

ST PATRICK'S COLLEGE NEWS

THURSDAY 20 FEBRUARY 2020 | ISSUE NO 2

STRENGTH THROUGH FAITH AND KNOWLEDGE.



Principal's Message

Term 1 of the College year is always by far the busiest. The transition from Year 6 to 7 and from Croagh Patrick back to the Main Campus is a major undertaking for our students and teachers.

It is the first time in many years that we are full in Year 7 and Year 10 and only have minimal spaces left in Year 8 and Year 9

While walking around the College and visiting classes I have noted that the majority of our students are now settled and engaged in the learning process. As a teaching staff, it is always our aim to focus on engaging students in their learning in order to improve outcomes.

SPORT

In the first few weeks of school, we have rounds of 1sts Cricket, SATIS Boys and Girls Basketball, Rowing is in full swing and the opening rounds of underage cricket are about to commence. SATIS Tennis fixtures have also begun.

SWIMMING CARNIVALS

Last week both the Middle School and Senior School Carnivals were held with the main focus being participation and the building of House spirit. These are small opportunities for students to engage in the College and stay connected.

ACADEMIC ACHIEVEMENT

In Week 1 we celebrated our high achievers at the Academic Assembly and it was a pleasure to welcome back the 2019 Dux of the College, Sasha Massey, and other Year 12, 2019 high achievers.

STUDENT WELLBEING

Middle School students continue to engage in the wellbeing program, BeSPC, which focuses on developing resilience in young people. This program addresses issues such as cyber safety, anti-bullying and developing a positive outlook on life.

Last year we surveyed our student and parent community and from this feedback, two key opportunities were identified. The first was that students wanted more input into wellbeing initiatives within the College, therefore we developed a Wellbeing Committee consisting of students and chaired by Mr Casimir Douglas (Deputy Principal - Pastoral Care / Head of Middle School). The committee developed a number of activities for the College Wellbeing Week last year and will continue their focus in 2020.

The second area identified was that parents required more information to help them navigate adolescence issues.

In the past few years, the College has engaged the expertise of guest speakers in this domain and will continue in June this year, with Dr Kristy Goodwin, a digital wellbeing and productivity researcher, speaker, author and mother who will be presenting Raising Screenagers. Parents/Guardians will be notified closer to this event.

Dr Kristy's book, titled *Raising Your Child in a Digital World*, is filled with practical tips and advice for parents, as well as explaining the research on how technology impacts child development both positively and negatively. She also has a parenting blog on her website https://drkristygoodwin.com which parents may find as a useful resource.

SCHOOLTV

Last year the College subscribed to SchoolTV, a wellbeing platform featuring Dr Michael Carr-Gregg. It addresses the modern-day realities faced by schools and parents who increasingly need clear, relevant and fact-based information around raising safe, happy and resilient young people. Parents can access these resources via the Parent portal on Schoolbox.

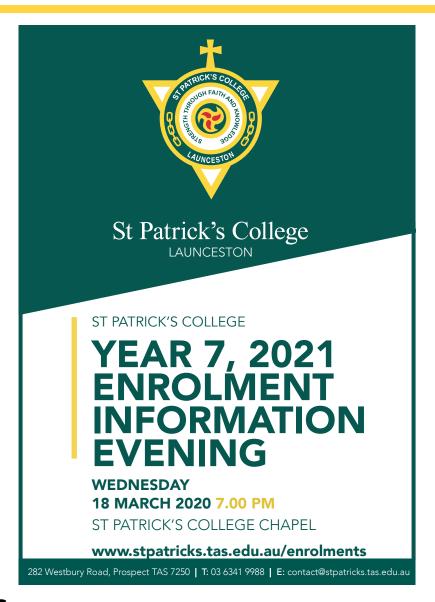
CAMP/REFLECTION

Finally, I wish our Year 9 students all the best for their camps this week and next, and our Year 8 students who participate in Reflections Days.

God bless

2/2

Mr Tony Daley Principal



STUDENT ACHIEVEMENTS



Congratulations to Moreton Group Junior Championship winners at the recent Tasmanian Mountain Cattlemen's Association's 33rd annual Get Together.

1st Georgia Burford-Rowe (Yr10) 2nd Shannon Kelly (Yr9) 3rd Lydia Kelly (Yr11) 4th Maya Brooks-Scott (Yr10)

Congratulations, girls!



Best of luck to Jorjah Bailey (Yr9) who will be representing Tasmania in the Tasmanian Golf Open from 25-28 February.



Congratulations to Sophie Hills (Yr8) who set three new Tasmanian multi-class records at the Sprint Championships last weekend. Well done, Sophie!



Chloe Collins (Yr7),
Dylan Samphier (Yr8) and
Henry Hollingsworth (Yr8)
represented the north of
the state in the Lawn Bowls
Tasmania Junior Statewide
Pennant on the weekend.
Congratulations on your
selection.





Our mission is to be a school of faith, learning, respect and service in the Catholic tradition.

OUR VALUES

Leadership:

We value a school where Jesus' model of leadership challenges each person to encourage and inspire others to be their best.

REFLECTION

"Wherever you go, whatever you do, take God with you." Nano Nagle

UPCOMING EVENTS

FEBRUARY

- 25 Meet the Tutor Evening (Yr 7)
- 25-28 Croagh Patrick Camp Valleys & Plants
- 26 Ash Wednesday (No Meat Served in Canteen)
- 26 Launceston Cup School as normal
- 26 Launceston Cup Hospitality Work Placement

MARCH

- 2 Theatre Performance Evening
- 2-4 Yr 8 Camp, Various Venues
- 2-6 Yr 7 Camp, Camp Clayton
- The Rite Journey Calling Ceremony – MacKillop Females
- 5 Senior Outdoor Education Day
- The Rite Journey Calling Ceremony – Tenison Females
- 7 Launceston Henly Regatta
- 9 Public Holiday (8 Hours Day)
- 10 Moderation Day (Student Free)

Launceston Catholic Parish Blog - click here

LAUNCESTON CUP DAY

WEDNESDAY 26 FEBRUARY

Parents and Students please note: Cup Day is a regular school day.

The Uniform Store at the College is OPEN (Regular Hours – 8:00am-4:00pm)
The Uniform Store in the City will be CLOSED all day.

IMMUNISATIONS

The Launceston City Council's immunisation team will be providing vaccines to students on Tuesday 24 March in the Middle School.

Your child has been provided with a form to be completed and returned by Friday 21 February. If your child has already been vaccinated by your local doctor/council, with the relevant vaccine listed below, please complete the NO section and return.

The following vaccines will be provided to Year 7 students:

 Diphtheria, Tetanus, Whooping Cough (Pertussis) (dTpa), Human Papillomavirus (HPV)

The following vaccine will be provided to Year 10 students:

Meningococcal (ACWY)

If you have questions please contact Launceston City Council on 6323 3208 or your family doctor.

Sflexischools

The flexischools app has had an update. Ordering from the College Canteen is now easier with the recent update. Check out their video, Our Place... How to Order Food, for further information by visiting http://bit.ly/SPC-Flexischools20

If you used the Flexischools system to order your child's meals last year - please remember to update their year level through your online account. Updating their details is as simple as logging into your account and selecting the 'My Students' tab. When you arrive on this page, select the child you need to change and then click on the 'Change Class or School' tab. From here you can update their year level.

STUDENT ID CARDS: IMPORTANT INFORMATION

Students and parents are reminded that students need to retain their existing 2019 ID cards until they receive their new cards during Term 1 this year. 2019 cards have an expiry date of 31/03/2020. ID cards are required to sign in and out of the College, print, access Flexischools accounts and borrow Library books.



If students misplace their 2019 cards over the holidays and need to replace them when they return to College in 2020, there is a \$5 replacement fee.



FROM THE DEPUTY PRINCIPAL LEARNING & ACHIEVEMENT

By Mrs Alanna Stretton, Deputy Principal Learning & Achievement – Head of Senior School

Welcome to the 2020 Academic Year at St Patrick's College!

Students have settled in well to the year, embracing their new classes and academic programs of study. There has certainly been a positive atmosphere around the College. We look forward to working together to achieve great outcomes in 2020.

ACADEMIC ASSEMBLY

At our first whole school assembly on Friday 7 February, we gathered together as a College community to recognise and celebrate the outstanding academic achievements of our current students and our immediate past students who graduated from St Patrick's College in December 2019.

This Academic assembly provides a focus for the year where learning is the priority supported by the many other opportunities the College offers students. It is important that as a learning community we acknowledge the achievements of our students as their accomplishments serve as both inspiration and motivation to all members of our College community. Staff at the College highly value the partnership we share with our students and their families, and it was great to have our 2019 graduates and their families join the College community for this special occasion. Please see the following pages for photos of our recipients.

MODERATION MEETINGS

Tuesday 10 March is a student-free day for all students as teachers participate in moderation meetings. Senior School teachers of TASC subjects will attend a northern moderation meeting with colleagues from Catholic, Independent and Department of Education schools and colleges. While teachers of years 7-10 will also participate in internal moderation as part of Catholic Education Tasmania's state-wide moderation process. The sharing of assessment, content and pedagogy supports our teachers' professional practice which our students benefit from.

SCHOOLBOX

This year, St Patrick's College is continuing to provide online feedback throughout the year via Schoolbox to provide feedback on assignments and Common Assessment Tasks (CATs) to students and parents. Later this term teachers will start to provide students with results and feedback via Schoolbox and Mid-year and End-of-year reports are provided to parents via Schoolbox.

If you haven't already, now is a great time to make sure you are set up on Schoolbox with a parent account. Being active in Schoolbox gives you access to your child's timetable, easy access to notices and other key information, as well as assessment information including due dates, your child's results and feedback from teachers. Research shows that family engagement in school improves student achievement and reduces absenteeism. Students with involved parents/guardians earn higher grades and test scores, have better social skills, and show improved behaviour. At St Patrick's College, Schoolbox provides the opportunity for parents/caregivers to have greater involvement in their child's learning.

SUBMISSION OF WORK GUIDELINES

At St Patrick's College, students are expected to complete work and the failure to submit work is not acceptable and will be followed up. Where a student is unable to meet a deadline students are expected to speak to the teacher about an extension prior to the due date. Students who don't complete set work will be required to attend lunchtime academic catch-up to complete work, if work continues to not be completed attendance at an after school academic catch-up will be organised. If this continues an academic progress meeting with the student and their parents will be organised, along with a part-day internal suspension to complete work. Parental support for this process would be greatly appreciated.

I wish every student and family a wonderful year at the College and if we are able to further assist anyone in their learning do not hesitate to contact us. In 2019 a number of students achieved academic excellence in all year levels and were recognised for their academic excellence:

Middle School students were presented to Mr Daley by Ms Deborah Cottle, Director of Curriculum – Middle School.

Year 7 (2019)

Anna Herd
Maisie Howard
Liliana Langham
Annaliese McNeair
Owen Millar
Kate Rigby
Max Roney
Gabriella Smith
Molly Tanton
Piper van Emmerik

Year 8 (2019)

Caitlin Clippingdale
Isabella Davie
Ella Feely
Estelle Tomkinson
Emily Watts-Heazlewood
Imogen Williams

Students gaining academic excellence at Croagh Patrick (2019) were presented to Mr Daley by Ms Leigh Hart,
Director of Curriculum – Croagh Patrick:

Year 9 (2019)

Kalani Ciantar Olive Morris Bailey Reardon Malachie Smedley Alexander Smith Students gaining academic excellence in the Senior School (2019) were presented to Mr Daley by Mrs Lindsey Hills, Director of Curriculum – Senior School.

Year 10 (2019)

Harrison Arnold Neve Clippingdale Erin Cooper Laurie Dean Ebony Glen Blaise Wilson Nicholas Yam

Amongst our current Year 12 students, there were many members of the year group who achieved outstanding results in their Year 11 year of study in 2019.

10 students gained a Tertiary Entrance score of more than 37 points for their two best subjects.

They were recognised for their academic success and presented to Mr Daley and the College community.

Year 11 (2019)

George Morris
Sam Brooks
Amy Parsell
Georgie Bennett
Gabrielle Dewsbury
Chelsea Leggett
Georgie Macdonald
Ava Drew
Lucy Aras
Olivia Jeffrey

Two Year 12 graduates from 2019 were recognised as ranking in the top 100 students in Tasmania.

These students were Sasha Massey and Jacob Barns. Sasha Massey was also presented with an Outstanding Academic Achievement Award by the Governor of Tasmania at Government House on the 3 February as part of the TASC Outstanding Achievement Awards for 2019.

The Dux of the College for 2019 was Sasha Massey. From the 2019 College graduates 14 students received an ATAR score of 90 or more which is outstanding. These 14 graduates were presented with a St Patrick's College academic medal.

Sasha Massey with an ATAR of 99.8
Jacob Barns 98.45
Ella Boxhall 97.95
Phoebe Saunders 96.6
Ebony Brooks 96.35
Holly Hinds 96.15
Myneika Morrow 96.1
Bethany Wadley 95.65
Hannah Cole 95.25
Ryan Flynn 94.2
Brooke Miller 93.25
Madison Carling 91.65
Kate Maloney 91.5
Eloise Van Galen 90.75

At the assembly Sasha addressed the College community, providing words of wisdom to students and thanks for those who had worked with her throughout her educational journey.















DUX 2019 ASSEMBLY ADDRESS

By Miss Sasha Massey, 2019 College Captain and Dux

Mr Daley, 2019 graduates, parents, staff and students,

It took me a few years of high school to realise that it is actually cool to try your best and care about what you are doing, whether that's in your classes, sport, the arts or any other pursuit. I won't lie, I am a huge nerd and have always loved school and learning, but back in Year 7 and 8 I wasn't so proud of this. I tried hard, but it wasn't until later on that I took ownership of the fact that yes, I did really enjoy school and wanted to do well. I started to push myself to be better and my schoolwork improved, but with that said I don't want to portray

myself as ever being a perfect student. Looking back, there are things I would do differently.

And I guess that this is one of the biggest things I learnt in high school: it is okay not to get things right. I think I had this misconception that the people who do well never put a foot wrong, that they are perfect students from Year 7 all the way

through to Year 12, but in my case, that was far from the truth. I made so many silly mistakes on tests and exams, I procrastinated, I often found myself writing assignments at 9pm the day before they were due and sometimes I ended up with grades I wasn't proud of. The truth is, it is not whether we make a mistake that matters... it's whether we choose to use that mistake as a lesson... our failure as a way of growing.

I also slowly learnt to stop comparing myself to others. You don't have to study in exactly the same way as the person next to you. When we focus on what others are doing, we forget to recognise and celebrate our own hard work and progress. Everyone defines success differently, so your version of doing well at school or at anything is

allowed to be different to that of the people around you.

Throughout Year 11 and 12 I had a note stuck above my desk at home reading "effort will not betray you". I read that quote somewhere and it just stayed with me, every time I was ready to give up it would remind me that the work I was putting in would pay off. And I think it applies to any goal you are working towards, school-related or not. It sounds cheesy but it really was useful for me when I forgot the reason why I was studying and sacrificing the other things I wanted to be doing, like scrolling through Instagram or



watching the Bachelor. But there were some things that I quickly learnt were not worth sacrificing.

I'd be lying if I said that I did a great job of self-care last year. In the midst of hurrying to get work done and stressing over deadlines, I didn't give myself the chance to step back, breathe and appreciate the good things that were happening. In a way, I became selfish too, because I couldn't see past my own struggles and recognise that the people around me were probably experiencing the same kind of stress. While hard work is, of course, important, there does come a point where we may be pushing ourselves too hard. If there was one big lesson I learnt in Year 11 and 12 it was to trust myself, to trust that what I was doing was enough.

As young people, it can be difficult to find a balance between our education, sport, work, spending time with friends and family, taking time for ourselves, volunteering and the list goes on. I used to struggle a lot with this as for me this balance felt so elusive. I felt like I could never reach this perfect amount of everything I was meant to be doing. But I think that it is less about finding a balance and more about just doing what you need to do in the moment. Don't feel guilty about taking a break if you need one. Or if you feel like you need to push yourself to work harder, spend that extra 30 minutes working on whatever

> it is you're doing. Learn to recognise how you are feeling, what needs to be done and what action you should take.

It took me a while to appreciate how lucky I was to spend my high school years here at St Patrick's College. I feel very fortunate to be standing up here today, but also a little guilty, as I know I didn't do this on my own. Any success I had

was a result of the incredible support I received from my teachers, family and friends.

To finish, I just want to say that we are all worth more than our grades. It is easy to tie our identity to our ATAR and results, but we are made up of so much more than this. Instead, we are the hard work we put in, the impact we have on the people around us and the things that we learn. No assignment will ever be able to measure how much we give of ourselves to others. There is more to school than classes and homework.

I hope you all have a wonderful year.
Thank you.



GIFTED AND TALENTED, HIGH ACHIEVING AND HIGH POTENTIAL LEARNERS PROGRAM

By Mrs Gina Slevec, Learning Leader - Gifted and Extension Learning

I am incredibly excited to be taking on the role of Learning Leader - Gifted and Extension Learning at St Patrick's College this year. There are so many exciting possibilities we can explore and implement to really challenge and augment the learning achievements of these students in our College community.

The TCEO Student Equity Policy and Gifted Education Guidelines provide clear and practical protocols and strategies to assist us in providing quality differentiation in the form of extension, acceleration and enrichment that effectively caters to the academic and social/emotional needs of our gifted students. In my position, I am also keen to extend this approach to our high achieving and high potential learners, who will also benefit from these learning adjustments.

OUR COLLEGE PROCESS

At St Patrick's College, we adopt the recommended multi-faceted approach to identifying gifted learners. This occurs through parent and teacher nomination, and analysis of student learning and achievement data to discern students who might benefit from curriculum adjustment.

Students who are identified as intellectually gifted are listed on the Diverse Learners Register on the College student record system. The Learning Leader and other Learning Enhancement faculty staff collaborate with students, parents and teachers to develop individual Professional Learning Plans (PLPs) for each student that identifies their strengths, interests, learning styles and needs. These provide information for class teachers and suggest strategies for extending, enriching and accelerating their learning so they may attain their academic and personal potential. We also offer students access to cocurricular enrichment opportunities that are available throughout the academic year.

Students who are not formally identified as intellectually gifted, but may be high achieving and or high potential in one or more subject areas, will also be able to access quality differentiation in the form of extension, acceleration and enrichment. These students are identified by their academic results, PAT and NAPLAN test results, parent and teacher nomination, and are also afforded PLPs. These students are referred for further testing with the College Psychologist, Ms Alexa Headlam, to determine if they are deemed intellectually gifted.

All these gifted, high achieving and high potential learning students are added to the Schoolbox group, 'Gifted and Extension Learning', where news and events will be regularly posted and they have access to the Google calendar which features various enrichment options students might be interested in accessing throughout the year. Parents and guardians can also access this page.

Working with these students is an ongoing collaboration that will be regularly reviewed and adjusted as needed. Teachers will create an extension learning task on their Schoolbox class page to communicate differentiation that is occurring, and a narrative report will also be provided for students achieving beyond the standard year level curriculum (in the case of already demonstrating A achievement).

For Year 11 and 12 students in TCE subjects, it may be more support in the co-curricular opportunities that we facilitate, rather than curriculum adjustments. However, if differentiation is needed, please communicate with the class teacher and/or myself.

Gifted/high ability children show distinguishing characteristics from an early age. These traits are not exclusive to gifted students and not all gifted students possess all of them, but they may be present to a greater degree.

Insightful ability Intellectual curiosity Need to understand Need for mental stimulation Rapid learning rate Facility for abstraction Perfectionism Need for precision/logic Excellent sense of hum Sensitivity/empathy Complex thought Intensity Perseverance Vivid imagination Early moral concern Acute self-awareness Nonconformity Passion for learning Powers of concentration Questioning to rules/authority Analytical thinking Divergent thinking/creativity Tendency to introversion Capacity for reflection

(Source: Silverman, 1993 p.53)

Gifted/high ability students may also display negative characteristics.

| Possible Negative Traits | |
|---|--|
| stubbornness non participation in class activities uncooperativeness cynicism disorganisation tendency to question authority frustration absentmindedness | Inappropriate questioning Poor group worker Uses humour to put down other Rushes work Monopolises discussions Easily distracted when uninterested Self critical Perfectionist Tactless |



FUTURE PROBLEM SOLVING PROGRAM

This week I have advertised and held a meeting for interested students in the Future Problem Solving Program. This is a wonderful opportunity for students to engage in real-world issues, and apply their imaginative and critical thinking skills in researching and developing resolutions to potential near-future problem scenarios. If you would like your child to be involved, please email me at gina.slevec@stpatricks.tas.edu.au.

More information can be found at http://www.fpsp.org.au

There are a variety of gifts, but always the same spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people it is the same God who is working in all of them. (1Cor. 12:4-7)



2ND XI CRICKET: ROUNDS 2&3

By Mr Luke McCormack

ROUND 2 V GRAMMAR SATURDAY 8 FEBRUARY

SPC 6 – 147 def LCG 93 Ryan Fleming 38, Will Siemsen 19, Pat Best 19, Ruhardt Cloete 2-5, Callan Ryan 2-9

9.30am – St Patrick's College get sent into bat after losing the toss.

The twins have their second breakfast. A meal that they believe is an official one!

11am – An excellent opening partnership of 62 between Ryan Fleming and Will Siemsen sets us up for a good total. Pat Best scores a quick fire 19 to take us to 89 runs in the 28th over.

Grace and Ruby immerse themselves at the Lindisfarne park. They introduce themselves to fellow kindergartenaged four year olds as false names (usually Emily and Molly) and find it hilarious that two brothers were named Henry and James!

12noon – A lull in our innings, as we only score 30 runs between the 28th and 41st over. Some aggressive running between the wickets builds the score to 147.

With the wedding of their mum's cousin still four hours away, the flower girls also need some lulling! Easier said than done!

3.00pm – After wickets in overs 1 and 2 from Pat Best and Captain Callan, Grammar steadied to be 3-66, but the pressure was building as there were only 18 overs remaining to score over 80 runs.

The pressure was building at the bride's place. The twins arrived to see their bridesmaid mum looking glamorous. Now it was their turn for getting dressed and ready!

4.30pm – Grammar lost their last 7 wickets for 27 runs, with spinners Mason Gardner and Ruhardt Cloete helping to wrap things up. A great win for the team.

Ella marries Chris, as twin granddaughters, Grace and Ruby, try to steal the show with pure gorgeousness!



Thanks so much to Mr Pat Moroney (9/10 coach), Miss Amy Soule (daughter of Richard), Mr Richard Soule (father of Amy) and Mr Stevie Hudson (2nd XI assistant coach) for taking the team so that I could attend the family wedding in Hobart!

ROUND 3 V SCOTCH SATURDAY 15 FEBRUARY

SPC 102 def to SOC 8-103 Alex Johns 29no, Callan Ryan 16 & 5-30, Sam Ashlin 15

We have all heard of DRS (Decision Review System) in cricket – where decisions on run outs, LBWs etc. are sent 'upstairs' for video reviews. Well on Saturday it was a case of DTRH – 'Did That Really Happen'?!

Before the game DTRHs:

We lost the toss but for the second week in a row bat first.

The game's start was delayed by 15 minutes due to the roller's steering locking up on the oval.

Our innings DTRHs:
From 5-77 we lose quick wickets to be 9-82. This included two run-outs.
Sam Ashlin hits two beautiful boundaries in his first bat in the

middle for a couple of years. Showers of rain threaten – but from a very strange compass point (the SW). One of our best partnerships was the last one, as Xavier Duffy's 19 ball innings allowed Alex Johns to boost our score by a further 20 runs. But it was within their innings that this game of cricket went to a whole new

DTRH level!

After eight overs they slump to be 5-19, thanks to a great catches from Will Siemsen and Sam Ashlin and accurate bowling from Callan Ryan. DTRH? One of their batsman gets a diamond duck – run out without facing a ball by Matt Saunders. DTRH?

In the 10th over an umpire changes his mind on a catch from a full toss, after a batsman says he thinks that he wasn't out due to the ball being too high. DTRH?

This player scores a 5, after we give away four overthrows, as the game appears to be played in fast forward with boundaries flowing and tough chances dropped. DTRH? A 62 run partnership unfolds in only 12 overs. DTRH?

Alex Johns makes the breakthrough, but more quick runs sees them needing only 5 to win with 4 wickets in hand and 20 overs remaining! DTRH? Cal Ryan returns to the crease and zeros in on the stumps again for two more dismissals, claiming his 5th wicket amongst the pandemonium. DTRH? They still need 5 to win but now have only two wickets in hand. To his credit, their opening batsman scores the winning runs.

We learnt a lot from this game and were able to leave the rooms with a grin, albeit a little shocked ... as, yes, all of that really did happen. It's a great game cricket.

This week we look forward to travelling to Hobart to play Hutchins.



MIDDLE SCHOOL & SENIOR SCHOOL SWIMMING CARNIVAL REPORTS

By Mr Craig Boon, Sports Coordinator

MIDDLE SCHOOL SWIMMING CARNIVAL

Tenison had another impressive performance at the Middle School Swimming Carnival on Thursday 14 February, which saw them win the Pauline Clayton Memorial Shield for the fifth time in the past seven years.

They won both U/14 Boys and Girls pennants but didn't have it all their own way in the U/13s with Nagle taking out the Boys (Tenison was 2nd) and MacKillop winning the girls.

The novelty events were closely contested and provided plenty of enjoyment with MacKillop winning the pennant.

Rice didn't pick up a pennant but were still very competitive particularly in the U/14s where they finished 2nd in both Boys and Girls pennants behind Tenison by a combined margin of 37 points.

The shield points were:

 1st Tenison
 1444

 2nd Nagle
 1275

 3rd Rice
 1254.5

 4th MacKillop
 1191.5

The star individual performers were Oliver Baldock (R), Jack Cramp (N), Elyse Campbell (M) with three wins each and Summer Alexander (N) and Natalie McCullagh (T) who split the U/14 girls section two wins each.

Thanks to all the staff who made the event run so smoothly and enjoyably today.

SENIOR SCHOOL SWIMMING CARNIVAL

The 2020 version of the Senior School Swimming Carnival introduced some new elements based on requests from the Student Executive.

The traditional four swimming strokes were still contested along with across the pool novelties.

The new additions included a 30 minute free swim, House costume competition, a selfie frame, plenty of music (including an audience participation segment with DJ BJ), more emphasis on House cheers and an all-year-groups medley relay in place of the freestyle relays.

Since the event was last held in 2017 MacKillop has obviously had some good swimming talent coming through Croagh Patrick each year and they combined to take out the Senior Shield.

The last time MacKillop won was in 1999 and this was the final of a hat-trick of 97/98/99.



Individual stars were:

U/16 Boys – Conor Rae (M), U/16 Girls – Mia Baldock (R) and U/17 Girls – Jade Nichols (T) 4 wins each U/17 Boys – Jonte Adams (M) 3 wins Open Girls – Hannah Lenthall (T) 2 wins and Open Boys – Ethan Stretton (R) and Sam Cullen (T) – 2 wins each

The pennants:

MacKillop won U/16 Boys, U/17 Girls and Open Girls Tenison won U/17 Boys and Open Boys Rice won U/16 Girls and Novelties – These were all very hotly contested.

U/16 Boys was decided by 1 point over Nagle U/17 Boys' difference was 4 points over Rice and 10 points over MacKillop in 3rd U/17 Girls was 4 points over Tension and 8 points over Nagle in 3rd

Senior Shield: MacKillop 1578

Tenison 1547 Rice 1497 Nagle 1467.5

Thanks to everyone who assisted Will and I with running the carnivals over the two days. We now look forward to seeing the College team in action at the NSATIS Swimming Carnival on March 10.







FUTURE PATHWAYS 2020

By Ms Jodie White, Future Pathways Coordinator

Welcome to Future Pathways 2020!

We invite students, parents and carers to visit the Future Pathways Centre for career counselling, questions, assistance and resources regarding career pathways, career assessment, subjects, post school options, apprenticeships/traineeships, Australian School Based Apprenticeships, work experience, volunteering, industry visits, job applications, GAP year, university applications and scholarships.

WHAT IS UCAT?

The University Clinical Aptitude Test is the admissions test for entry into medical, dental and clinical science degree programmes in Australia.

What is the test format?

It is a two hour computer-based test containing 233 multiple choice questions across five separately timed subtests.

What is the cost of the test?

Tests are \$299 and Concession \$199

Where/When do I sit the test?

You will sit the test at a test centre in Launceston between 1-31 July 2020. You sit the test the same year that you apply to university. You can sit the test once each year.

How do I get my results?

Your results will be delivered to universities in early September.

Where can I find out more info?

The latest study tips, exam advice and free resources can be found at https://www.ucatmasterclass.com/ucat-advice

When can I register?

Registration and booking opens on Monday 2 March and closes on Monday 11 May 2020.

WORK EXPERIENCE

Work experience is available for students in Year 9 to Year 12 and can help you make up your mind about the right study options. You can try out potential careers and see if they live up to expectations before committing years of your life to a particular field of study.

You'll spend a few days to a week getting a feel for what the real workplace is like, plus you can ask questions and refine your options before selecting your subjects for the following year.

To find out how to apply and the process involved, please visit the Future Pathways Team in the Library.



Be SunSmart when UV Index Levels are 3 and above.

Check Schoolbox, the College website/Facebook page or Daily Bulletin to monitor times when sun protection is required and:

SLIP on a shirt

SLOP on some sunscreen

SLAP on a hat

SEEK shade

SLIDE on some sunglasses.

For smartphone users, we encourage the use of the free SunSmart app as a great way to check the UV Alert when you are out and about. iPhone users can download it at the iTunes App Store, Android users at Google Play and Samsung users at Samsung Apps.

For information on the College SunSmart Protocol, view http://bit.ly/SPC-Sun-Smart