

What to bring to Mt Binga

Ensure all items are clearly marked with your name.

CLOTHING

- Raincoat - a poncho is fine
- Underwear, socks (6-8 pairs)
- Jumper, shirts, tracksuits, shorts, jeans, pants, swimming togs
- Pyjamas
- Wide-brimmed hat
- Garbage bags for dirty clothes
- Sock protectors
- Think Sun Smart!

FOOTWEAR

- Track shoes/sports shoes x 2 pairs
- Slip-on boots with a heel or school shoes. NB Large lace-up boots or sneakers are not suitable for horse-riding. NO SUITABLE SHOES = NO HORSE RIDING!
- Gumboots (optional)
- Thongs (optional – for shower use only)

BEDDING

- Pillow and pillow case
- 1 sleeping bag – (needs to be small, warm, compact) – (sleeping bag liner optional)
- 2 single sized sheets
- Blankets/Doona OR second sleeping back for use at centre

TOILETRIES

- Sunscreen
- 2 towels – not white
- Personal toiletries - toothbrush, toothpaste, soap, shampoo, non-aerosol deodorant
- Insect repellent – non aerosol
- Washing powder - environmentally friendly brands please (look for Grey water approved)

DAILY LIVING

- Own enamel or plastic mug
- Plate
- Bowl
- Cutlery (clearly named)
- Pegs
- Any medication that you may need – clearly labelled and **in original packaging**
- Camera (optional)
- Sunglasses
- Day Pack

CAMPING

- Torch and spare batteries and bulbs
- 1 x 1 litre **durable** wide mouthed water bottle PLUS an extra 2 litre bottle (a recycled disposable juice bottle would be acceptable)
- “Green” fabric grocery bag
- Sleeping mat (foam is fine)
- NOTE: Hike packs are supplied

STATIONERY

- Bible
- Books, novels
- Pens, coloured pencils and two exercise books
- Stationery, stamps and envelopes for letter writing

OTHER

- Musical instruments (optional)
- Playing Cards, board games

What not to bring

- Mobile phones, laptops, iPods, MP3 players, computer games, radios, all electronic devices
- Sweets/lollies, chewing gum, chocolates, soft drink, junk food etc
- Any aerosol packs - only pump type or roll on deodorants are acceptable
- Knives, multi-tools and other potentially dangerous implements
- Makeup