



EXCEPTIONAL LEARNERS

OCCUPATIONAL THERAPIST

St Joseph's College

Gregory Terrace

OCCUPATIONAL THERAPIST

Amanda Brain

AmandaBrain@Terrace.qld.edu.au

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WHY DO SCHOOLS HAVE AN OCCUPATIONAL THERAPIST?

An Occupational Therapist can offer important support to specific areas that can benefit students at school. These include:

- Control and dexterity of the muscles of the hands and fingers (fine motor control).
- Functional fine motor skills including handwriting skills or alternate output such as typing.
- Considerations relating to the application of modifications to achieve the most functional outcome for skill development and task completion.
- Control and endurance for larger muscle groups including core control and postural stability.
- Motor planning skills including the development of laterality.
- Sensory processing and self-regulation including self-awareness of energy levels and awareness and implementation of strategies to assist in self-regulation and focus.
- Executive function skills including planning, sequencing and monitoring of goal directed behaviour.
- Focus upon functional recall skills.

CONTACT THE OCCUPATIONAL THERAPIST

Parents/caregivers are encouraged to contact the campus Occupational Therapist Amanda Brian via email if they wish to discuss the support available for their son/s. The Occupational Therapist bills separately to school fees and this can be claimed on private health insurance.