



SPORT AND TRAINING PER WEEK (HRS)								
Year Level	0	0.5 to 1	1.5 to 2.5	3 to 4	4.5 to 6	7 to 9	> 10	Total
6	6	8	24	20	20	13	13	98
7	9	11	36	27	20	22	20	136
8	11	9	22	24	31	23	32	141
9	14	11	36	28	34	35	16	160
10	11	6	14	21	18	13	13	85
11	30	9	8	20	27	21	22	107
12	42	7	12	15	21	21	29	105

