Centre, from 6.00pm. Involvement in the P&F is such a simple means by which you can support the College in providing a wonderful learning environment for your children. All are welcome.

Every blessing for the coming fortnight.

Colin Minke
Principal
19-22 February 2020

- Student Days - Thursday 20 February & Friday 21 February at USC Sunshine Coast
- Voices 25 - a literary extravaganza for the whole family to celebrate our 25th festival - Thursday 20 February 2020 at Immanuel Lutheran College
- Literary Breakfast with New York Times Best Selling author Candice Fox - Saturday 22 February at Immanuel Lutheran College
- Wildlife author and photographer Jan Latta event - Wednesday 19 February at The Little Book Nook, Palmwoods

A literary festival for all ages attracting authors, illustrators and performers from across Australia. More than 115 talks and workshops will be held over four days. Register today via our website.

www.voicesonthecoast.com.au
Checking In

I don’t know about you, but in the business of life, I find I need to be intentional about catching up with the ones I love. If I don’t, a whole week, month or more can go by without connecting and I’m left feeling lonely.

So, I’ve learnt to set time aside. For example, Thursday afternoons I Skype my daughter and Sunday evenings I phone my mum. It’s always good to hear their voices and somehow talking with them helps me re-focus on what’s important.

But you know, I’ve learnt I need to do this with God too. If I don’t check in with Him, it doesn’t take long before I am soul-lonely and a little misguided. So, I’m awfully glad that His diary is flexible and that He is ready for a chat anytime, anywhere. Just a quick prayer or a read of a Bible verse can change the course of my day for the better. His love refocuses me.

I have found that Psalm 145:18 is true, “The Lord is near to all who call on Him.”

Is there anyone you need to check in with?

Blessings for all your relationships!

Gayla Mathews – Chaplain

College Counsellor

Thanks to everyone who expressed their relief that the cat survived my shaky beginning to the school year. The feline fared better than the car however. Hot on the (w)heels of the smug cat incident, the car air con gave up and could not be resurrected.

I have just spent two hot, wet weeks without air con in my car. In the same two weeks, building works were undertaken at my place. The scaffolding company were extremely efficient. They wrapped my house in a complicated grid of metal from top to bottom covering all doors including the garage. The only way I could get inside was to slide sideways along the wall, suck everything in when I reached the drainpipe and then shimmy in the door. It was not possible to complete this mission with anything in tow – a fact I discovered when I became wedged whilst trying to bring in a shopping bag. On the weekend I was the recipient of a car with air con, and a clear entry way to my house. I was beyond grateful for the cool air and simply being able to carry the shopping through my own front door.

We are told often that we should practice gratitude as a mental health strategy. For some of us, gratitude can feel a bit hokey. In its essence though, gratitude is cognitive reframing. It allows us to practice psychological flexibility and to be reminded that the more agile we are with our thinking, the more choices we have about how we respond in any given situation. Modelling gratitude with our children helps them to see what else might be present in difficult situations. In situations which can’t be immediately changed or fixed, it is the ‘what else is present’ that can get us though.

Tarnya Mitchell – College Counsellor

On behalf of Immanuel’s P&F Community, I extend a very warm welcome to all Immanuel families to the 2020 school year and look forward to the opportunity to catch up with you over the coming year. For those new to the College, I am the Chair of Immanuel’s P&F. My wife, Sarah, and I both attended ILC and now our two children do as well. For us, Immanuel has always felt like a second home and through our school contacts, we have made some wonderful friends and experienced the joy of giving back to our community.

The role of Immanuel’s P&F Community is to support the College in its work with our children, build community by fostering relationships amongst families, and provide financial assistance to projects and services undertaken by ILC and its students. We do this by providing parents/carers opportunities to connect through volunteering at the College and raising money through our two largest events – the Immanuel Arts Festival and Fruehlingsfest.

I was delighted to see the completion of the upgrade to the bus turnaround area last week. This project was funded by the P&F and will now provide appropriate shelter for our students. I extend my sincere thanks to all in our community for supporting the Immanuel Arts Festival and Fruehlingsfest last year which enabled us to fund this important project to the sum of $78,000.

Immanuel has a strong focus on community and this year, we plan to build on this by hosting social gatherings throughout the year for new and existing families. These events will be a great opportunity to meet new people in a relaxed and informal setting. I encourage you to come along and support these new initiatives.

I appreciate that for many of us, life is busy with work and personal commitments, but I would encourage you to get involved in the ILC community. Whether it’s through volunteering some time at the Immanuel Arts Festival or Fruehlingsfest, assisting in your child’s classroom, giving half a day at the tuckshop or joining one of the cook ups for Food for Families, it’s a great way to make new friends.

The next P&F meeting will be held on Wednesday 19 February from 6.00pm to 7.00pm in the Environmental Centre and I invite you to come along. We are a friendly group who welcome new people with open arms.

All the very best for a wonderful school year.

Sheldon Busch – Chair, P&F Community

Sheldon Busch – Chair, P&F Community
Primary School

The school term has commenced smoothly and is now certainly moving along at a great pace! Held last Monday, the Years’ 3 to 6 Interhouse Swimming Carnival was an outstanding success, with tremendous competition, sportsmanship and House spirit. Special thanks to Mr Michael Johnson, Mrs Maree Gilbert and the large number of staff and parent volunteers who contributed so much to the days’ success.

Students have settled beautifully and are working very well in their classes. Activities coming up in the next few days and weeks include: the SCISSA Swimming Carnival, Inter-Lutheran Swimming Carnival and SCIPHA Leadership Day. Please review the College calendar for even more exciting events at Immanuel.

Jewellery

Just a reminder that girl’s earrings are to be plain gold or silver studs or sleepers. Please review the guidelines around jewellery in the Parent Handbook and ask for clarification from your child’s teacher if necessary.

Presentation of Bibles

This Friday in Worship, Prep students will be presented with a Bible. This Bible is a gift from Immanuel Lutheran College and is for their own use. Students new to the College in Years 1 and 2 will also receive a Bible from the College. All parents are welcome to attend.

Ash Wednesday Worship – 26 February

The Primary School will hold a special Ash Wednesday Worship on Wednesday 26 February at 8.45am at Immanuel Church. Parents are welcome to attend. With this in mind, the Primary School will operate a FRIDAY timetable on this day. A WEDNESDAY timetable will operate on Friday 28 February, with no Primary School Worship on this date.

Cybersafety

As a key component of our Blended Learning program in 2020, it is vital that our students are aware of their obligations around cybersafety. With the issuing of new personal devices to Years 4 and 5 students, as well as existing devices in Year 6, a core component of our curriculum in these year levels will be focused upon how to be cybersafe as well as building responsible digital citizenship. You are able to source more information at the Federal Government website below: www.esafety.gov.au

2021 Prep Enrolments

Our Enrolments Registrar Mrs Irene Dabinet has advised that Prep 2021 places are filling fast. Should you wish to enrol your child in Prep at the College in 2021, please download and complete an enrolment application from the College website, or email Mrs Dabinet E: enrolments@immanuel.qld.edu.au to obtain an enrolment package. Parents are reminded that there is no automatic entry into the College from Immanuel IELC. All new and existing families are required to submit an application for entry to the College for students enrolled at IELC.

Years 3-6 Interhouse Swimming Carnival

On Monday 3 February, all Years 3 to 6 Students headed to Nambour Aquatic Centre for their annual interhouse swimming carnival.

The eight-year-olds kicked off the program with some fantastic 50m freestyle swimming, showing the older kids the way, and setting the tone for the whole day – fast and furious.

As the day progressed, Bribie led from Stradbroke and Fraser after the freestyle, then Bribie led from Moreton after the backstroke events. The pattern continued, with Bribie House eventually winning the carnival in a convincing fashion.

Congratulations, Bribie on achieving back-to-back championships.

Bribie duplicated this winning style by winning the Auricht Relay two years in a row.

2020 Immanuel Lutheran College Primary Swimming Age Champions are:

- 8 Years Girls - Elina Krauchi (Bribie)
- 8 Years Boys - Noah Bamford (Fraser)
- 9 Years Girls - Lola Richardson (Bribie)
- 9 Years Boys - William Odgers (Stradbroke)
- 10 Years Girls - Ava Webb (Stradbroke)
- 10 Years Boys - Lincon Finch (Moreton)
- 11 Years Girls - Ruby Williams (Fraser)
- 11 Years Boys - Stanley Jarrott (Fraser)
- 12 Years Girls - Poppy Johannessen (Bribie)
- 12 Years Boys - Rhys Lilley (Stradbroke)
Contact Details

Please ensure that the office has been provided with any updated or changed family circumstances or contact details. It is important that our records are kept up to date, especially if we need to contact you in an emergency.

Arrival at School

Primary School children should not be arriving at school prior to 8.00am. All children arriving at school prior to 8.20am, with or without parents, must wait on the verandah of Orchid. Children are not to go to their classrooms to wait with parents or drop off bags. A staff member is on duty at this time. Between 8.00am and 8.20am, staff are usually involved in meetings. Parents, please remind your children of these procedures when bringing them to school. Your support is greatly appreciated.

Primary School Assembly

The Primary School Assembly schedule for Term One is listed below. For families new to the College, these are held in the newly air-conditioned Primary School Hall at 2.20pm on Mondays.

- **Years Prep-2** – Weeks 4, 6 and 8
- **Years 3-6** – Weeks 3, 5 and 7

Primary School Worship is held in Immanuel Church each Friday at 8.45am. We look forward to seeing you at these important community events.

SEQTA Engage

We will be holding a SEQTA Engage parent information session on Tuesday 18 February at 5.00pm in the KLT. The purpose is to provide an overview for new and existing College parents of our learning management system platform. This portal also allows parents of students in Years 3 to 12 to view assessment feedback and track their child’s learning journey from home. It is likely first academic results will be posted by teachers by the end of Week 5.

OSHC (Outside School Hours Care)

OSHC is available from 3.00pm to 6.00pm each day and 8.00am to 6.00pm during holiday periods. If you would like further information, or need to enrol your child, please contact OSHC on T: 5477 3418. If you would like to be involved on the Management Committee, or are just interested in finding out further information, please speak to our Coordinator Ms Tamara Scutts. Our AGM date is coming up on Tuesday 17 March. We warmly welcome new members.

Thank you for the continued support of your child’s learning journey.

Scott Moore – Head of Primary School
Secondary School

Year 9 Rite Journey – Calling and Departure Ceremony (14 February, Week 3)

This Friday (14 February) will bring two special events for our Year 9 students as they participate in “The Calling” and “The Departure” ceremonies as a part of their Rite Journey. A reminder that they are required to be at Pierce Park (corner of Melrose Place and Alexandra Parade, Maroochydore) at 4.45am on this day. Parents and caregivers are then invited to make their way to the A. J. Jericho Stadium to prepare for the final phase of this celebratory launch, which we envisage to begin at around 6.00am. Should you have any questions regarding the Rite Journey, please contact Mrs Gayla Mathews on T: 5477 3420 or at: E: mathewsg@immanuel.qld.edu.au.

Semester Two, 2019 Academic Award Presentation

Last Thursday we were delighted to present our Semester Two, 2019 Academic Award recipients with their certificates. This was a wonderful event, and we enjoyed sharing it with the many parents who could attend. Congratulations to:


Year 10: Trinity Barnes; Isabelle Beard, Daniel Bray; Joel Cook, Sophie Crowe, Leilani Diaz; Rose Douglas, Jack Johnston; Zoe Kamarinos, Jasmine Lake; Nathan Linnett; Lily Ludbrook, Tanner Mathers, Elliot Mitchell, Yazmin Morwood, Charlotte Waddy

Richards, Amali Roberts, Julian Steyn; Finn Trentepohl; Fraser Waddy


Year 12: Rachel Abnett, Luke Bindon, Eleanor Carp, Stefanie Cooper, Nathan Ebb, Adrienne Halpin, Matthew Hattrick, Devina Holzer, Bethany Lanham, Jocelyn Lindsay, Jessica Ling, Joshua Linnett, Britta Madsen, Samara McLean, Eloise Millman, William Richards, Kayla Thiele, Jack Trentepohl, Belinda Walton

Year 11 RYDA Program (24 February)

Year 11 students will be attending the Roadsafe Youth Driver Awareness (RYDA) Program on Monday 24 February. Held at the Nambour Show Grounds, students will be transported to and from the venue by bus and are required to wear their full school uniform. They will need to bring their morning tea and lunch. To read more on the program, please visit: https://www.rse.org.au/ and should you have any questions, please contact Year 11 Coordinator Mrs Rita Rainnie on T: 5477 3444 or at E: rainnier@immanuel.qld.edu.au.

Mt Binga Group 1 – Family Day (29 February)

Students at Mt Binga are looking forward to seeing their parents and siblings on Saturday 29 February for Family Day. As Family Day commences at 10.00am with a Chapel Service, it is advisable to leave the Sunshine Coast no later than 8.00am - please refer to the map included in the Mt Binga Information Booklet. To assist with the logistics of the day, families are asked to park on the oval and to arrive no earlier than 9.00am please. The program outline for the day is as follows:

- **10.00am**: Chapel Service – conducted by the students.
- **11.00am**: Tour of the campus. The students always love to show you what has been their “home” for the past few weeks.
- **12noon**: Family Lunch – please bring a picnic lunch to share with your child.
- **2.00pm**: Final farewells and departure.

Mt Binga Group 2 – Departure (2 March)

On Monday 2 March, students in the second Mt Binga group will depart for their camp from the LifePointe Baptist Church carpark at 8.30am. We ask that they arrive no later than 8.15am so that we can pack the bus in good time. Many thanks to all parents who have completed the online medical and personal details in preparation for this experience. Should you still need to attend to this, please access the link at: https://www.mtbinga.com.au/resources/medical-form. All other information on what to bring, what to expect etc. can also be located via this link, or in the Mt Binga Handbook provided at the information evening. Please contact the Secondary School Office on T: 5477 3461 should you have any queries.
Year 11 Parent Information Evening (3 March)

On Tuesday 3 March we will be holding a Year 11 Parent Information Evening from 7.00pm in the Ken Thamm Lecture Theatre. The focus of the evening will be the practicalities of working within the ATAR system, particularly:

- The requirements of the Queensland Certificate of Education – Units 1, Unit 2, Units 3 and 4
- Assessment Guidelines
- Access Arrangements and Reasonable Adjustments (AARA) requirements and the application process
- Reporting for Year 11 students
- Academic Integrity Training for Students

Year 10 Work Experience – Request for Placements (15-19 June)

At the end of Term Two, Year 10 students will complete a compulsory work experience placement as a part of their Careers Unit. Work experience provides an opportunity for students to sample potential vocational pathways by participating in a typical 'week on the job'. As a result, they can discover their own likes or dislikes within their chosen area of interest and then relate this to their future course of study. Some of the fields explored have included physiotherapy law, business, veterinary science, carpentry, allied health, information technology, avionics, engineering pathways, advertising, journalism, health sciences, education, media and much more. This year, our work experience program will run from 15 to 19 June and we are seeking the support of our families (or their contacts) who may be able to provide a work experience placement during this time. Please know that we take great care in matching the students to their vocational opportunities. Should you be able to assist us in this area, or would like to discuss the program further, please don't hesitate to contact Miss Fiona Karageorge in the Secondary School Office on T: 5477 3461 or at E: karageorgef@immanuel.qld.edu.au

Year 12 - Preschool/Year 1 Photo Required

Students in Year 12 are asked to forward a photo of themselves from when they were around the age of five to Miss Karageorge. Photos need to be clear and not too distant. For example, a Preschool or Year 1 portrait photo would be ideal. These will be used for our 2020 Valedictory celebrations which are already in the making!

2020 Aoyama Gakuin Visit – Host Families Required (17-27 August)

We have received confirmation from our sister school, Aoyama Gakuin Junior High School, that they will again be visiting us this year from 17 to 27 August. This is wonderful news and it goes without saying that the success of this program is largely dependent on the families who offer their hearts and homes to these young people for the duration of their stay. If you have never hosted a student, but are thinking about it, then here are some things to consider:

- You are able to observe the Sunshine Coast (and Australia) through the eyes of an international visitor. Particularly in terms of our geography, customs, wildlife, food, and technology.
- You experience the joy of sharing a young person's international experience – learning more about their culture and enabling them to share in ours.
- You tend to visit new and/or old sightseeing favourites as a family.
- You potentially form a friend for life in our global community.

Should you be in a position to help with hosting this year, or would like some more information on the 2020 program, please contact Miss Fiona Karageorge in the Secondary School Office on T: 5477 3461 or at E: karageorgef@immanuel.qld.edu.au.
It is no secret that the end of school can be a huge source of anxiety for both students and parents alike. Studies have shown that over 40% of final year students suffer from high-level anxiety or stress, with some even suffering from depression.

It is important to prepare a student’s brain for success. Studies show there is a clear link between students taking care of their health, and their overall productivity during the final year of school. Understanding how best to support your child’s health and wellbeing during this time will help them perform at their best.

The student brain has a lot going on, so understanding how it works will help them get the most out their brain power. Acknowledge that not all stress is bad. The art is in finding the right balance. Having the right amount of stress can encourage students to be at their optimal level of alertness and improve behavioural and cognitive performance. It helps tune their brain and focus.

In this Special Report, parents and care givers will be presented with a number of strategies on how best to support their child during the final year at school. If you do have any concerns about the wellbeing of your child, please contact the College for further information or seek medical or professional help.

Link to the special report https://immanuel.qld.schooltv.me/wellbeing_news/surviving-final-year

Moving to a new school is a big deal! Your child is going to meet lots of new people and be thrown into new situations. That’s bound to make them feel lots of different emotions. They may feel worried and anxious, but also excited and happy – all at the same time!

It is considered to be one of the most important transition periods of a student’s life and can present some significant psychological challenges for both students and parents.

Making new friends, learning new routines, discovering new environments, accepting new cultures and adjusting to new learning practices is all part of the process. Some children will sail through this period of change, whilst others may need a bit more guidance. It is important to give your child the chance to feel comfortable in their new space. This may take a few months, but ensure you keep the lines of communication open and check in regularly with your child to see how they are settling in.

In this Special Report, parents and caregivers will be presented with a number of strategies that can be deployed to help ensure a smooth transition. If you have any concerns about the wellbeing of your child, please contact the College for further information or seek medical or professional help.

Link to the special report https://immanuel.qld.schooltv.me/wellbeing_news/moving-new-school

Lynette Druery
Career Development and Pastoral Care Coordinator
Secondary School Sport

Interhouse Swimming Carnival

Last week’s interhouse swimming carnival was a sporting highlight with a high quality of swimming on display. The enthusiasm of the four houses in cheering on their swimmers was clear for all to see, as was the outstanding effort and involvement by the entire Year 12 cohort. I thank the House Captains, House Coordinators and staff for their time and effort in helping make the day such a success. This Thursday at assembly, we will acknowledge the Age Champions from each year level and announce the winning house.

From the carnival, a squad of swimmers have been selected to represent Immanuel at the Independent District Swimming Competition which will be staged at a twilight meet at St Andrew’s Anglican College on Thursday 20 February. Information about the event, the team, travel arrangements and requirements – should swimmers wish to enter distance events at the District or Regional Swimming Trials – is located on the Sports Noticeboard near the Year 7 eating area.

SCISSA Term One

Soccer

In the first round of the competition today, the Senior Girls Soccer team will play two games at Peregian Springs Sports Fields against two St Andrew’s teams. We wish the team and their coach, Mr Thompson, well.

Volleyball

The College has entered four volleyball teams in Junior and Intermediate divisions and their games also commence today (Wednesday). We wish the teams and their coaches well.

AFL

The SCISSA group of schools will trial a 9-a-side AFL competition for boys which will be played on a Monday afternoon at the Meridan Sports Fields behind PLC. Boys wishing to find out more about this competition should see me in the Stadium Sports Office.
Monday Night Netball

Thank you to the many girls who attended trials for the upcoming Monday night netball competition which is played at the Fishermans Road Multi-Sport Complex each Monday afternoon.

On Tuesday, teams were announced and information regarding games distributed to the girls. Please check with Mrs Cornell in Student Services for more information.

Independent District and Regional Sports Trials

As outlined in the previous newsletter and the daily Student Notices, the process for students wishing to trial for District and Regional Sporting Trials has undergone a significant change this year. So far, more than 30 students have completed this process and have, or will, be training in a range of sports.

The next few weeks will see many other trials taking place and if students have any questions, they should see either Mr Bradforde or myself to receive the information needed to complete their online registration process.

Please be sure to register at least one week prior to the trial date as late nominations will not be accepted. Below is a repeat of the information contained in the first newsletter:

Please note that the process for student’s nomination for both District and Regional Sporting Trials has changed for 2020.

The nomination process begins with the student seeing either Mr Harris or Mr Bradforde in the Stadium Office, to collect information about their specific sport trials, well before the listed nomination due date.

Parents will then log onto SCISSA at www.scissa.asn.au to register themselves and their son/daughter who wishes to nominate for a specific trial. The online nomination must be completed seven (7) days prior to the trial date. Late nominations will not be accepted under any circumstances and students will not be permitted to trial. The online process is clear and will forward confirmation of your son/daughter’s nomination. There is no cost to trial for District teams.

Students and parents can access all of the specific District trial information via the SCISSA website - www.scissa.asn.au – follow the links under District header.

- District Team nominations closing dates – 13 to 19 years  https://scissa.asn.au/trial-info-secondary/
- District Team nomination closing dates – 10 to 12 years  https://scissa.asn.au/trial-info-primary/

Teams will no longer be announced at the trial venue. A team list will be sent to the school’s Head of Sport 24 hours after the trial. Students should check with either myself or Mr Bradforde regarding their trial.

There are many trials taking place in the first three weeks of Term One, so students will need to carefully check the daily Student Notices and the Sports Noticeboard. Should a student be involved in a school activity such as a camp, and not be available to trial for a sport, then there is an exemption process that involves the completion of specific forms and attaching a resume of the students recent performances which must be submitted at least three days prior to the trial date. Contact myself or Mr Bradforde should you require information about this process.

Below is the list of trials occurring early in Term One. The first group of trials are for direct selection to Regional teams. Students interested in nominating for these trials should see myself or Mr Bradforde by Friday this week to obtain all necessary information.

- 13 – 19 years Tennis
- 13 – 19 years Water Polo
- 13 – 19 years Softball
- 10 – 19 years Golf

Congratulations to:

- Jessica and Sophie Crow on their outstanding results at the recent National Sprints Outrigging Championships. Both girls achieved multiple 1st, 2nd and 3rd place finishes in their respective divisions. They have both been selected to compete at the World Outrigging Championships in Hawaii later this year.

- Carys English on her selection in the U13 Girls Sunshine Coast Churches Soccer Association Representative Team.
- Amber Issell as she prepares for the upcoming Oceans 2020 Nipper Carnival which is being staged in New Zealand.

Craig Harris – Head of Sport Years 8-12
T: 5477 3444  E: harrisc@immanuel.qld.edu.au
Cocurricular Music

What is happening in February?

We are so excited about starting a new year of music at Immanuel. Don’t forget to check out the Cocurricular Music Calendar link on SEQTA.

Parents need to login to SEQTA Engage and click on ARTS and then all the drop downs for music will appear. Under ARTS is everything for music (including applying for lessons and contact details for our tutors).

Students need to login to SEQTA Learn and click on RESOURCES and the Cocurricular Music Calendar and lesson timetables will be options to click on.

If you are experiencing difficulties with your log in or files not opening, please email E: ithelpdesk@immanuel.qld.edu.au as soon as possible so we can ensure everyone is able to access everything all of the time.

College Chorale Works with Mr Paul Holley OAM

This week, College Chorale workshoped with Mr Paul Holley OAM. The ensemble worked together on new repertoire for 2020 and further developed their choral skills.

We are so excited to have Mr Holley working with us four times throughout Terms One and Two. What a wonderful opportunity for our students and staff.

Performance Uniforms

At Immanuel, most of our ensembles perform in the formal College uniform (specific to both Primary School and Secondary School).

As of Term Two, students in College Chorale, Immanuel’s Vocal Ensemble 1, Immanuel’s Vocal Ensemble 2, Senior Flute Ensemble, Brass Ensemble, Symphonic Band, Stage Band and Vivace String Ensemble are required to wear a College blazer for all performances, formal trousers for boys (all year) and stockings for girls (in the cooler months). It is very important that students who are new to Immanuel and in these ensembles go to our College Shop to organise their blazer for 2020 by Friday 14 February.

Friends of Music has funded a Blazer Bank that has a limited number of blazers available for hire for those families who require it. Please speak with staff at the College Shop if you are interested in accessing the Blazer Bank.

Beginner String Program and Beginner Woodwind, Brass and Orchestral Percussion Program

Next week, our two celebrated beginner programs start lessons and rehearsal for 2020. Students who have enrolled to be in these programs will appear on Cocurricular Music timetables this week on SEQTA. Students in these programs are also required to attend one of the following (depending on which program they are joining).

- Beginner Woodwind, Brass and Orchestral Percussion Program – Beginner Band: Tuesday, 3.00pm to 3.40pm, KM8, conducted by Miss Genevieve Birch
- Beginner String Program – Beginner String Ensemble: Wednesday, 3.00pm to 3.40pm, KM8, conducted by Mrs Julie-Anne O’Reilly

Students who are loaning Immanuel instruments will receive these in their first lessons. Please ensure that the signed Instrument Loan Form is returned to Immanuel’s Business Office as soon as possible.

We have had record numbers enrol for both the beginner programs in 2020 and can’t wait to hear them develop as musicians and perform as the year progresses.

Plenty to Smile About

A special welcome to all our new music families! We believe 2020 will be THE year and we have so many exciting events and concerts to look forward to. Don’t forget to check out the Cocurricular Music Calendar link on SEQTA, which also includes exciting Cocurricular Music Dance events and rehearsals for the new year. Here is an overview of some of our concerts/events for 2020.

- Choral workshops with Mr Paul Holley (OAM)
- Music and Dance Tour 2020, Melbourne and skiing
- Immanuel Loud – Wednesday 4 March, 6.00pm to 8.30pm, Drama Theatre
- Week of open rehearsals and Cocurricular Music lessons, Monday 9 to Friday 13 March
- Cocurricular Music Welcome Concert – Tuesday 24 March, 5.00pm to 6.30pm, Worship Centre
- Immanuel Sings – Saturday 23 May, Midday to 3.00pm, A. J. Jericho Stadium Oval
- Cocurricular Music recital week, Monday, 25 to Friday, 29 May
- Neon Lights – Wednesday 27 May, 6.00pm to 8.00pm, Drama Theatre
• An Evening of Jazz – Wednesday 3 June, 6.00pm to 8.00pm, Worship Centre
• Immanuel Loud 2.0 – Wednesday, 10 June, 6.00pm to 8.30pm, Venue TBC
• Sunshine Coast Junior Eisteddfod – 23 July to 9 August
• Strings Showcase – Wednesday 29 July, 5.30pm to 7.00pm, Worship Centre
• Cocurricular Music recital week, Monday, 17 to Friday, 21 August
• Twilight Concert and Friends of Music BBQ – Wednesday 16 September, 5.30pm to 8.00pm, Lifepointe Baptist Church
• Immanuel’s Christmas Carols – Monday 30 November, 5.00pm to 7.00pm, A. J. Jericho Stadium Oval

In 2020, for as many concerts/events as possible, our start time will be 6.00pm and Wednesday is our big ‘event evening’ throughout the year. Please note that some events that involve Primary School students will commence earlier (such as the Cocurricular Music Welcome Concert and the Twilight Concert and FoM BBQ).

Immanuel Instruments

We are currently checking all our Immanuel instruments. We ask that families please return any Immanuel flutes that may still be outstanding from the end of 2019. If you do have an Immanuel flute at home. Please drop it back to me in the Arts Staffroom (near the KLT).

Enrol for Lessons

Every student (including continuing students and new students who will be offered places in the Beginner String Program and Beginner Woodwind, Brass and Orchestral Percussion Program) must enrol for 2020 Cocurricular Music lessons on SEQTA.

To apply for Cocurricular Music lessons, current Immanuel families will need to login to SEQTA and click on ‘APPLY FOR COCURRICULAR MUSIC LESSONS’.

Stay up-to-date with Cocurricular Music at Immanuel via the closed Facebook group called ‘Immanuel Lutheran College Music’. We invite you to look us up on Facebook and request to join the closed group. By joining this group, you will be able to view photos from performances, receive updates regarding music events and concerts, and read stories about what our students are achieving on their musical journey at Immanuel.

Emily Bonar – Cocurricular Music Coordinator
T: 5477 3444 E: bonare@immanuel.qld.edu.au

College Calendar

February
Friday 14
Presentation of Bibles to Prep, Worship Centre
Years 3-6 Interlutheran Swimming Carnival, Burpengary Aquatic Centre

Wednesday 19
P&F Meeting, 6.00pm-8.00pm., Environmental Centre
Voices on the Coast Event – Jan Letta, The Little Nook Bookshop, Palmwoods

Thursday 20
SS District Swimming Carnival
PS Day Voices on the Coast, USC
Voices 25, ILC College Green, 5.30pm-7.30pm

Friday 21
SS Day Voices on the Coast, USC

Saturday 22
Voices on the Coast Literary Breakfast, 7.30am, The Environmental Centre
Commercial Operations

College Shop

Stock Update

- Formal dresses should be in by the end of the week.
- We are still waiting on our first delivery of winter tracksuit tops.
- Please check your child’s jumpers and tracksuit tops to see if they still fit. Please don’t wait until the cold weather starts before you come in as we may run out of stock. We have already placed our second order from orders received.

Sale items

- We have a few raincoats left. Original price $36.50 – now selling for $15.00.
- Football socks – two for the price of one ($13.50). Sizes 9-12, 13-3, 8-11, 11-14 & 14-16.

Second-hand Uniforms

We have parents looking for second-hand uniforms. If you have uniforms you wish to sell, please see me at the College Shop and I will advise if the item(s) is suitable for resale. Unwanted uniform items can be resold if they meet the following criteria:

- Have current ILC branding
- Are clean and pressed
- Are labelled with your family name
- Have at least 60% wear left in them
- Are not torn or marked e.g. with ink or paint
- Have been purchased new from the College Shop
- Blazers need to be dry-cleaned; pockets can be purchased for $16.95

If the items do not meet these criteria, they are donated to charity.

2020 Back to School Stationery Packs

We welcome your feedback regarding the service provided by Impact Office Supplies to Secondary School families. From all accounts, the process worked extremely well with very few back orders to report.

Interested in Volunteering in the Tuckshops?

We are looking for volunteers, especially in the Secondary School Tuckshop. No experience is necessary as Cherrie is more than willing to show you the ropes. We welcome any time you can give, whether it is once a week, fortnight, term or month, even if only for a few hours.

In both the Primary and Secondary Schools, we require assistance from 8.30am to 1.30pm. We provide you with a cuppa and some lunch. Why not bring a friend! Volunteering is a great way to meet other parents and become part of our College community; your children would love having you at school and you are assured of a very warm welcome.

Please see the attached roster. If you can help on any of the days highlighted in yellow, please send an email to E: patersond@immanuel.qld.edu.au.

We are continually looking at ways to improve and are happy to hear your feedback. Thank you.

Diane Paterson – Commercial Operations Manager

T: 5477 3457    E: patersond@immanuel.qld.edu.au

College Shop Hours Term Time

Monday 7.30am–9.30am
Tuesday and Thursday we are closed
Wednesday 7.30am–9.30am and 2.00pm-4.00pm
Friday 7.30am–9.30am

Alternatively, items can be ordered online via www.flexischools.com.au and delivered to your child’s teacher.
Jan Latta, Author & Wildlife Photographer

5.30pm, 19 February 2020

The Little Book Nook
Shop 5, 4-6 Little Main Street Palmwoods
$10 for catering purposes
Tickets at www.voicesonthecoast.com.au

Jan will talk about her close encounters with wild & endangered animals. Cheetahs, lions and wildebeest in Africa, male orangutans in Borneo and pandas in China! Jan describes how each True to Life book was created and has a wealth of knowledge to share.
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**Primary Tuckshop (operates M/W/F)**

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**Weekend**

**January 2020**

**February 2020**

**March 2020**

**April 2020**

END OF TERM