

ANGLICAN NDA

On the 15th of March, for the National Day of Action (NDA) on cyberbullying, 845 students in years 4-6 took part in a virtual class room with an eSafety Commissioner educator. Eleven (11) Queensland Anglican schools and one (1) West Australian Anglican school stood together against cyberbullying. The aim was to empower our students and build their capabilities to deal with issues in an online world.

During the event our students provided feedback about what they believed is cyberbullying:

- | | |
|----------------------|---|
| Making fun of people | Hacking others |
| Having fake accounts | Trolling others |
| Saying mean things | Teasing, name calling and spreading rumours |
| Ganging up on people | Sharing rude comments |
| Talking behind backs | Being rude |
| Swearing online | |

Students also suggested what could be implemented to combat cyberbullying in their school. Our students' replies included:

- A school cyberbullying report box
- Step by step guides at school about what to do
- Signs and reminders at school
- Filters and monitors on devices
- A regular place to go to for online problems
- Teach us how to be kind online

Well done to all our students. You are very insightful and together we all can make a better tomorrow! We are listening to you!

The next Cyber Safety Anglican event is scheduled on the May 16th, during Data Privacy week, for years 3-5.

Anglican CSAW events

 <https://kids helpline.com.au>
WEB CHAT 

Kids 5-12 | Teen 13-18 | Young Adult 19-25

BEING REAL ONLINE

The online world is real life. Consider what you do online as standing in front of a crowded classroom. What do they see and what do you want them to know about you? Here is how to start a positive digital footprint:

- Make a commitment to yourself to be kind online and not take part in negative behaviour.
- Remember to type thank you and please.
- Highlight only positive content online.
- Don't promote (like, respond, share or repost) hostile and negative material.
- Write politely to those you meet online.
- Don't write what you dislike-only post positive content.

Do unto others as you would have them do unto you. In this respect, there is no difference with your online world and real life. Tips to be kind:

- Treat others how you want to be treated. Keep it friendly.
- Understand that your words may be read (comprehended) multiple ways.
- Be patient with others online.
- Acknowledge others and be supportive by making positive comments.
- Answer directly and plainly when responding. Keep it friendly and calm.

Online life is real life. We can't control everything on the Internet but we can project our life and the content which reflects who we are. *Seek help from a responsible adult if you having difficulty online.*

 I respect differences
I feel for others

FAKE NEWS



Fake news has everyone's attention and it can be difficult telling truth from fiction. This is not just the text, as we have fake imagery, fake websites, fake people and now even AI bots pretending to be people. Here are a few tips to help you navigate online information:

Is it fake? Look at where it comes from. Often sources will try to mimic legitimate and trusted websites.

- The website name (*is it spoofing a real site?*)
- The domain i.e. .org/.com (*is it different?*)
- The 'about us' section (*search the details*)

Are traditional news channels also **reporting, reposting** or **following**? Reposting something does not mean it's real. Google the same headline and see if some one has already debunked it.

- Do multiple Google searches. Include keywords such as hoax.
- Check any images on Google images to see where they come up.
- Look for experts online with different opinions.
- Check out the library and a few books.
- Ask your teacher or a librarian!

What is the purpose and objectivity of the information. Are they trying to sell you something, convince you of something?

Check the source, author or 'about us' section. If unsure ask a parent or teacher.

- Is the author named on the page?
- Is it up to date and current?
- Are they a credible source?
- Are their qualifications real or fake?

Teacher Resources  eSafety Commissioner  Childnet International

BE SMART: BE ESAF RESPECT PRIVACY

Facebook may be in the media for all the wrong reasons but we must understand that we need to look after our data privacy when using such a service. 'Terms of service didn't read TOSDR' rates providers from A (very good) to E (very bad). Data Privacy terms are changing and being updated. Here are a few checks, hints and links to stay up to date.

- Check your default privacy settings for visibility and know how to change it.
- Can you delete your data and account?
- How do they use your data?
- Will they report a data breach?

Check out 'Have I Been Pwned' to see if your email has been subject to a breach already. Need more on what do to if you are subject to a data breach head to AnglicanCSAW.org for more information.

TOSDR  TOSBack      Information Commissioner 

YOUTUBE



YouTube has become an important part of teenagers' lives, watching YouTubers and connecting with them more than traditional celebrities. A [Dutch Uni Study in 2016](#) identified teenagers not only are influenced by and copy behaviour on YouTube, they are unaware of it. Outlined below are a few suggestions to help navigate YouTube.

Uploaded Videos are by default set to 'public' however you have three (Privacy) choices:



Public - These are seen by anyone

Private - These are seen by people you choose

If you are unsure of a video, see what your friends think before making it public. Others may view it in a different light or with a different meaning.

Unlisted - These are seen by anyone with the LINK!
This link is not private

Having trouble with your account?

- Hold all comments for review and approval
- Delete inappropriate comments
- Block a user
- Ignore comments which don't cross the line
- Talk to a parent or responsible adult
- Invite your parent to be a comment moderator!

Community Strike Guidelines

YouTube has a three strikes policy. If you get 3 strikes in a 3 month period your account is terminated. On 2 Strikes you are warned and you will be unable to post for 2 weeks. If you receive a strike you will be warned via email and it will remain active for 3 months!



YouTube Reporting

Report a User



Flag a video



you need to be logged in

Quick tips for parents

Watch it with your child!

Check it out yourself - read the comments, watch the videos and consider ads played while watching them.

Subscribe to the channel to limit the searching your child has to do on YouTube.

Turn on restricted mode - however you need to be logged in with an account to turn on restricted mode

Google the creator of the channel! Look at connected social media accounts (Snapchat, Twitter etc) to see if they are appropriate.

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Common Sense Media

ONLINE GAMING



While it maybe exciting to embrace the the concept of eSports it is important to understand the unintended effects. Online gaming is expected to expand into a \$230 billion market by 2023 according to Digi-Capital. The USA National Federation of State High Schools Associations will start an eSports schools competition in October 2018. In Australia some schools

are joining [Flaktest](#). Before undertaking any programme we need to take into consideration video game usage has been linked to a number of concerning issues. The World Health Organisation has drafted a controversial 'video gaming addiction' disorder characterized by gaming being prioritised over the real world. A Cyber BIT dealt recently with gaming being linking gambling and [Loot Boxes](#). A study by [Dr Wayne Warburton](#) revealed that gaming may diminish a person's capacity to respond emotionally and rationally short term and long term. Here are a few tips for healthy game play:

eSportsmanship is a part of your eCharacter

Playing in a 'gg' good game manner

Expressing thanks during game play

Encouraging others' and recognising good game play

Acting with fairness towards others

Respecting others feelings and rights

Your game play, your actions in the game play, your text and your chat add to your eCharacter

Screen time

Reporting

Reachout Orb highlights how a serious game can be used to build positivity and resilience.



Teachers

Students

For more online gaming help

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Parentline

Tips for students

- Recognise that excessive gaming may affect your health, school grades and family.
- Make a plan with your friends on what you will do online and time limit play to a **maximum of 2 hours**.
- Ensure you attend to real life issues before starting game play.
- Don't play games an hour before you sleep and make sure you allocate time each day for exercise.
- Know how to report, block and mute players.

Gaming Help

Tips for parents

- No video games consoles or playing games in the bedroom. Keep consoles in public areas of the house.
- Play the audio chat through the speakers of the TV.
- Make sure your child plays appropriately rated/classified games.
- Take interest and monitor what they are playing and who they talk with.
- Set time limits and how they will finish playing (i.e. finish a boss fight).

FORTNITE



Fortnite is a shooting game which can be played for free, however, it contains micro-transactions in which your child can spend money.

Their massive online player game 'BattleRoyale' (hunger-games-esque) has 100 players contesting solo or in teams using iOS, PC, Xbox or PlayStation. Issues include screen time balance, cyberbullying, exposure to groomers, issue motivated persons, inappropriate chat and personal privacy issues with using personal in-game chat! Set the ground rules for chat audio to play through the speakers and not the headphones or teach your child to mute all audio chat. Make sure they know how to block players on their platform.

Classification M

Report -a-player

Xbox controls

Sony controls

iOs controls

APP BITS



Yubo (aka Yellow), is an aged 13+ social media networking app allowing users to connect their Snapchat, Instagram and Muscial.ly with their Yubo profile. The video chatting app is directly marketed for children as connecting them with others for friendship. Risks include unwanted contact, inappropriate imagery, bullying and risk from unknown adults. The app has no age verification, however requires users to enter a phone number. The app links children by their listed age, location and connected accounts from Snapchat, Instagram and Musical.ly. The risk is that unknown persons may connect to your child. Parents should ensure their teen has access to the [Yubo teen guide](#), know how to unfriend and access the [safety centre](#). If your child uses Yubo now, it's a good time for an eSafety checkup on their accounts!

Yubo - parents-guide

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