



Educating Young Men and Women Since 1873

Principal's Message

There is always a certain calmness that flows through the College in Week 5.

The first number of assessments have come in for the Senior School and Croagh Patrick students have returned from camp in full classroom mode.

But it's the absence of the energy of the Year 7 and Year 8 students who are on camp this week that reduces the energy levels across the College.

YEAR 7 LETTERS TO THE PRINCIPAL

After four weeks at their new school, we ask Year 7 students to reflect on their experience by writing a letter to me as an exercise. While I don't get the opportunity to read all their letters, I always receive a few from teachers to provide an example of the student's reflection on their start of year experience.

To that end, I have included one letter from Year 7 student, Mia Aras:

To Mr Daley,

I am writing this letter to express my gratitude for having the opportunity of being at this school. Thanks to all the work and effort you put into it, we can enjoy many privileges and opportunities such as drama clubs, school bands, orchestras, sports teams and many others; allowing students to try new activities, as well as interact and socialise with different people.

Ever since the first day of school, I have felt that this school has a very welcoming and friendly environment with helpful staff and friendly teachers that make our classes interesting and engaging.

Whenever any student has a problem to sort out, there is always someone there to help, whether it is a teacher, staff member or even a senior student.

As a student from SPC, I promise to do my best in school, making many commitments and representing the school at numerous events. Thank you for working so hard to ensure inner success and leadership from each one of us students at SPC.

Yours sincerely,
Mia Aras

LENT

Last week marked the beginning of our Lent period which culminates in one of the most sacred times in the Church, Easter.

It was interesting to hear Pope Francis in his address ask people around the world to give up "trolling on social media" for Lent. Hopefully, this enables some people to make permanent, positive change to these behaviours.

SOCIAL MEDIA / COMMUNICATION

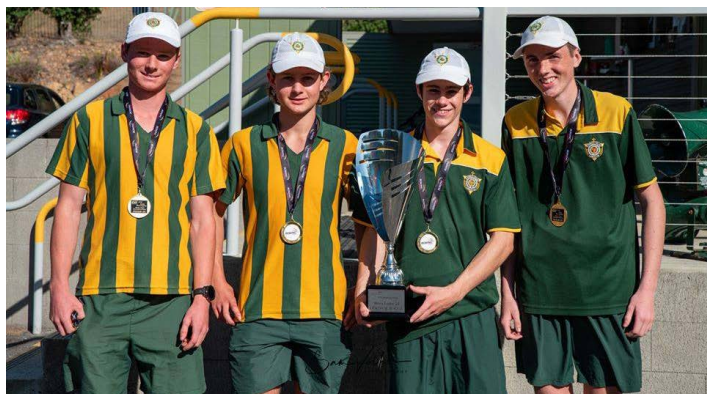
Trolling is currently topical in the national media due to a court case in Queensland where a number of parents were recently found guilty of defamation regarding their comments about a Principal posted on Facebook.

As adults, we are responsible for demonstrating to young people that it is not okay to defame, harass or bully others on social media and sometimes there can be serious consequences for these actions.

I am aware of a number of Facebook Groups created by parents, unofficially, that are aligned to year levels at the College. These can be a valuable source of information that is helpful for parents but should never be used as a platform to air concerns. There are appropriate avenues for parents to bring concerns to the College and I encourage you to avail yourselves of these if required. It is always more beneficial to contact us directly.

The College has developed Instagram and Facebook pages to help our community stay connected. We post regularly on these platforms to demonstrate the breadth and depth of student involvement in our community. This is definitely a positive way to use social media.

Parents are also encouraged to regularly use Schoolbox, which contains a plethora of helpful information, including copies of major letters that have previously been distributed and important dates and events. We are constantly updating this information to ensure it is a useful resource for our parents.




CONGRATULATIONS

In conclusion, I congratulate our Open Boys Quad Scull on winning both the U/19 and U/21 State Club Championships. They along with Morgan Brown (Year 10) and Ryan Anderson (Year 10) are finalising their preparations for the Australian Open Schools Rowing Championships at the 2020 Sydney International Rowing Regatta in Penrith in late March.

God bless.

Mr Tony Daley
Principal



St Patrick's College
LAUNCESTON

ST PATRICK'S COLLEGE

**YEAR 7, 2021
ENROLMENT
INFORMATION
EVENING**

WEDNESDAY
18 MARCH 2020 7.00 PM
ST PATRICK'S COLLEGE CHAPEL

www.stpatricks.tas.edu.au/enrolments

282 Westbury Road, Prospect TAS 7250 | T: 03 6341 9988 | E: contact@stpatricks.tas.edu.au

STUDENT ACHIEVEMENTS

Congratulations to Marguerite McClintock (Year 7), who is the recipient of Barratt's Music Award for the most promising candidate in Northern Tasmania for her recent Australian Music Examinations Board (AMEB) violin examination.



Congratulations to Aaron Fowler (Year 10) and Evan Milne (Year 11) who will participate in the national Metal Minds Robotics competition held in Sydney – good luck!





Our mission is to be a school of faith, learning, respect and service in the Catholic tradition.

OUR VALUES

Social Justice:

We value a school where we grow in awareness and respond to the needs of others in a spirit of service.

REFLECTION

"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment."

Ralph Waldo Emerson

UPCOMING EVENTS

MARCH

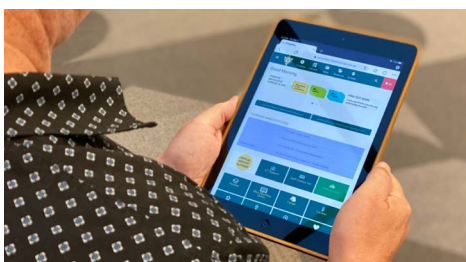
- 5 Senior Outdoor Education Day
- 5 The Rite Journey Calling Ceremony – Tenison Females
- 7 Launceston Henly Regatta
- 9 Public Holiday (8 Hours Day)
- 10 Moderation Day (Student Free)
- 10 NSATIS Swimming
Launceston Aquatic Centre
- 11 The Rite Journey Calling Ceremony – Rice Female
- 11-13 Year 11 Ascent Base Camp
- 14-15 Relay for Life, Northern Athletics Centre, St Leonards
- 16 The Rite Journey Calling Ceremony - Tenison Males
- 17 St Patrick's Day Mass & Cup (St Patrick's College)
- 18 Year 7, 2021 Enrolment Information Evening,
College Chapel, 7.00pm
- 18 The Rite Journey Calling Ceremony - Nagle Males

[Launceston Catholic Parish Blog - click here](#)

SCHOOLBOX ASSISTANCE EVENING FOR PARENTS

Would you like assistance with College online facilities?

The College will be offering assistance to parents/guardians in the use of Schoolbox and the Flexischools app. The assistance will be available on Tuesday 31 March between 3.45-6.00pm in the Waterford Area of the Edmund Rice Centre.



Assistance will be provided in the following areas:

- Password and login issues
- Using Flexischools at the College Canteen
- How to use the Schoolbox for fee-paying and updating personal details
- How to view student grades, due work and navigating Schoolbox

A invitation will be sent to parents/guardians by email for RSVP.

For further information, please contact Mr David Mohr at the College by phone on 6341 9988.

MODERATION DAY TUESDAY 10 MARCH STUDENT FREE DAY

Moderation ensures all students across Tasmania are being assessed against the same benchmarks, and that student assessments are comparable across schools.

COLD & FLU PREVENTION

With the cold a flu season underway we are encouraging students to wash their hands frequently throughout the day.

Hand sanitiser can also be used and is available by asking a teacher.

IMMUNISATIONS

The Launceston City Council's immunisation team will be providing vaccines to students on Tuesday 24 March in the Middle School.

The following vaccines will be provided to Year 7 students:

- Diphtheria, Tetanus, Whooping Cough (Pertussis) (dTpa), Human Papillomavirus (HPV)

The following vaccine will be provided to Year 10 students:

- Meningococcal (ACWY)

If you have questions please contact Launceston City Council on 6323 3208 or your family doctor.

DRIVER SAFETY REMINDER

A reminder to all drivers to please be aware of all traffic conditions and adhere to the road rules at all times. Drivers must not block the exits to driveways. Please be aware of pedestrian traffic, parking and warning signage.



WELCOME TO THE MIDDLE SCHOOL

By Mr Casimir Douglas, Deputy Principal Pastoral Care – Head of Middle School

It is my great pleasure to welcome all members of the St Patrick's College community: parents, staff, students and friends to the 2020 school year. I wish to give a particularly special welcome to our Year 7 students and parents/guardians, who are new to the community. You are most welcome! As such, I wish to make explicit to the families of our Year 7 students, that which I made explicit to all Year 7 students at their assembly last week.

THE PURPOSE OF THE MIDDLE SCHOOL

In 2017, Middle School staff examined the *Archbishop's Charter* and the College's Mission and Vision, and with the support of Fr Richard Ross, developed the Building St Patrick's College People Statement, which identifies the five key qualities that we aim to build in our Middle School students. These are the qualities that make them St Patrick's College people. We aim to build St Patrick's College people who are: resilient, open to the Spirit, life-long learners, respectful and inspired. The Middle Years are the foundation upon which success in life and study is built. The task of building St Patrick's College people, and instilling our students with those qualities is both implicit as exercised through our relationships and pedagogy, but also explicit. As such, the statement also provides the curriculum framework for the Middle School's BeSPC program. Every lesson in the BeSPC curriculum is explicitly linked to one of the key qualities outlined in the statement.

BESPC

BeSPC is the key pastoral care program for our Middle School students as we shape and mould them as young people on their educational journey. The program has a key role in how the Middle School promotes parental engagement, develops its online presence, builds community, encourages leadership, and enables our students to learn more about themselves, each other and our world. Middle School students engage in the program for one period each week.

All year level assemblies for Middle School students are held during BeSPC lessons in the College Chapel. As this is the College's sacred space, the students are taught that they enter and exit the Chapel silently and reverently, and that they listen actively and respectfully. I must congratulate our Year 7 students on their conduct, participation and behaviour during the assembly this past Thursday. These assemblies are also an opportunity for us to communicate information about upcoming events, expectations for student engagement in the life of the College, to have guest speakers, provide opportunity for our Year 7 and 8 Core Captains to exercise leadership and host the assembly, and to actively promote, encourage, acknowledge and celebrate the positive behaviours and

achievements of our students, by the presentation of our PBS Certificates.

This past Thursday at our Year 7 Assembly, I took the opportunity to speak to the students in depth about the Building St Patrick's College People Statement, and gave examples of the exploits of some inspirational figures who exemplify the qualities listed in the statement. This included: Malala Yousafzai (Resilient), Pope Francis (Open to the Spirit), Helen Keller (Life-Long Learner) and Nelson Mandela (Respectful). For 'Inspired', I informed the Year 7 students that since I had shared four stories with them of who inspires me already, that I would like for them to share with me, over the next two years of their Middle School journey, who inspires them. And already they have shared some wonderful tales with me of the people who inspire them; from sports personalities to musicians, to anime and film characters, and indeed, their parents.

YEAR 7 HOLLYBANK ADVENTURES EXCURSIONS - TERM 2

As a key part of the BeSPC curriculum in Year 7, sub-House groups will participate in a full day excursion to Hollybank Adventures at the start of Term 2. The day will consist of two key sessions: a two-hour bush walk including reflection tasks and team challenges, and a two-hour session on the high ropes course. The students will be accompanied by a member of the Middle School Leadership Team, their House Heads, their BeSPC teachers and other key support staff. The Building St Patrick's College People Statement identifies resilience as one of the five key qualities we aim to build in our students through the educational program we provide. Resilience is a core psychological outcome targeted by outdoor learning programs, and research indicates that the development of coping strategies (which is the primary goal of outdoor learning experiences) increases the growth in social and emotional skills.

By completing the high ropes courses in teams, students will learn to assess risk and manage their anxiety in a safe and supervised environment after instructions from Hollybank Adventures Guides. The bush walk through uneven terrain will provide an introduction to longer walks on camps in Years 9-10, and an opportunity for students to develop their knowledge of environmental issues. Carefully designed team challenges will provide opportunity for students to develop their perseverance, frustration tolerance, problem solving and interpersonal skills. The excursion as a whole will include opportunities for reflection and will be carefully evaluated using pre-excursion and post-excursion surveys to assess student perceptions of changes in their motivation, confidence, and development of practical and interpersonal skills.

Further information will be provided to parents and students next week.

MIDDLE SCHOOL SWIMMING CARNIVAL

The Middle School Swimming Carnival was held last month on Thursday 13 February at the Launceston Aquatic Centre. It was a wonderful occasion that exemplified the best of our Year 7 and Year 8 students in terms of behaviour, participation, and House spirit. They are all to be congratulated on their engagement with the carnival, and the enthusiasm with which they entered into the event. A debt of gratitude is owed to Mr Craig Boon and Mr Will von Stieglitz, for all of their hard work in ensuring the success of the event.

YEAR 7 CONNECTIONS TO HOUSE AFTERNOON

It has been a very busy start to the year for parents, staff and students alike, and this busy period continues over the coming month. On Thursday 20 February, all Year 7 students participated in the Connections to House Afternoon, where they learned about the charm and history of their House founders, had an opportunity to get to know the other students in their Houses, and participate in a range of physical activities. I wish to thank our House Heads and other support staff for providing this afternoon of learning and relationship building for our students.

MEET THE TUTORS EVENING

Last Tuesday night (25 February) the College held its annual Meet the Tutor Evening. This provided an opportunity for parents of Year 7 students to come into the College and meet their child's Tutor Group Teacher and House Head. The vertical structure of our pastoral care system means that these staff

members are the constant support for your child throughout their years at St Patrick's College. I wish to thank all parents who came along to the Meet the Tutor Evening to help strengthen the ties between school and home. Research is absolutely conclusive that parental involvement with their child's schooling has a positive effect on their education – on their wellbeing, their engagement with school and on their overall educational outcomes. The role of the Tutor Teacher in the life of your child at the College is critical, and I encourage parents in all learning, wellbeing and pastoral matters to make the Tutor Teacher your first point of contact.



MIDDLE SCHOOL CAMPS

Scholarly reflections on the practice of conducting yearly camps in high school years suggests that they build community, encourage participation in the life of the school, and support the development of leadership skills. The College camp program is integral to the life of the College. Our Year 7 Camp (3-6 March) is again hosted at a familiar venue for staff, students and families: Camp Clayton in Ulverstone. Students attend the camp in their Core groups and are supported by their Core group teachers. The focus of the camp is supporting the students in their transition into life at the College, by enabling them to build relationships with their peers, their teachers and the environment.



Year 8 camps were held concurrent to the Year 7 Camps this week. The students ventured off in their sub-House groups to different coastal locations from Monday 3 March – Wednesday 5 March. The students attend these camps with their House Heads and Tutor Group teachers. The focus of the camp is to encourage resilience and self-reliance, and to help build relationships with their House group peers and staff.

It is critical to note the importance of sun safety while on camp. Students are required to wear a hat when they are in the sun on all Middle School camps. Students are expected to use sunscreen, drink plenty of water and be sun smart in all their activities.



This includes wearing appropriate clothing for their camps, as outlined in the information provided to students in their camp gear lists. We always encourage students to leave their mobile phones at home when they leave for camp. Any communication that needs to occur between the students and home can be made through the staff members responsible for those camps. If a student does



need to bring their mobile phone with them, they will be asked to hand these to the supervising staff member as they get on the bus to start camp. The phone will be stored safely by the staff member and then returned at the completion of the camp.

CONCLUSION

Finally, as means of welcome I wish to outline for parents of our Year 7 students what they can expect at St Patrick's College this year, and what the College expects of its students. At St Patrick's College in 2020, Year 7 students can expect to make new friends, they can expect to try new things, they can expect to laugh, and can expect to belong and to be respected.

They can expect to run, to swim, to go on camp, to build, to bake, to play an instrument, to paint, to solve equations, write poems, spell, pray, sing, and most importantly learn. They can expect to learn: about themselves, about each other and about our world. But not only can they expect to learn, they are expected to learn. For this is the sole task of a Year 7 student: to learn and to become St Patrick's College people. To grow and to improve in every part of

who they are. And who they are is wonderful. We want them to be the best person they can be.

Each of them were leaders in primary school. They were the big fish in a small pond. But just because they are now the small fish in a big pond does not mean they aren't leaders anymore. They are all still leaders: in this community and beyond. At their first assembly as St Patrick's College students on their first day of school, I issued our Year 7 students with the following challenge:

"When you put on that uniform, and you are wearing the College crest which each of you have on your blazer right now, that crest means you are a leader. That crest means that you are willing to serve. That crest says I belong at St Patrick's College. On Orientation Day last year, I gave you a challenge: STEP UP. And that expectation has not changed. These are our key expectations of you: Participate in our community: STEP UP. Show respect: STEP UP. Be a learner: STEP UP. I wish you all the best for the year ahead: make new friends, try new things, laugh, and learn". And I am pleased to report that our Year 7 and Year 8 students have lived up to those expectations.

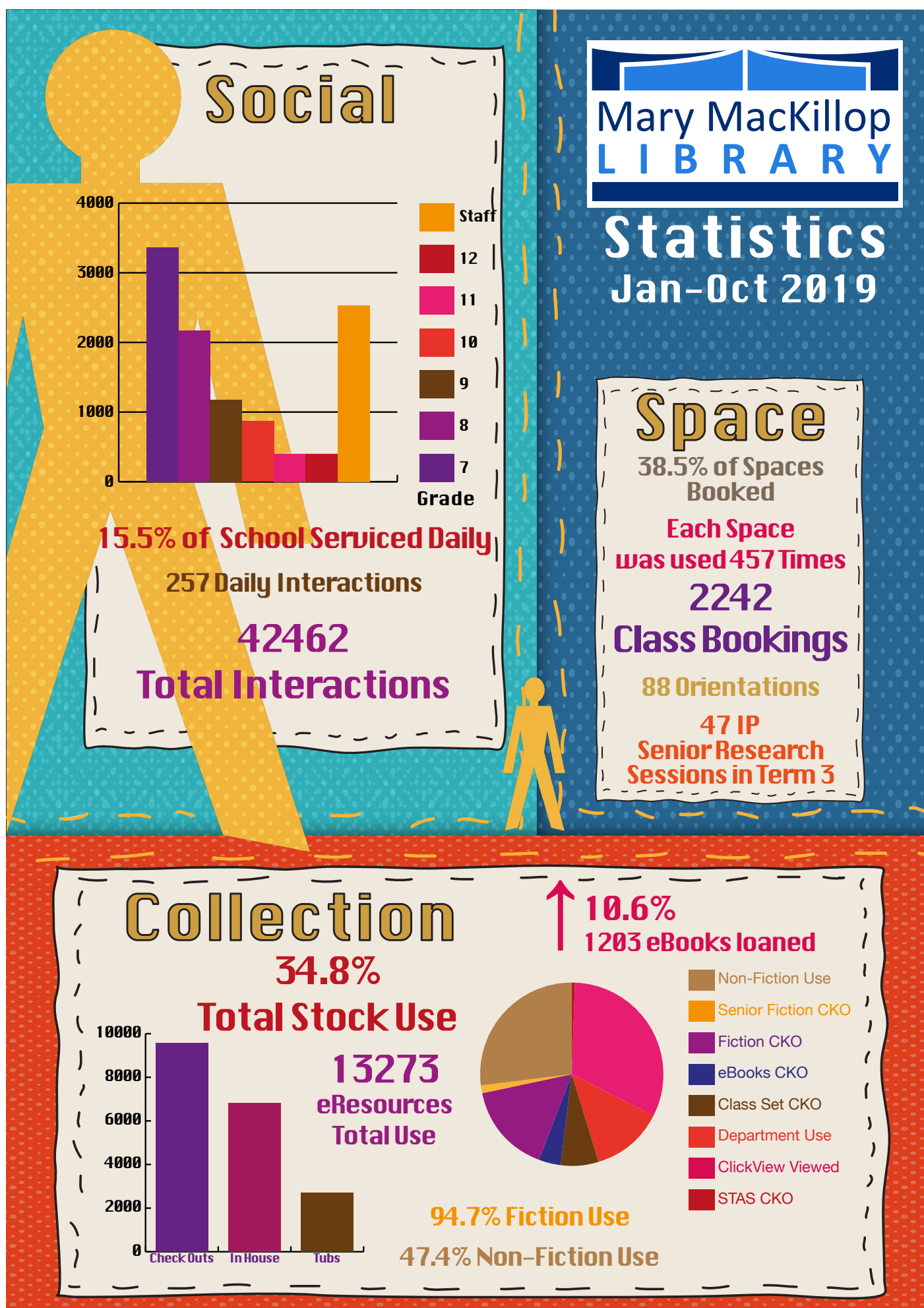
AFTER SCHOOL TUTORING



For students in Years 7 to 9, across all core subjects.

Where: MS8

**When: 3:30 to 4:30pm
Tuesdays and Thursdays**





2ND XI CRICKET: ROUNDS 4&5

By Mr Luke McCormack, Coach 2nds XI

ROUND 4 V HUTCHINS SATURDAY 22 FEBRUARY

SPC 175 def by HUT 5-178

Matthew Saunders 59, Ruhardt Cloete 23 and 2-27, Mason Visser 2-21

If *life is a highway*, we certainly rode the highs and lows, the twists and turns, all day long. Six hours of in-tune cricket accompanied six hours of out-of-tune singing, as we travelled to play the undefeated Hutchins. Sent into bat, again, we had some small partnerships, anchored by Matt Saunders who provided some fireworks, striking six boundaries. Our best partnership (45) was for the sixth wicket between Matt and Ruhardt Cloete. Good times had never seemed so good as the run-rate stayed above four per over. At 5-128, with 14 overs to go, we were targeting a big, way up in the sky, total. In our 40th over we were all out for 175, leaving 5 overs lost without any love.

On a good wicket and fast outfield this was a par score, but we were *living on a prayer* as Hutchins raced to be 1-99 from 24 overs. Our spinners Ruhardt Cloete and Mason Visser gave us a chance as they took two wickets each. 5-126, almost identical to where we were, but it was still *a long way to the top*, if either team wanted the sausage roll. To his credit, their number three stayed undefeated as they passed our total with three overs remaining. Hoping to qualify for the final to play Hutchins, we wondered if we would ever see *their faces again*? No doubt we can get two wins and play off ... as the *country road took us home to the place we belong*.

YEAR 8 CRICKET ROUND 1

SPC GREEN 3/157 (30) def SPC GOLD 8/145

BATTING PERFORMANCES

Green: Brock Whitchurch 28*, Lachie Shea 13*, Cobey Layton 12*, Will Olendrowsky 12*, Darcy Noone 11* and Tumai Bennett 9*

Gold: Max Roney 29*, Jake Worsley 15*, Tyle Worsley 14, Thomas Dwyer 13, Spencer Drew 13.

BOWLING PERFORMANCES

Green: Max Symons 2/17 (4), Darcy Noone 1/13 (4), Brock Whitchurch 1/5 (2) and Lachie Shea 1/14 (4).

Gold: Sharin Sherstha 1/13 (4) and Jake Worsley 1/21 (4)

ROUND 5 V SCOTCH OAKBURN SATURDAY 29 FEBRUARY

SPC 94 def by SOC 73

James Leake 46 & 2-5, Thomas Forrester 18, Mason Visser 14no, Jordon Parker 3-8, Callan Ryan 2-12, Jack Ross 2-32

On the final, and bonus, summer's day our players were leaping for the chance to keep our season alive with a win. This time we won the toss, but at 8-25 we could have been excused for requesting a 365 day year. Optimism at its extreme could verge towards madness. However, we knew that our number 10, Tom Forrester, could score quickly. Our number 11, Mason Visser, would value his wicket as the quintessential team-player that he is. And, our not-out debutante, James Leake, was looking as solid as a rock. In true Monty Python style, 8-25 was only a 'flesh wound'! Tom lifted our spirits, as he hit three fours in his 18 (from 19 balls). 9-45. I asked Mason if he had ever made a 50 run last wicket partnership? Well he still hasn't, but the 49 partnership that he and James delivered was solid gold. It gave us a score to defend and the all-important momentum. James' innings of 46 from 121 balls was so impressive. His composure at the crease, and fierce concentration to play straight were highlights. He was unlucky not to reach his half-century, only dismissed in the final over.

Momentum was maintained as Scotch slumped to be 5-9, mainly thanks to the accurate pace from Jordon Parker, and a great catch from 'keeper Mason Gardner. 14 overs later and they were 5-58. 37 to win with five wickets in hand. Not long after drinks Jack Ross made the crucial breakthrough, and then Captain Cal took the off bail on his first ball back at the crease. From there we didn't allow them back into the arm-wrestle, taking our last 5 wickets for 15 runs. When it is your day, it is your (leap, aka Leake) day, as James clean bowled the last two batsmen to cap off a brilliant introduction to senior cricket at the College.

On the long-weekend Saturday we play Grammar at home. Back to back wins being the goal.

YEAR 7 CRICKET ROUND 1

SPC Gold, (5/130, 28 overs) def SPC Green (8/129, 30 overs)

GOLD TOP PERFORMERS

Nick Smart 22 runs, Cooper Gleeson 21 runs, Cameron Steven 2/4 and Lincoln Barber 2/7

Green Top Performers

Josh Spencer 33 runs, Sebastian Page 32 runs, Oliver Wright 24 runs and 2/13



RELAY FOR LIFE

By Mrs Ann Viney

On 14-15 March, St Patrick's College will be participating and volunteering at Relay for Life. We have been involved with Relay for many years now and it is one of the most rewarding activities on the College calendar.

SO WHAT IS RELAY?

Relay for Life is the Cancer Council's 20 hour relay event and one of the most inspiring fundraising experiences on offer.

Teams of 10-15 get together to raise money and take turns walking around the St Leonards Athletics track overnight in a relay style event; symbolising that cancer doesn't sleep, so neither do we! Last year our St Patrick's team was made up of 80 staff

and students. You can come along and stay for the day, or do a shift on the track, all the while enjoying the entertainment and community spirit that Relay provides. There are prizes and lots of fun and ceremonies that make Relay for Life so inspirational.

Some teams Relay to remember a loved one who has passed away from cancer. Some do it to celebrate having survived cancer. Some simply want to be involved and fight back to make a difference. It is so much more than an event, it's an experience. Cancer will directly affect one in two of us by the time we are 85 - so Relay is a way to fight back.

Finally Relay is an experience that gets into your soul. Every day we have a chance to beat cancer and Relay

reminds us all of: 'the courage it takes to survive, the love of those who we have lost and the conviction to fight this insidious disease'.

Please consider making a donation to our team. This can be done online by following the link below:-
<http://bit.ly/SPC20-Relay-for-Life>

Or you may wish to donate through our individual team members, St Patrick College students.

All money raised stays in Tasmania and goes directly towards helping people who have cancer and also to those who need ongoing care once they have gone into remission.

Thank you from the St Patrick College Relay for Life team.

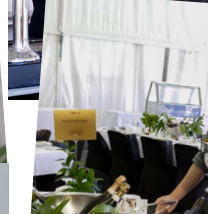
VET STUDENTS SHINE AT LAUNCESTON CUP

On Wednesday 26 February over 90 VET students undertook work placement at the Mowbray Racecourse for the 2020 Launceston Cup.

Students participated in a broad range of opportunities with students allocated group-training positions in the Member's Reserve Restaurant, Corporate Marquees and Colours Restaurant (where the Governor of Tasmania dines). Positions were also offered in marquees where experienced hospitality students worked independently to their study peers, performing stock control as runners and food and beverage service alongside industry professionals.

The work placement required an enormous amount of preparation, with the College working closely with Tasmanian Turf Club to deliver Workplace Health and Safety training, and on-site inductions for each of the students and staff attending

the day. The day provides work experience students the opportunity to demonstrate their skills and presentation and students are often accepted at interviews as paid Launceston Cup employees in future years.





The St Patrick's College Pipe Band is a new beginners bagpipin ensemble, meeting on Monday afternoons. Group tuition is provided in the Monday afternoon sessions, and learning will commence on a practice chanter for the first 1-2 terms, and then progress onto bagpipes. Instruments are provided, and there are only a couple of spaces left. If you are interested in joining or would like to know more, contact Ms Gaynor Spriggs by email gaynor.spriggs@stpatricks.tas.edu.au.



SENIOR SCHOOL TUTORING

For students in Years 10 to 12

**Where: R10 (English/ Humanities)
R9 (Maths)
S7 (Science)**

**When: 3:30 to 4:30pm
Tuesdays and Thursdays**

SPECIAL SESSIONS

Essay Writing - TUE 3 March (Week 5)

Referencing - THUR 5 March (Week 5)

Study Skills - THUR 12 March (Week 6)

Extra TCE points: Career & Life Planning - THUR 12 March (Week 6)

Opinion v Fact (Analysing Texts) - TUE 24 March (Week 8)