

Issue 2 – 21st February 2020

From our Principal...

It has been an exciting start to the Term! What a great joy it is to work in a great school. Here are just a few things that have happened.

Preps and Year 1's have received Bibles at our Chapel services.



Year 7's went to Scarness Beach as part of their integrated Science and Humanities unit.



Year 4's went to Mon Repos and saw turtles hatching!



Blessings,

Luke Schoff
Principal

Upcoming events

24th February

HBD 13-19yrs Swimming Trials

26th February

P&F Meeting
All Welcome

28th February

P-Yr6 Incursion – Half Way Round the World

2nd March

HBD 13-19yrs Cluster 2 Trials

9th – 13th March

Year 12 Camp

10th – 13th March

Year 6 Camp

16th March

WB 13-19yrs Cluster 2 Trials

17th March

Year 7 & Year 10
Vaccinations

24th March

HBD 13-19yrs Cluster 3 Trials

25th March

P&F Meeting (2pm)
All welcome

For sunny smiles ...



blue sky



Dr Imogen Foster & Dr Samantha Foster
P 07 4128 9276
www.blueskydental.com.au

From the Head of Secondary School...

It is hard to believe we are already at the end of Week 4, but here we are. The buzz of productivity continues as students engage in new and challenging learning opportunities across the Secondary School. This week four members of the College Leadership Team attended the Fraser Coast Regional Council School Captains Network Breakfast held at Urangan State High. Now in its fifth year, it is a fantastic opportunity for leaders to engage with other school leaders, Council members and key stake holders of our fabulous region. Here they work collaboratively, providing a youth voice for local issues and projects. I can say firsthand, that the Council is not simply ticking a box with this initiative, they genuinely want to hear what our young people have to say. One such example was the request for student input two years ago in the planning of the new foreshore skate park. I was present when students engaged with the contracted 'Outdoor Space Planners' – this in itself was awesome for our kids to hear of- a job designing skate parks across the country, certainly a career incentive for some! I was interested upon completion to see if the ideas presented by our young people would be considered and come to fruition. They were and they did. What a testament to our Council, to provide students with an authentic collaborative experience with their voice being validated in bricks and mortar. This week's breakfast saw students critiquing a mental health resource initiative for young people. Leaders were asked to provide feedback to ensure it will 'talk' to its target audience, the youth of the Fraser Coast. College Captains, Nathaniel Fuller and Jasmine Gerchow and our Academic Leader, Morgan Heise and Worship Leader, Abby Dixon were in attendance and all expressed that they felt valued during the process and were grateful for the opportunity to actively contribute in the wider community. I'd like to thank Mrs Bianca Millard for her continued guidance and support of our student leaders.

'The youth of today are our leaders of tomorrow.'
Nelson Mandela

God bless,

Julie Higgins
Head of Secondary School



From the Head of Primary School ...

Feeling Positive About School Camp



Camp is part of the school curriculum. School camp is a fantastic opportunity for children to develop new skills, friendships and interests. The benefits of school camp are numerous, here are my top five:

- 1. Development of social skills** - School camp is a great opportunity to develop a range of social skills. Most activities at camp involve team work, which is great to strengthen established friendships and also to develop new friendships by connecting with children they don't regularly talk with at school.
- 2. Development of independence skills** - For many children school camp is their first time away from family and home for a few nights. This is a great opportunity for kids to grow up by learning how take care of themselves and to do things on their own.
- 3. Development of decision-making skills** - Should I go with my friends or should I do the activity I really want to do? Should I have the third slice of pizza? Supervising teachers are not able to hover over each child all the time, so at camp, children are responsible for making more of their own choices.
- 4. Increased environmental awareness** - Hands-on activities in the outdoors stimulate all senses and facilitate learning. Children become more aware of the environment, develop outdoor skills and appreciation for nature.
- 5. Learning new skills**

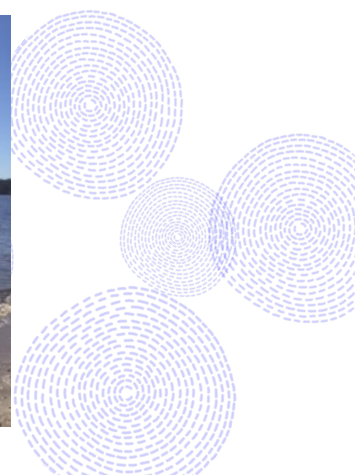
At school camp, children will be exposed to a range of activities that they may not have tried before. When away from their parents, children are often more adventurous and willing to try new things.

OK great... BUT what if your child is feeling anxious about camp? Here are five tips to help your child feel more confident about going to camp:

- 1. Preparation is the key to feeling less anxious.** Talk with your child about their worries and fears. Talk about your own experiences at camp and how you overcame your own challenges.
- 2. Pack together and make it fun.** Give your child the responsibility of checking that they have all the required equipment and take them on a special shopping trip to buy what they are missing. When packing, give your child a special memento to take with them that will help them feel safe.
- 3. Give your child a special journal to take with them on camp.** You can write encouraging messages that they can read while they are away.
- 4. Talk to your child's teacher and share the concerns you have.** The teacher will appreciate this extra information and most likely will keep a closer eye on your child.
- 5. Consider counselling.** An experienced child psychologist can help your child to identify the source of their anxiety and how to use other practical strategies to minimise their anxiety.

Just don't give up, keep encouraging them and helping them to get ready for what could be a highlight of their childhood!

Jane Campion
Head of Primary School



From the Head of Inclusive Learning ...

The beginning of each year is always an exciting time in classrooms; students learning new routines, re-establishing friendships and connecting with their teachers.

Along with the excitement comes tiredness, and at times behavior that is less than desirable, especially when they arrive home at the end of the day. This 'melt down' type of behavior is common particularly at the beginning of the year and at the beginning of each term. When your child arrives home allow space and time to unwind before the evening routines begin, if you can.

I thought I would share with you some of the wonderful ways in which our students use their agile spaces. The use of flexible furniture means their little bodies can be quite active during the day, even in class, building up and strengthening muscle groups. It also means student's bodies can be supported where needed, especially in their core, allowing them to have stamina over the day's learning.

It has been my pleasure to work alongside staff in their initial few weeks and witness the many ways our professional team work together to ensure the needs of all of our students are met.

Joelle Kelly

Head of Inclusive Learning





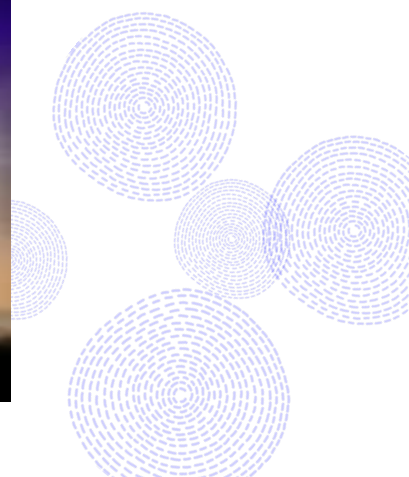
From our Chaplain ...

Coming up is one of the most pivotal reflective and transforming seasons a Christian can go on-the Lenten journey.

The Lutheran Church of Australia International Missions team explains Lent like this: Lent is a wonderful season for us to set aside extra time to contemplate and connect with the abundance of God's love for us in Christ. It is a time when it hits home that "while we were still sinners, Christ died for us" (Rom 5:8) and by the power of the Holy Spirit at work in His word and His people, God has rescued us by this good news to a new and living hope.

As a College we will be embarking on a kindness and generosity challenge where the students will look at praying, fasting and giving. This will last for the six weeks or 40 days that lead up to Easter starting on Ash Wednesday, 26th February and finishing on the 9th April and then we enter the Holy Week.

Prayer - Lord God, you who breathed the spirit of life within us. Draw out of us the light and life you created. Help us to find our way back to you. Help us to use our lives to reflect your glory and to serve others as your son Jesus did. Amen



From our Resource Centre...



Library Borrowing

Prep - Thursday

Year 1 - Monday

Year 2 - Monday

Year 3 - Tuesday

Year 4 - Tuesday

Year 5 - Thursday

Year 6 - Monday

*Please remember
your library
bag!*



Resource Centre Opening Hours

Before school

8:10am - 8:35am

Lunch time

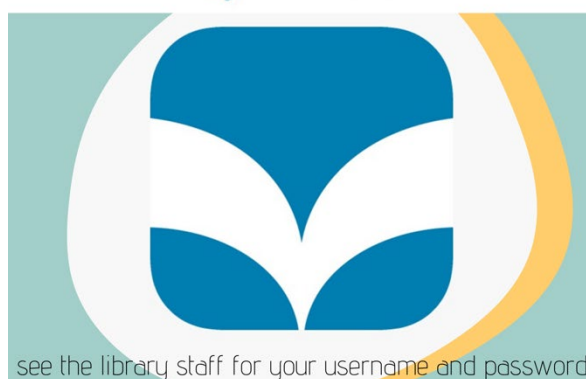
12:35pm - 1:15pm

After school

3:00pm - 4:00pm Monday - Thursday

3:00pm - 3:15pm Friday

ePlatform by wheelers books



see the library staff for your username and password

Borrowing our eBooks is as easy as

1

Search for and
download the
ePlatform app from
your app store

2

Find our library
and log in using
your library ID

3

Browse and borrow
an eBook to read on
your device



Search for and download the ePlatform app:

Download on the
App Store

ANDROID APP ON
Google play

Available on
Windows 8

Ask at the counter
for more information
about our eBooks

Student Leadership...

The student leaders attended a Leadership Workshop which was created and run by the leaders themselves. The workshop focused on developing trust between the leaders and allowing them to be vulnerable. They analysed their leadership skills and how to use their numerous skills to their advantage. The leaders developed their overarching goals for the year as well as having many laughs and lots of sugar!

Mrs Bianca Millard
Wellbeing Coordinator



Riding bikes to School ...

We want all our students to arrive safely at school each and every day, so we ask parents to please remind their children to be safe when riding their bikes. Students are also reminded to lock their bikes when at school.



School based immunisation program...

Year 7 and 10 vaccinations will take place Tuesday, 17th March. Immunisation packs were given to all students.

If you require any further information please contact Ozcare direct on (07) 4191 3000.

Below are some links to information provided from Wide Bay Public Health Unit that might be of interest.



<https://beta.health.gov.au/resources/videos/hpv-animation-video-for-students>

<https://beta.health.gov.au/resources/videos/hpv-vaccine-preventing-human-papillomavirus-hpv-cancers-and-diseases-by-vaccination-parent-video>

SJLC Football Club...

Under 6's to Under 10's (Children born 2015-2010)

Register now for the 2020 season – Season commences Saturday 21st March



Football (AKA soccer) is a fun and exciting game to play that caters to all ages and abilities. Juniors play a modified game specific to their age group. Games are played Saturday mornings within the local Hervey Bay Competition.

Registrations close 27th February. For more information email football@stjameslc.net or contact Kelly van Gils via the College office, 4128 5500

To register go to www.playfootball.com.au

SJLC Netball Club...

Register now for the 2020 season, commencing Saturday 21st March.

Registrations close 6th March. Information regarding trials for our junior competitive teams (11-17year old's) will be sent out once registrations have closed.

For more information email netball@stjameslc.net.

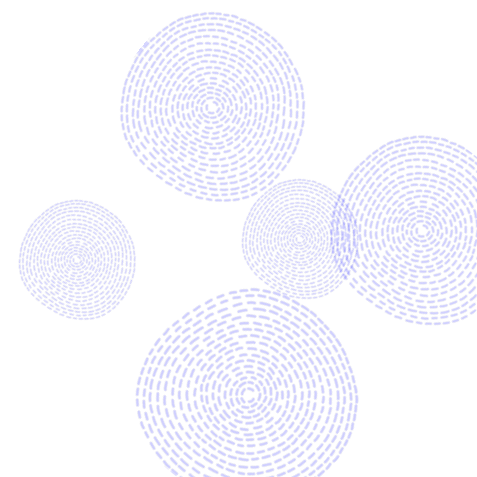
Registration link:

Senior and junior registration link below:

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?type=6&id=22817&entityid=43863>

Netsetgo registration link below:

<https://netball.resultsvault.com/common/pages/reg/welcome.aspx?type=6&id=8>



ST JAMES LUTHERAN COLLEGE CAR PARK REGULATIONS

Regulations for Main College Car Park

The following regulations are in place for all users of St James Lutheran College Car Park and Kiss and Go zone.

- If students being collected are not present at the Kiss and Go zone drivers are not permitted to park and wait but should re-enter the queuing traffic or park in the main car park.
- Drivers must stay in the drivers seat in the Kiss and Go zone at all times.
- Students may only enter vehicles from the passenger side in the Kiss and Go zone.
- Students are not permitted onto the road surface in the Kiss and Go zone or Bus zones at any time. This includes placing school bags and items into the rear of a vehicle. School bags should be carried into the vehicle when boarding here.
- Families wishing to load items into the rear of a vehicle or drivers who wish to leave their vehicle to attend to seatbelts for passengers should park their vehicle in main car park.
- Families wishing to park and wait for children should park in the main car park.
- Families are not permitted to park in the loading or disabled parking zones outside administration and college resource centre.

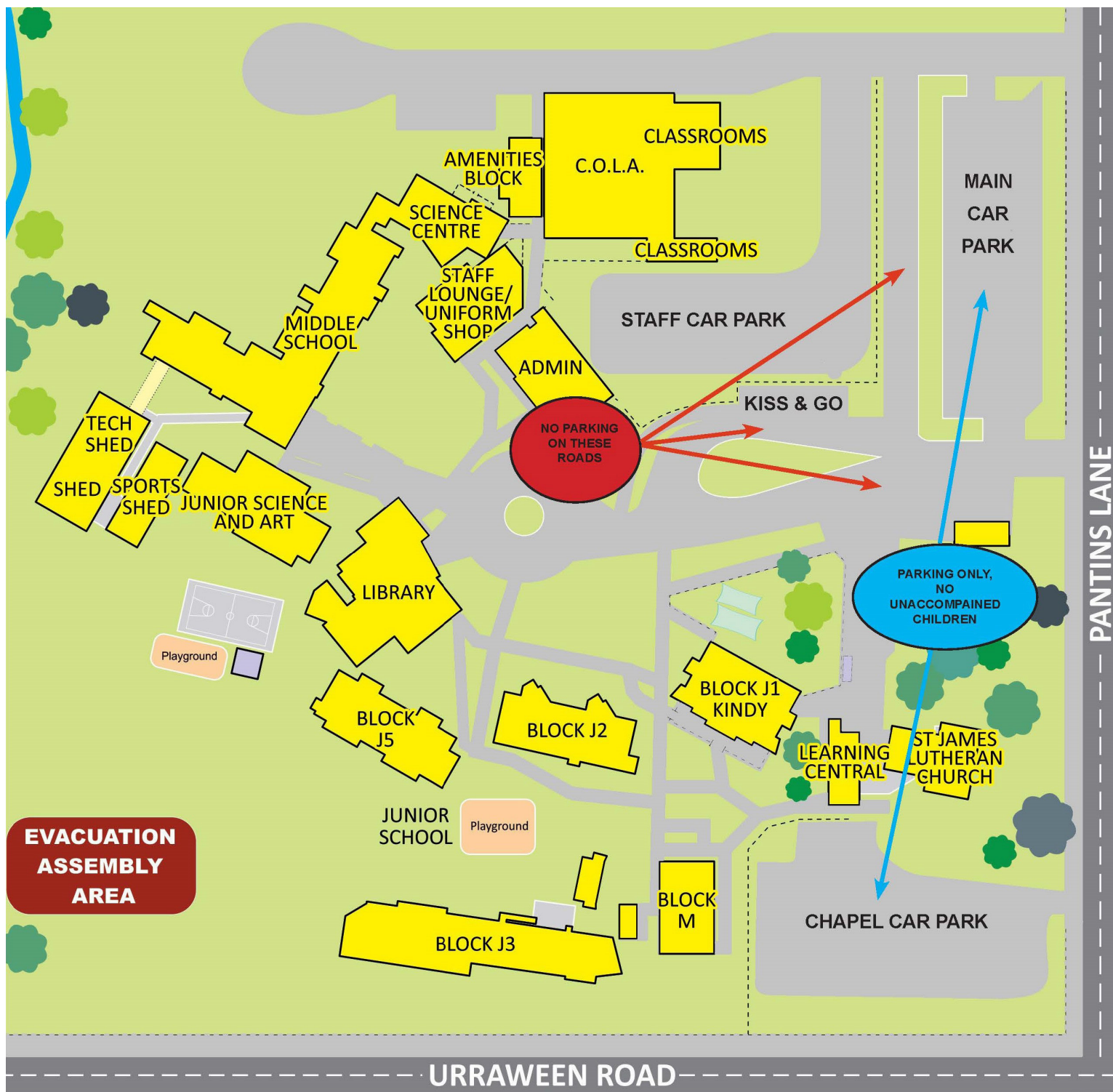
Regulations for Chapel & Other Car Parks

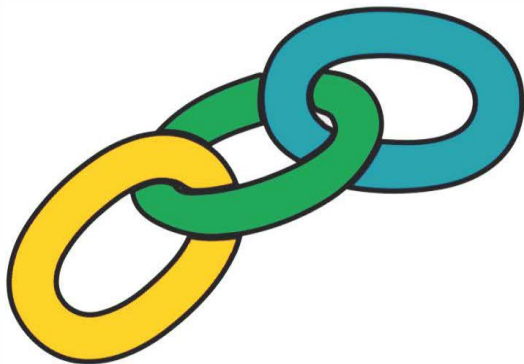
The Chapel and Other Car Parks are parking only zones.

- Families parking in the Chapel or Other Car Park should leave their vehicles and collect their children from inside the College grounds.
- Children MUST BE accompanied by an adult to move through these car parks to and from the gate.
- Students will not be permitted to exit the College unsupervised through these car parks.
- Parking is only permitted in the designated bays in these car parks.
- Parking is not permitted on roadways in these car parks.
- All traffic must turn immediately left upon entering the Chapel Car Park and move in a clockwise direction.
- All traffic must enter and exit via to correct access points as signed within the Staff Car Park.

Families are encouraged to stagger their pick up times after school between 3.05pm and 3.30pm. Delaying your pick up time by five or ten minutes after school where possible will assist in easing congestion and keeping our students safe.

These regulations are not negotiable and serve as an important risk management of serious injury to students and visitors.





Family Connect Sessions

You're Invited to come along to our first
Family Connect Session.

This is an opportunity to spend time learning about how we
approach and facilitate learning at St James.

When: Wednesday March 18th, 2020

Time: 8:45am - 10:30am

Where: Resource Centre

Choose 2 from the following list of 6 sessions:

- **Restorative Practice** - hear why we use a restorative approach
- **Zones of Regulation** - learn how to help your child stay emotionally regulated
- **Senior Studies** - find out how to support your child in senior studies
- **Early Literacy Skills** - connect with early literacy strategies used at St James
- **Seesaw** - understand how to use the Seesaw app effectively
- **Inquiry** - discover how we empower young people to be agents of their own learning

Repeat sessions will occur over two more dates later in the year, this will
allow families the opportunity to participate in more sessions.



NETBALL

COME AND TRY

Wednesday 26th February

3:30pm-5:00pm

St James Lutheran College
COLA

Parents to supervise children until 3:30

Let's play

2020 P&F Events

| Term 1, 2020 | Term 2, 2020 |
|--|--|
| Year 7 – 12 Swimming Carnival Friday 21st February P&F support this event by way of providing lunch. Volunteers required. | Mother's Day Stall Wed 6th & Thurs 7th May Students are able to purchase gifts from this stall, everything \$5 or less. Volunteers required to help man the stall. |
| College Welcome Night (Sponsored by the P&F) Friday 21st February, 6pm to 8pm Resource Centre | Mother's Day Breakfast Friday 8th May, 7:30am to 8:30am On the lawn outside the College office |
| Family Trivia Night Friday 27th March, 6pm to 8pm Resource centre. A night of fun for the whole family. Bookings are essential. | Movie Night Friday 15th May, 6pm COLA A night of fun for the whole family. |
| Cross Country Friday 3rd April P&F support this event by way of providing lunch. Volunteers required. | Mini Olympics Friday 12th June, times to be confirmed Secondary Oval A night of fun for the whole family. |
| | Primary School Athletics Carnival Friday 19th June P&F support this event by way of providing lunch. Volunteers required. |
| Term 3, 2020 | Term 4, 2020 |
| Secondary School Athletics Carnival Thursday 23rd July P&F support this event by way of providing lunch. Volunteers required. | Primary School Swimming Carnival Friday 23rd October P&F support this event by way of providing lunch. Volunteers required. |
| Father's Day Stall Wed 2nd & Thurs 3rd September Students are able to purchase gifts from this stall, everything \$5 or less. Volunteers required to help man the stall. | P&F Christmas Celebrations Friday 27th November, 5:30pm to 7:30pm Secondary Oval A night of fun for the whole family. Rides, activities and food and drink stalls. |
| Father's Day Breakfast Friday 4th September, 7:30am to 8:30am On the lawn outside the College office | |

2020 P&F Meetings

| Term 1, 2020 | Term 2, 2020 |
|--|---|
| P&F Meeting Wednesday 26th February, 2pm to 3pm Staff lounge, all welcome. | P&F Meeting Wednesday 29th April, 2pm to 3pm Staff lounge, all welcome. |
| P&F Meeting Wednesday 25th March, 6pm to 7pm Resource centre, all welcome. Mother's day activities focus. | P&F Meeting Wednesday 27th May, 6pm to 7pm Resource centre, all welcome. |
| | P&F Meeting Wednesday 24th June, 2pm to 3pm Staff lounge, all welcome. |
| Term 3, 2020 | Term 4, 2020 |
| P&F Meeting Wednesday 29th July, 6pm to 7pm Resource centre, all welcome. | P&F Meeting Wednesday 28th October, 6pm to 7pm Resource centre, all welcome. |
| P&F Meeting Wednesday 26th August, 2pm to 3pm Staff lounge, all welcome. | P&F Meeting Wednesday 25th November, 2pm to 3pm Staff lounge, all welcome. 2021 planning focused |