

# Start your NDIS journey here

I am new to NDIS



**Check if you are eligible and apply for funding**

Contact NDIA  
1800 800 110 or visit  
[DisabilitySupportGuide.com.au](http://DisabilitySupportGuide.com.au)

I have NDIS approval



**Check if NDIS is available in your area**

## Building your NDIS plan

- 1 Collect information and reports about the supports you need
- 2 Planning meeting with LAC or NDIA planner to create your plan
- 3 Your plan is submitted for approval
- 4 Receive your approved plan and start accessing supports

## Managing your plan

### 01 NDIA manages your Plan



- Use ONLY NDIS registered providers
- NDIA coordinates your supports and pays providers for you

### 02 Use a Plan Manager



- Use both NDIS registered and unregistered providers
- Your plan manager coordinates your supports and pays providers for you

### 03 Manage it yourself



- Use both NDIS registered and unregistered providers
- You coordinate your own supports and pay providers directly

### 04 A Combination of 01 02 03



- Specific supports are coordinated by NDIA or Plan Manager
- Other supports are managed by you

**Plan Review** (usually after 12 months)

**Find supports in this Guide or on [DisabilitySupportGuide.com.au](http://DisabilitySupportGuide.com.au)**



**Disability Support Guide**

**Having trouble?**



**Waiting for approval?**

Contact your GP for alternatives or self-fund services

**Not eligible for funding?**

Contact your GP for alternatives or talk to an advocate

**Rejected for funding?**

You can appeal within 28 days