

Activities - Unit 2 2018

For Unit 2 the following dates are important:

Wednesday 28 February: Online ballot opens. Students emailed login details.

Tuesday 13 March: Initial online ballot closes at 10:30am.

Thursday 15 March: Restricted balloting closes at 10:30am.

Unit 2 Dates: April 18, 20, 27, 30 and May 2, 4, 7, 11, 14, 18.

Students who do not complete an initial online ballot (by 10:30am March 13), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot sheet if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

To Students in Years 7 - 10

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information you should contact the teacher in charge of the Activity, or the Director of Activities, Ms Morgan. When you ballot for an Activity, you must be prepared to accept the Activity of your choice.

To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes a cost Activity you will be notified via email or letter.

Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Leadership; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Community Partnerships.

Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

Non-Participants

If you miss a bus or you do not have your correct gear, you will need to attend the non-participants room. During this time you will have to complete written tasks (no ICT), quiet reading or undertake school service around the grounds or in the Reserve. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity.

Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

Important Notes Adventure-Based Activities (as indicated by a ★ to reference this page). Some Activities are regarded as adventure-based. **Being involved may have some higher element of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Director of Activities, Ms Morgan. If you undertake an adventure-based Activity, you may need approval from a parent via CareMonkey.

Academic Enrichment / Challenge

\$ ★ Aviation (Pre-book Yrs 8-11)

Mr Scott

Students wishing to either start or continue with their training can ballot for this unit. New students are welcome as are students who have already started and wish to advance to the next stage of training. Theory taught during this unit will focus on planning and preparation for flight. Practical flying lessons will be tailored to the individual. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines.

Cost: There are costs associated with this Activity (depends on the number of flying hours)

da Vinci Decathlon - Challenge Program (Yrs 9-10)

Ms Pope

This is an extension Activity for Years 9 and 10 students. Come and be involved in preparation for this exciting Interscholar competition that takes place in Term 2. Schools involved enter teams of eight Year 9 and 10 students who participate in activities in the following disciplines; Mathematics, English, Science, Code Breaking, Engineering Challenge, Forensic Sleuths, Creative Producers, Art and Poetry, Games of Strategy and General Knowledge. The tasks are both exciting and challenging with a particular emphasis placed on high order thinking skills. Come and join this Activity and meet some like-minded fellow students.

Independent Learning Projects (Yrs 7-11)

Ms Kaindel

You can work independently or in a small group to devise and develop your own innovative or independent learning project to enhance the School or the Community, whilst developing your skills and academic studies. It is also an opportunity for committee members for the Round Square 2019 Conference to continue planning for this event. **See or email Ms Morgan or Ms Kaindel to discuss ideas and options before balloting.**

Year 9 City Bound (Compulsory Activity for Yr 9 students)

Mr Young, Ms Somkiat

For the first half of this unit students will be in the city participating in the City Bound program. On their return they will be involved in some revision activities in preparation for NAPLAN, as well as the debriefing of City Bound and an introduction to the Careers program. Year 9 students do not need to ballot for this Activity as they will automatically be placed.

Visual & Performing Arts

Art Meets Science (Yrs 8-11)

Ms Zara

"There is an art to science, and science in art; the two are not enemies, but different aspects of the whole." - Isaac Asimov

If you enjoy hands on activities in Science but always wish you could take more photos, do colourful drawings and incorporate your creativity, then this is the Activity for you! Activities will include making geodes, the colorful world of natural indicators, transport in plants, exploring density by making lava lamps, contributing to a giant periodic table and a competition for the best photograph using a microscope. Our aim is to find the beauty in the world around you by conducting experiments and getting a chance to play and explore with scientific equipment. You might even learn something along the way.

Creating Mini Masterpieces (Yrs 7-11)

Ms Macdonald

Let your creativity flow in a relaxed but productive atmosphere. Enjoy the opportunity to extend your imagination with drawing and painting media. Explore ink, acrylic paints, pencils and pastels and create a selection of mini masterpieces. Come and discover your creative side.

Dance and Choreography (Yrs 7-10)

Ms Wong

In this Activity, there will be group warm-ups and sequences learned at each session. You will also learn the art of choreography (making dances) and you will work in small groups to create your own moves/sequences/dances. You will be given the opportunity to perform your dances live or on film. Whether you have years of dance experience, or none at all, you are sure to enjoy being physical and creative in this Activity.

Guitar Techniques (Yrs 7-10)

Mr Trenwith

Feel like improving your skills and repertoire on the guitar? Then 'Guitar Techniques' is the Activity for you. We will focus on setting goals, reflect on ways guitarists can improve their playing, and hopefully learning some new tricks along the way. You will be encouraged to share what you know with the others in the group and there will be plenty of times for just jamming. **Students must have their own guitar at school each Activity day.**

Visual & Performing Arts

Production Rehearsal (Pre-book Yrs 7-11)

Mr Donaldson, Ms Fletcher and Mr Bingham

This is for students participating in the school production, Footloose. **If you are in the Footloose Cast for the production you MUST ballot for this Activity first.** We will be rehearsing throughout this unit.

Typography, Drawing and Illustration (Yrs 7-10)

Ms Dolbel

This Activity is for those students interested in learning and completing a range of different tasks based around Typography, Type Design and Illustration. We will consider how to successfully integrate type into an illustration to help complement a drawing or design, or to be the inspiration of your creation; all while utilising new and different materials. Ensure you bring your creativity and a willingness to experiment.

Sport & Physical Development

★ Cross Country Running and Training (Yrs 7-11)

Mr Higgins

Do you enjoy your running, or do you want to improve your general fitness? You will learn how to train and prepare for the many running events throughout the year. Sessions will be at various locations depending on weather, date and type of training. Venues include school XC course, Frankston foreshore, Ballam and Baxter Parks, George Pentland Gardens, Langwarrin Fauna and Flora Park, Bunarrong Reserve, Jubilee Park and Seaford Foreshore. You will need your running gear, towel, cap, sunscreen and water bottle. Runners of all abilities are encouraged and supported. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Sunsmart applies.**

Fitness, Cardio Games and Healthy Recipes (Yrs 7-10)

Ms Lewis

Come and identify the areas of your fitness you want to improve and experience a number of different training methods to assist you in achieving your goals. We will work in the Gym Mezzanine and surrounding areas to complete a range of fitness activities, programs and participate in fun cardio games. During some sessions you may work in a Homestead and explore and try healthy recipes.

★ Girls' Football (Yrs 7-11)

Mr Elmi, Ms Murphy

The aim of this Activity is to prepare for the upcoming SIS football season. All intending players should ballot for this Activity. Players need: sports gear, water bottle, towel and football boots. This Activity will take place on the Woodleigh Oval. **Note: We strongly advise that students involved in this Activity should use a mouthguard as the potential for dental injury is reduced if an individually fitted mouthguard is worn. Sunsmart applies.**

★ Indoor Climbing (Yrs 7-10)

Mr Landman, Mr Davis

In this Activity we will be climbing at the Bayside Rock Indoor Climbing and Adventure Centre in Carrum Downs. This is great chance to try out rock climbing. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. **Note: Rockclimbing is an adventure based activity and has some element of risk and therefore the possibility of injury associated with being involved. Students will be involved in climbing a range of indoor rock faces at the centre whilst being belayed by other students. Parents please note; there is a cost associated with this Activity. The cost covers transport, hire of facility, use of safety gear and qualified instructors. Cost: \$60**

Tennis (Yrs 7-10)

Mr Andy Scott, Mr Hiram Malau

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills, rotate through a round robin series of matches and just play for fun. The following is essential: sports gear, flat soled sports shoes and hat. A tennis racquet can be provided. **Sunsmart applies.**

Health, Lifestyle & Practical Skills

\$ Design and Make your Own Jewellery (Yrs 7-10)

Ms Alderton

During this Activity you will have the chance to make a piece of jewellery for yourself or to give to someone special. The unit will be delivered by an external professional jeweller. You can choose to make a pair of earrings, a ring or a pendant (necklace). You will design your piece, then decorate and embellish it using various techniques and materials to enable you to personalise your piece of jewellery. Come and make something for yourself or to give as a unique present. **Parents please note; there is a cost for this Activity. The cost covers materials and instruction from an external professional jeweller. Cost: \$50**

Design, Build and Ride a Mountain Bike Skills Park (Yrs 7-10)

Mr Stephens

Do you ride MTB? Have you always dreamt of building a jump, a berm or a tight track? In this Activity we will continue the brilliant work started on Woodleigh's very own MTB skills course with improvements, enhancements and extensions to the existing berms, jumps and obstacles. This will involve significant manual labour – you will be digging holes. There will be more digging than riding, so only sign up if you are not afraid of some hard yakka. **Sunsmart applies.**

Nourish, Nurture and Cooking with Herbs (Yrs 7-10)

Ms Lapierre

In this Activity you will have to the opportunity to grow seasonal herbs from seedlings. We will have a variety of herbs and learn about their medicinal and health benefits. Herbology or Herbalism is the study of the use of plants and plant extracts. We will find out more about this ancient practice from around the world. We will research recipes which use the herbs we have grown and prepare a meal based on those recipes. We will experiment with using herbs in sweets, salads, teas and cake.

Surfboard Shaping (Pre-book Yrs 7-10)

Mr Peach

During this Activity students will research, design and produce a fiberglass surfboard. Throughout the process, students will research the surf industry and look at the real cost of making a board. They will also develop an understanding of the features of a surfboard and how they affect performance. They will learn and apply appropriate safety practices for working with foam, fiberglass and polyester resin. At the culmination of the unit, the students will have constructed and decorated a fiberglass surfboard. **This is a pre-booked Activity and will run over Units 2 and 3. Cost: \$400**

Tai Chi Exercise (Yrs 7-10)

Tai Chi promotes good health, improved concentration and overall wellbeing. It uses moving postures and forms to exercise the joints and muscles of the body. The health benefits are derived from these slow, gentle and tranquil movements which enable harmony in mind and body. Loose, comfortable clothing and flat shoes should be worn during the Activity.

Woodwork for Beginners (Yrs 7-8)

Mr Rogers

Learn how to use basic hand tools and power tools and improve your manual dexterity by constructing a range of boxes, trays and desktop shelves. This will be a useful grounding for students wanting to study Design & Technology in future years. **Closed-toe sturdy shoes required in the workshop.**

ICT - Technology

1979 Revolution: Black Friday (Yr 10 only)

Mr Ryan

1979 Revolution: Black Friday is an adventure interactive drama video game where players control Reza Shirazi, an aspiring photojournalist, who returns to Iran amidst the Iranian Revolution. As he becomes more involved in the events of the Revolution, Reza is forced to make decisions in order to survive. Players make timed responses throughout the game, determining the outcome of the plot. They are tasked with taking in-game photographs of their surroundings and given historical background of the events. In this Activity, you will use **1979 Revolution: Black Friday** to explore the events and dilemmas of the Iranian Revolution. Students will be expected to engage in discussions and complete a reflective journal/blog outlining their insights. Further resources will be used to deepen student understanding of the era. **This Activity requires parental permission and is restricted to students 15 years and older.** Visit www.1979revolutiongame.com for more information

ICT - Digital Marketing (Yrs 10-11)

Mr Allsop

The modern digital world is smart, clever, intuitive, it's even becoming artificially intelligent. This Activity explores, creates and markets real business scenarios using the latest software tools available. You will use marketing software that is used for website and social media promotions. You will analyse web traffic, Google and other search engine data and user demographics that assist businesses to understand consumer behaviour and decision making. Contemporary entrepreneurs make business decisions based on all of this. If you are considering working in the online world or for a business that will require online marketing, then this Activity is for you.

ICT - Technology

Movie Making with iMovie (Yrs 7-8)

Mr Adams

Lights. Camera. Action! This Activity will give you the chance to explore, play and learn some of the different features in iMovie. Suitable for beginners and those with lots of experience. Create a short movie about Woodleigh, explore vlogging, make a time capsule video for the future, conduct some voxpops, etc. Work alone or with a small group.

Community Partnerships

Brian Henderson Reserve / Field Gnats (Yrs 7-11)

Ms Darby

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there. **Closed-toe sturdy shoes required. Water bottle recommended. Sunsmart applies.**

Event Management and Year 10 Formal (Yr 10 Only)

Ms Grigg

Have you always wanted to plan a Big Event? Do you have great ideas for coordinating a large social event and the drive and desire to see these ideas put into practise? Then this is the Activity for you. Working closely as a group, you will be introduced to event management planning processes while gaining practical skills and invaluable experience to apply to both a hypothetical event and the ***Real Deal – The Year 10 Formal***. Along the way you will develop strong organisation skills as well as working in close collaboration with other students, teachers, school leaders, and the wider school community.

Leadership through Sustainability (Yrs 7-11)

Ms Janky

This Activity is for students wanting to explore the fundamentals of leadership and the attributes that make good leaders. With sustainability as a theme, you will develop skills and resources to lead and empower other members of the community to help make a difference.

Social Entrepreneurs (Yrs 7-11)

Ms Kaindel

Are you creative, ambitious, capable, adventurous and driven? Do you have ideas and dreams of making a positive contribution to your local or global community? Don't know where to start? Then this is the Activity for you. Working closely with mentors and leadership from the YMCA, you will be introduced to social enterprise while gaining practical skills and invaluable experience to apply to both the task at hand and in all future entrepreneurial endeavors. You will also be introduced to some of Melbourne's most inspiring young social entrepreneurs and be offered the opportunity to stay connected to a community of likeminded people who are making a creating positive social change. Sound like you? See Ms Kaindel for more details.

Sports Leadership Course (Pre-book Yrs 10-11)

Mr Davenport, Ms Schmidt

This Activity is for those students who have been preselected in the Sports Leadership program. The sessions will include practical workshops, including a trip to Minimbah or Penbank aimed at improving your coaching, officiating and organisational skills. There will be some theoretical work towards gaining relevant accreditation. You will gain your certificate in CPR. Students will also be involved in developing sport initiatives at school. Transport to Minimbah or Penbank will be via via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh Staff Member or via Driver Coastal Bus Lines. Sunsmart applies.

Wood - Build and Construct (Yrs 7-11)

Mr Harrison

Continue the construction and maintenance work already started in the BHR. You will learn techniques, safe building practices and work as a team to continue building the Boardwalk, Arboreal enclosure and other construction initiatives. This Activity is hands-on and for a small group of students interested in creative teamwork. **Sturdy shoes required. Sunsmart applies.**