

Activities - Unit 4 2019

For Unit 4 the following dates are important:

Friday 3 May:	Online ballot opens. Students emailed login details.
Monday 6 May:	Initial online ballot closes at 3:45pm.
Wednesday 8 May:	Restricted balloting closes at 10:30am.
Unit 4 Dates:	May 20, 24 June 3, 7, 12, 14, 17, 19

Students who do not complete an initial online ballot (by 10:30am May 8), will have to complete a restricted online ballot. This will mean that students will have reduced choices or may need to complete a further restricted paper ballot sheet if most of the Activities are full. **Students who do not complete a ballot after the final date will be placed into an Activity. Please choose carefully as you can be placed into any of your six selections.**

To Students in Years 7 - 11

An outline of each Activity is given in the following pages. You should read the details carefully, be aware of any special requirements such as cost, equipment or materials and discuss your choice with your parents. If you need more information, you should contact the teacher in charge of the Activity, or the Director of Activities, Ms Morgan. When you ballot for an Activity, you must be prepared to accept the Activity of your choice. **Please choose carefully as you can be placed into any of your six selections.**

To Parents

Some Activities may incur a cost (\$) where individual coaching or special equipment is required. Costs are shown within this pamphlet and will be charged to the term's account. If your child undertakes an Activity where there is a cost, you will be notified via email or letter.

Reminders

Over the school year you are encouraged to select Activities from a minimum of **three** of the following categories: Academic Enrichment/Challenge; Leadership; Visual and Performing Arts; Sport and Physical Development; Health, Lifestyle and Practical Skills; Community Partnerships.

Practical Activities and Sunsmart

In sporting Activities you will need your **sports uniform and appropriate footwear**. Students involved in outdoor activities need to supply their own **hat and sunscreen**. Sunscreen is also available in each Homestead, the Sustainability Centre, with staff at outdoor venues and at the Gym in case you forget. Students must wear clothing that covers their shoulders, e.g. Woodleigh Polo Sports Shirt.

Non-Participants

If you miss a bus or you do not have your correct gear, you will need to attend the non-participants room. During this time you will have to complete written tasks (no ICT), quiet reading or undertake school service around the grounds or in the Reserve. If you are ill or injured and unable to take part in your Activity, you must bring a note of explanation for the teacher in charge of the Activity.

Activities Leaving School Grounds

Some Activities may run during lunchtime, particularly those where students are leaving the school. Students need to consider this when balloting and be aware that they may need to take and eat their lunch on the journey from school or back to school.

Important Notes for Adventure-Based Activities (as indicated by a ★). Some Activities are regarded as adventure-based. **Being involved may have some higher elements of risk and the possibility of injury, both of a minor and serious nature.** It is important that both students and parents are aware of this fact. It is also important that you have an understanding of the nature of the Activity, if you have any questions in regard to a specific Activity please contact the teacher in charge of the Activity or the Director of Activities, Ms Morgan. If you undertake an adventure-based Activity, you may need approval from a parent via CareMonkey.

Academic Enrichment / Challenge

Art Studio Access for VCE Students (Yr 11 Only) Ms Ward
Use this time to work on your Art Folio. This is for VCE Art students only. If you are not in a VCE Art subject, you will not be allocated to this Activity.

★ **\$ Aviation (Pre-book Yrs 8-11)** Mr Scott
Students wishing to either start or continue with their training can ballot for this unit. Please see Mr Scott before balloting for more information. New students are welcome as are students who have already started and wish to advance to the next stage of training. Basic Aeronautical theory taught during this unit will depend on group needs. Practical flying lessons will be tailored to the individual. Students may also have the opportunity to be involved in peer mentoring Minimbah Aviation Club students. Transport via Budget Rosa Bus or Woodleigh HiAce Van driven by a Woodleigh School staff member or via Driver Coastal Bus Lines.
Cost: Costs associated with this Activity depend on the number of flying hours

Exam Preparation and Private Study (Yr 11 Only) Ms Kesterson
This Activity is designed for students who need extra time to prepare for their mid-year exams. Students will have the opportunity to study and complete other tasks such as revising notes, organising folders, reading and other productive study habits.

International Politics (Yrs 10-11) Mr Neuman
Is the world going to do anything about global warming? Are you wondering if Trump is going to make America great again? Do you want to understand the Middle East, the War in Syria and the Israel-Gaza conflict? Did the Russians hack the 2016 elections to help Trump? Who is Putin anyway? Culture Wars? Gamergate? Ben Shapiro? Contrapoints? Feminism? Will Bernie Sanders be the next president of the United States? Who is going to win the Australian elections and what do they stand for? Who are 4chan? No topic is too controversial, nothing is off limits. We will discuss, watch videos and read articles about these and any other national and/or international current affairs and anything that is on the news.

Podcasting and Blogging for Beginners (Yrs 7-11) Ms Murr
Learn how to have an impactful social media presence and create blogs and podcasts that will give you a platform to share your creativity, your passion and your point of view. In these sessions you will be introduced to blogging and podcasting and will get the opportunity to create your own content. You may want to build a blog around your poetry, visual art or photography. You may wish to flex your political opinions, review films, tv shows or computer games. Once you are familiar with each platform, you will drive the content.

Tournament of Minds (Yrs 7-10) Ms Pope
Do you enjoy problem solving? Do you enjoy creating something new, informative and entertaining? Or do you just enjoy having fun? If you answered yes to any of these questions this is the Activity for you! Tournament of Minds is a problem-solving Activity where you work in teams of mixed year levels to produce creative and intelligent responses to long and short-term challenges. The end product is presented at Deakin University where you are compared to teams from other schools in a friendly competition. Come and join in the fun!

Visual & Performing Arts

\$ Advanced Design and Make your Own Jewellery (Yrs 7-10) Ms Alderton (ext)
During this Activity you will have the chance to make a piece of jewellery for yourself or to give a unique present to someone special. The unit will be delivered by an external professional jeweller. You can choose to make a pair of earrings, a ring or a pendant (necklace). You will learn how to solder as well as various other techniques to make your own personalised piece of jewellery. For students who have previously participated in this Activity before, soldering will further enhance their skill set and provide scope for producing a wider variety of jewellery pieces. **Parents please note; there is a cost for this Activity. The cost covers materials and instruction from an external professional jeweller.**
Cost: \$50

Visual & Performing Arts

Dance: Hip-Hop and Street Dancing (Yrs 7-10) Ms Van Der Sluys

In this Activity, there will be group warm-ups and Hip-Hop Commercial dancing each session. You will learn the art of Street dance and you will work in small groups to create your own moves. You will be given the opportunity to perform your dances live or on film, as a team. Whether you have years of dance experience, or none at all, you are sure to enjoy being physical and creative as part of this Activity crew.

\$ Glass Slumping and Fusing (Yrs 7-10) Ms Macdonald

Students will have the opportunity to prepare, design and construct fused and slumped glass projects. Warm glass is a technique where cut glass is arranged and layered while cold, and is then fired to melt and form a new shape. Skills will include: cutting glass, preparing glass for firing, fusing and slumping. Students can expect to produce a number of finished pieces; such as small plates, bowls, window hangers and jewellery. **Parents please note: there is a cost for this Activity. The cost covers materials and instruction. Cost: \$50**

Production Rehearsal (Yrs 7-11)

Ms Fletcher, Mr Donaldson, Mr Bingham, Ms Grigg

This is for students participating in the school production, Legally Blonde. **If you are in the Legally Blonde Cast for the production you MUST ballot for this Activity first.** We will continue to rehearse throughout this unit.

Working with Air-Dry Clay (Yrs 7-10) Ms Pitcher

Using air-dry clay, make a variety of beautiful and unique pieces without having to use a kiln. Simply, create and let it dry! You will have the chance to sculpt a range of creative pieces from jewellery to plant holders, decorative pieces for the home, serving bowls and figurines. Let your creativity and imagination run free and enjoy a hands-on activity with other creative minds. Use this time to destress, channel your energy into the art of creation and use your hands to make something both unique and useful.

Sport & Physical Development

Girls Fitness Training and Games (Yrs 7-10 Girls Only) Ms Lewis

Come and identify the areas of your fitness you want to improve and experience a number of different training methods to assist you in achieving your goals. We will work in the Gym Mezzanine and surrounding areas to complete a range of fitness activities, programs and participate in fun cardio games.

Gold Coast Netball Training (Pre-book Yrs 7-9) Mr Davenport

The aim of this Activity is to develop your netball skills, work with your team and improve your fitness in preparation for the Gold Coast Netball Carnival which takes place in the Term 2 School Holidays. This Activity is pre-booked and it is expected that all students participating in the Gold Coast Netball Carnival will utilise this opportunity to improve all areas of their game and develop court systems with their teammates. Sessions will be held in the Woodleigh Gym and on the outdoor multi courts. **Students must have their sports gear and runners for every session. Sunsmart applies.**

★ \$ Indoor Archery (Yrs 7-10) Mr Harrison

Learn archery from 2016 Olympic Medallist, certified KSL level 2 coach and past student, Alec Potts. During the Archery sessions at Eliza Archery Indoor Range in Seaford, all equipment will be provided for you to learn the techniques of shooting developed by internationally renowned coach Ki-Sik Lee. You will take part in different archery games and shoot many balloons along the way. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines. **Parents please note: there is a cost for this Activity. The cost covers transport, hire of facility, use of equipment and qualified instruction. This Activity has some element of risk. Please refer to the front section of this pamphlet for more information. Cost \$60**

★ \$ Indoor Climbing (Yrs 7-11) Mr Landman

In this Activity we will be climbing at the Bayside Rock Indoor Climbing and Adventure Centre in Carrum Downs. This is great chance to try out rock climbing. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines. **Note: Rockclimbing is an adventure based activity and has some element of risk and therefore the possibility of injury associated with being involved. Students will be involved in climbing a range of indoor rock faces at the centre whilst being belayed by other students. Parents please note; there is a cost associated with this Activity. The cost covers transport, hire of facility, use of safety gear and qualified instructors. Cost: \$60**

★ Indoor Hockey / Floorball and Ball Games (Yrs 7-10) Mr Elmi

Come and enjoy a variety of ball games and an old Woodleigh favourite called Floorball (Indoor Hockey). This is a fast and furious game. Best described as a mixture of ice and field hockey played indoors, its lightning speed and team orientation ensures lots of excitement and fun. Why not give it a go? Sessions will be held at Somerville Recreation Centre or in the Woodleigh Gymnasium or on the Multicourts. Transport via Driver Coastal Bus Lines. Students must have their sports gear and runners for every session. **Note: We strongly advise that students involved in Floorball should use a mouthguard as the potential for dental injury is reduced if an individually fitted mouthguard is worn. Parents please note: there is a cost for this Activity. The cost includes transport and use of facilities and equipment at Somerville Recreation Centre. Sunsmart applies.**

Tennis (Yrs 7-10) Mr Scott, Mr Malau

During this Activity you will be coached by a local professional tennis coach. Experienced and inexperienced players are welcome. You will develop your skills, rotate through a round robin series of matches and just play for fun. The following is essential: sports gear, flat soled sports shoes and hat. A tennis racquet can be provided. **Sunsmart applies.**

Health, Lifestyle & Practical Skills

Cooking Outdoors (Yrs 7-10) Mr Adams

Come and share ideas and recipes for interesting, appetising and creative camp dishes. Each lesson we will explore a different style of camp cooking skills using a Trangia stove, cooking with minimum pots and ingredients that don't need refrigeration. We will also include using the dehydrator. This Activity will be beneficial to students in preparation for the Activities Week camps.

Junk Journaling (Yrs 7-10) Ms C Hall

A junk journal is a handmade book used as a way to collect and record memories, thoughts, ideas, and inspiration. Junk journals can be created from many types of paper, often recycled materials like patterned papers, vintage magazines, sheet music, envelopes, old story books, maps, cards and more. In this Activity you will learn the skills to help you create a journal from scratch, including hand-binding, stamping and decoupage, and then have the freedom to create journal pages from all sorts of vintage and recycled materials sourced from all over the place and designed to fuel ideas and inspire creativity!

\$ Learn to Dry Felt (Yrs 7-11) Ms Zetta Kanta

Come and learn the art of dry felting from international felt artist, Zetta Kanta, a Latvian artist who uses natural wools to create beautiful wearable felts and wall hangings. This is the perfect Activity to create a sculptural beanie for the annual Woodleigh Beanie Festival to be held in July. **Parents please note; there is a cost associated with this Activity. The cost covers materials and instruction from an internationally recognised professional. Cost: \$50**

Winter Walks (Yrs 7-10) Ms Ley

Venture out of the classroom, get some fresh air and explore some of the local areas on the Peninsula whilst enjoying a brisk walk. Places you may explore include; Seaford and Frankston Foreshore, Sweetwater Creek, Moorooduc Quarry steps, Ballam Park, Beauty Park, Langwarrin Flora and Fauna Park, Mornington to Mt Martha Trail, Devilbend Reservoir, The Briars Sanctuary and surrounds as well as in our own back yard. Transport via Budget Rosa Bus driven by a Woodleigh Staff Member or Driver Coastal Bus Lines. **It is recommended that students wear runners or sturdy shoes and carry a waterbottle and a waterproof jacket. Sunsmart applies.**

Health, Lifestyle & Practical Skills

Winter Warmers (Yrs 8-11)

Ms De Jong

Join us in the kitchen to develop your cooking skills and create a range of hot lunch and dinner meals, great for warming you up on a cold winter day. These recipes will focus on using a range of seasonal fresh produce and will compliment a healthy eating plan.

\$Yoga and Body Balance (Yrs 7-11)

This Activity will focus on postures, breathing, relaxation, movements and stretching whilst aiming to develop an awareness of the mind-body connection. You will have the opportunity to relax using self-chosen imagery, music and or muscle tensing. During the sessions we will explore other means of relaxation and mindfulness to enhance our wellbeing. Classes will be taken by a qualified Yoga teacher and Woodleigh staff member. **Parents please note: there is a cost associated with this Activity. The cost covers instruction from a qualified Yoga teacher.**

Cost: \$50

ICT - Technology

1979 Revolution: Black Friday (Yrs 9-11)

Mr Ryan

1979 Revolution: Black Friday is an adventure interactive drama video game where players control Reza Shirazi, an aspiring photojournalist, who returns to Iran amidst the Iranian Revolution. As he becomes more involved in the events of the Revolution, Reza is forced to make decisions in order to survive. Players make timed responses throughout the game, determining the outcome of the plot. They are tasked with taking in-game photographs of their surroundings and given historical background of the events. In this Activity, you will use 1979 Revolution: Black Friday to explore the events and dilemmas of the Iranian Revolution. Students will be expected to engage in discussions and complete a reflective journal/blog outlining their insights. Further resources will be used to deepen student understanding of the era. **This Activity requires parental permission and is restricted to students 15 years and older.** Visit www.1979revolutiongame.com for more information.

Advanced Photoshop (Yrs 7-11)

Mr Chapple

For those of you who have some Photoshop skill and experience but would like to extend your skills and find out what else is possible. We will look at a range of tools and ideas from how to make an oil painting from a photo, repairing old photographs, advanced selection techniques, straightening a crooked image, masking, adjustment layers and animations. These and others are some of the things you might want to learn.

AFL Data Analysis - Champion of Data (Yrs 7-11)

Mr Allsop

In this Activity, you will be working as a team, you will have access to DATA from the past 6000 AFL matches (It's a large Excel file). You will create an Artificially Intelligent model to predict the winner in any given match. Along the way you will develop an understanding of data analysis skills and processes. You will be attempting to make useful predictions using a Data Set that can intelligently adjust to the current year 2019.

Micro:bit Coding and Projects (Yrs 7-11)

Mr Pilgrim

The micro:bit is a pocket-sized, codeable computer that allows you to get creative. It measures just 4cm by 5cm, and is essentially a stripped-down computer which you can use to code and create anything you set your mind to! In this Activity we will use the micro:bit and the MakeCode block-based coding environment, to develop an understanding of programming and computational thinking. You will then use these ideas in a project of interest. This Activity is a great way to get into physical computing and tinkering and is a good stepping stone to devices such as an Arduino or Raspberry Pi.

Photography: Slow Motion Cameras and Film (Yrs 7-11)

Mr Vaughan

The world of high action cinema comes to a screeching crawl in this jaw-dropping Activity. Flames, water streams, exploding watermelons and even an atmosphere cannon are no match for the high-speed camera. Bring along your own projects and explore how to use and film high speed events in super slow motion.

Robotics: Using Lego Mindstorms EV3 (Yrs 7-10)

Mr Davies

In this unit you will create robotic models using Lego Mindstorms EV3. These robots will be given simple tasks to complete eg. Automated driving tasks such as object detection and reverse parking, line detection and guidance, sounds and lights to actions, etc. You can progress to more complex tasks as your skills develop and try your hand at the 'Robo-wrestle'. Robots will be coded using Lego's EV3 graphic block coding. No previous experience necessary.

Community Partnerships

Brian Henderson Reserve (Yrs 7-11)

Dr Simpson, Ms Darby

Are you interested in wildlife and the environment? Do you like being in the great outdoors? In this Activity you will support the day-to-day management of the Brian Henderson Reserve. You might feed the animals, contribute to enclosure set-up and maintenance, remove weeds, assist with pest animal control, plant new plants, collect bush foods, prepare animal meals, perform biodiversity surveys and carry out fence and track maintenance. Some tasks may also be performed outside the boundaries of the Reserve. If the weather is too hot/cold, we meet in the Science building and can tend to the animals kept there. **Closed-toe sturdy shoes required. Water bottle recommended. Sunsmart applies.**

AgHort and Sustainability Leadership (Yrs 7-11)

Ms Janky

This Activity unit will involve a variety of themes including the farm, sustainability and leadership. Students will develop and run sessions for a group of Minimbah Year 5 & 6 Activity students, assist with various farm related activities such as animal and plant care and be involved with preparation for the Bendigo Show. **You will need suitable clothing and closed-toe sturdy shoes. Sunsmart applies.**

Design, Build and Ride a Mountain Bike Skills Park (Yrs 7-10)

Mr Stephens

This Activity gives you the opportunity to improve your mountain bike skills in a purpose-built park. This Activity caters for beginners through to advanced riders. Students may bring in their own bike to use, or can share one of the fleet of 'dirt jumper' bikes, similar to large BMX bikes. They have only one gear, a very low seat and minimal suspension. Helmets are provided. Students who wish to work on track improvements are most welcome to using the set of shovels, rakes and wheelbarrows. Over the unit you will be asked to undertake some manual labour such as weeding or the spreading of mulch. Students are expected to dress appropriately for an active outdoor experience. **Closed-toe sturdy shoes required. Sunsmart applies.**

Event Management - 2019 Woodleigh Beanie Festival (Yrs 7-11)

Mr Burton

Have you always wanted to plan a Big Event? Do you have great ideas for coordinating a large social fundraising event and the drive and desire to see these ideas put into practise? Then this is the Activity for you. Working closely as a group, you will be introduced to event management planning processes while gaining practical skills and invaluable experience to apply to 2019 Annual Woodleigh Beanie Festival to be held in July. Along the way you will develop strong organisation skills as well as working in close collaboration with other students, teachers, school leaders, and the wider school community.

Knit a Beanie for the 2019 Woodleigh Beanie Festival (Yrs 7-11)

Ms Somkiat

Come together with other students and knit yourself a beanie and enter it into the annual Woodleigh Beanie Festival to be held in July. Using bought or donated wool, you will knit your beanie project using the knitting needles supplied, no experience is required. There may be help from external knitters, beginning and experienced crafters welcome!

Sew Eco-friendly Boomerang Bags (Yrs 7-10)

Ms Stuart

During this Activity you will learn how to thread a sewing machine, wind a bobbin, sew neat straight lines as well as use the zigzag stitch to neaten your work. You will be involved in cutting out the pieces for a simple Boomerang Bag and will learn how sew the pieces together to create colourful bags made from indigenous patterned fabric. This is a Community Service project and will look great on your CV.