


Tuckshop Menu 2020



To see our full range of food options and to order go to www.myschoolconnect.com.au Cut off is 9am sharp.

DAILY SPECIALS



Monday

Chicken/Beef Burger  \$4.80
Lettuce, cheese, tomato beetroot & bbq sauce
served on a milk bun


Tuesday

Taco   \$4.50
Mince, lettuce, tomato, cheese,
pita chips, salsa & sour cream


Wednesday

Pasta & Meatballs   \$4.50

Thursday

Goujon Melt  \$4.80
(2 x Chicken strips with sweet chilli mayo,
lettuce, cheese, tomato)

Friday

Snack Pack  \$6.50
Ham & cheese or cheese toasted sandwich
Choc brownie, popper or water, piece of fresh fruit

SUSHI

Flavours subject to change due to availability

Hand Roll – Teriyaki Chicken / Avocado  / Tuna \$3.30

6 Pack – Teriyaki Chicken / Avocado / Tuna \$4.00

Chicken Teriyaki Salad \$6.00

Soy Sauce .20

SANDWICHES

All sandwiches are made fresh to order
We have a vast range of fresh fillings to suit everyone
(go to My School Connect to see what is available)

White/Wholemeal Breads

Extras: Wraps, Toasted, Cheese, Avocado add .50

Gluten Free Bread add 1.30

Sourdough add 1.50

HOT FOOD




Chicken Tenderlion Wrap  \$4.70

Garlic Bread \$1.00

Pasta Bolognese Bake   \$4.50
Gluten Free Option \$4.80

Macaroni Cheese  \$4.20

Falafel Burger  \$4.80
(With avocado, tomato,
mayo served on a milk bun)

Chicken Goujons (6) \$3.70

Sausage Roll \$3.70

Cheese & Spinach Sausage Roll \$4.00

Dim Sim (1) \$1.00

Kool School Meat Pie (Beef) \$3.70

Tomato Sauce/BBQ Sauce – each .30c

SALAD BAR



Salad Bowl \$4.50

- Lettuce, tomato, cucumber, carrot,
beetroot, egg & cheese

With Roasted Chicken Breast, Ham, or Egg \$5.50

Small Salad Bowl \$3.50

Falafel Salad \$6.00

FRESH JUICE BAR

Why not try one of our freshly made juices?
Made from fresh produce; on demand!

Available for collection at 2nd break
for Years 4-12 only



 = HOME MADE

 = GLUTEN FREE



THE TUCKSHOP IS A NUT FREE ZONE

Some prepackaged products state 'during manufacturing may contain traces of nuts'