



ST LAURENCE'S COLLEGE

A Catholic College for boys in the Edmund Rice Tradition

2019 AIC Volleyball Season Information

Coaches:

	A Team	B Team	C Team	D Team
Year 7	Matt Wilson	Matt Wilson (Asst-Henry Hourigan)	Kristie Carroll (AC)	Mark Wockner
Year 8	Danny Alizart	Danny Alizart (Asst - Ben Jones)	Tim Smith (AC)	Paul Moscos
Year 9	Anthony Bird	Tanielle Hartwig(AC)	Shane Appleton	Flo Coghlan
Year 10	Ross King	Zach Holzhauser	Ben Jones Henry Hourigan	Luke Spargo(AC)
Year 11	Kelsey Doyle	Brett Holzheimer (AC)	Zach Simonis	Sam Clarke
	1sts	2nds	3rds	4ths
Year 12	Domnic Aguiar (Asst- Kelsey Doyle)	Ghason Alexander	Nick Pimpinella	Jesse D'Amico (AC)

Key Contacts:

ROLE	NAME	Contact Details
Senior Volleyball Coordinator (Years 10-12)	Mr Domnic Aguiar	daguiar@slc.qld.edu.au 3010 1193
Junior Volleyball Coordinator (Years 7-9)	Mr Anthony Bird	abird@slc.qld.edu.au 3010 1149
Open Age Coordinator	Mr Jess D'Amico	jdamico@slc.qld.edu.au 3010 1776
Year 11 Age Coordinator	Mr Brett Holzheimer	bholzheimer@slc.qld.edu.au 3010 1776
Year 10 Age Coordinator	Mr Luke Spargo	lspargo@slc.qld.edu.au 3010 1184
Year 9 Age Coordinator	Ms Tanielle Hartwig	thartwig@slc.qld.edu.au 3010 1184
Year 8 Age Coordinator	Mr Tim Smith	tsmith@slc.qld.edu.au 3010 1778
Year 7 Age Coordinator	Mrs Kristie Carroll	kcarroll@slc.qld.edu.au 3010 1778
Colours Cup Coordinator	TBA	

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ABN 96 372 268 340

Volleyball Trials- Week Commencing Monday 5th November, 2018 (Week 5, Term 4)

	Monday	Tuesday	Wednesday	Thursday	Friday
6:45am-8:00am	Year 8 (2019)	Year 10 (2019)	Year 9 (2019)	Year 10 (2019)	Initial Year 8 - Open Teams Announced
3:00pm-4:15pm	Year 9 (2019)	Year 11 (2019)	Year 8 (2019)	Year 11 (2019)	Year 7 Come and Try
4:15pm-5:30pm	Opens	First Training		Opens / First Training	Year 7 Come and Try

Volleyball Training (Term 4 2018 - Weeks 6, 7, 8)

Note: No training on Friday 30th November (last day of school)

	Monday	Tuesday	Wednesday	Thursday	Friday
6:45am-8:00am	Year 8A, 8B	Year 10A, 10B	Year 9A, 9B, 9C, 9D	Year 10A, B,	10C,D, 11C,D
3:00pm-4:15pm		1sts/Year 11A, 11B	Year 8A, 8B, 8C, 8D	1sts/ Year 11A	Year 7 Come and Try
4:15pm-5:30pm	Year 9A 9B	1sts/ 4ths		1sts/2nds/3rds	Year 7 Come and Try



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Year 7 (2019) Trial Information

Please note that students are encouraged to attend as many of the sessions/games listed below to develop their volleyball skills before the selection trials on Monday 21st January. Information gathered from every session will be used to base selections.

Date	Activity
Friday 9 th November	3:15pm-4:30pm – Come and Try Volleyball Session (Group 1) 4:30pm-5:45pm- Come and Try Volleyball Session (Group 2)
Friday 16 th November	3:15pm-4:30pm – Come and Try Volleyball Session (Group 1) 4:30pm-5:45pm- Come and Try Volleyball Session (Group 2)
Saturday 17 th November	Volleyball Games v ACGS (Participating students will be broken into equal numbered teams)
Friday 23 rd November	3:15pm-4:30pm – Come and Try Volleyball Session (Group 1) 4:30pm-5:45pm- Come and Try Volleyball Session (Group 2)
Saturday 24 th November	Volleyball Games v Villa (Participating students will be broken into equal numbered teams)
Monday 21 st January	Pre-Season Volleyball Skills Clinic and Year 7 (2019) Volleyball Trials <ul style="list-style-type: none"> Students who cannot make these trials for any reason must notify the age group coordinator. They will be given an opportunity to trial in Week 1, 2019.
Tuesday 22 nd January	First Year 7 Squad Selection Announcement - Team lists notified by email

Trial Fixtures:

Date	Opposition	Details
Sat 17 th November	Churchie	Full School Trial (including Year 7 2019) Year 7-9 at SLC; Years 10-12 at Churchie
Sat 24 th November	Villanova	Full School Trial (including Year 7 2019) Year 10-12 at SLC; Years 7-9 at Villa
Wed 21 st November	BBC	A Trial (Years 8-Open)
Wed 23 rd Jan (afternoon/evening)	Churchie	A/B Trial (Years 7-Open) TBA
Sat 2 nd Feb	Padua	Full school Trial (Years 7-Open) Year 10- Open at Padua, Years 7-9 at SLC

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Proposed 2019 Training Schedule (please note this is subject to change)

All players are expected to attend allocated training sessions each week. If unable to attend students are required to inform their respective coaches and age group coordinators in advance where possible or the next day if they were absent due to illness. Unexplained absences from training may affect a student's inclusion in the weekend fixture.

	Monday	Tuesday	Wednesday	Thursday	Friday
6:45am-8:00am	7AB 8AB	8BCD, 7A	9ABCD	10ABCD	11ABCD
3:00pm-4:15pm		1sts, 10AB	7BCD, 8A	1sts, 9AB	Colours Cup Years 7, 8, 9
4:15pm-5:30pm	2nds, 3rds, 4ths	1sts, 11AB		1sts, 2nds, 3rds	

2019 AIC Season Schedule

Venues and times will be published each week in the College Newsletter and the College's website. Players should be at venues at least 20 minutes prior to the start time.

Season Schedule		
DATE	OPPONENT	VENUE
Saturday 9th February	St Patrick's College	Year 10-Opens- SLC Years 7-9- SPC
Saturday 16th February	St Edmund's College	Year 10-Opens- SEC Years 7-9- SLC
Saturday 23rd February	Marist College, Ashgrove	Year 10-Opens- ASH Years 7-9- SLC
Saturday 2nd March	Padua College	Year 10-Opens- SLC Years 7-9- Padua
Saturday 9th March	Iona College	Year 10-Opens- SLC Years 7-9- Iona
Saturday 16th March	St Peter's Lutheran College	Year 10-Opens- SPLC Years 7-9- SLC
Saturday 23rd March	Villanova College	Year 10-Opens- Villa Years 7-9- SLC



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Team Selection

The College will cater for teams from A-D in Years 7-11 and will select a First VI to a Fourth VI in the Open age group. Final teams will be selected after a number of training and trial sessions. Every effort will be made to ensure teams are correct at the beginning of the season. Teams will be changed throughout the season depending on students' attendance and performance at training and games. A colours cup competition will also operate on Friday afternoons for boys in years 7, 8 and 9 who missed selection in A-D teams.

Absence from Game Policy

If you are unable to attend your game on the weekend, you are expected to contact your coach and/or age group coordinator.

Match day game duties

For the effective running of our home fixtures, students will be required to assist with scoring and acting as line judges during the season. Students will be allocated 2 home fixtures where they will be required to fulfill these duties. The commitment for these duties will be one hour and be the game immediately before or after their own game.

Playing Uniform

The following uniform must be worn to Saturday fixtures:

- Shirt: Volleyball shirt will be supplied by the coach. Student should wear school sports shirt to and from matches. D teams play in College Co-Curricular Shirt.
- Shorts: College black sport shorts (no club rugby or football shorts)
- Shoes: Sports shoes.
- Socks: Short cut socks (no football socks)
- Hat/Cap: No hats or headwear to be worn indoors during matches
- Jewellery: No rings, necklaces or wrist bands to be worn due to safety concerns and school policy.
- Optional: Knee pads are optional

Students who do not meet these uniform guidelines will not be permitted to take the court in AIC fixtures.

AIC Code of Conduct

All players, spectators and officials are required to comply with the AIC Code of Conduct. <http://aic sport.com.au/about-aic/>

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