

# TRINITY COLLEGE

*Albury-Wodonga*

Newsletter 24

24 August 2012

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6049 3485

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## From the Principal

### Fathers' Day Chapel Service

The College warmly invites all our Dads and their sons and daughters to attend a Chapel service to mark Fathers' Day at 7:45 am on Friday, 31 August. Rev'd Lee Weissel will conduct the Chapel service which will be held this year in the main auditorium at the Wodonga campus of the College. Following the Chapel service a simple breakfast will be available for those who are able to attend.



This simple service and gathering is a great way to acknowledge and celebrate the important role that fathers play in the lives of their children. I hope to see you there!

### Parents & Friends' Meeting

Next Tuesday, 28 August the Parents & Friends' meeting will take place at the Albury campus, commencing at 7:00 pm. The P&F do a great job in quietly supporting the College in many areas. I am conscious that at the moment their main focus is on the preparation of this year's College Twilight Fete, which is to be held at the Albury campus on Friday, 19 October. An enormous amount of work goes into this major community and fund-raising event and therefore I would encourage parents and friends of the College to come along to next week's meeting and contribute to the planning of this year's fete!

The meeting will take place in the Board Room in the Administration Building, commencing at 7:00 pm sharp! The College is very grateful for the support of the P&F but it needs to be said that more people will assist in making this year's twilight fete another great success.

We hope to see a few more faces at the meeting!

### **Ten Tips for Talking to Your Kids About Anything**

*Below is an article from 'Parenting Tips' on the importance of parents talking with their children as they grow up and begin to encounter information that perhaps as parents, we find really difficult to discuss and manage. I commend this*



*article to all of our parents and acknowledge that it is often not easy to get this right with our children. Perhaps a few tips from this article might be useful as we navigate our way through some of the tricky topics of conversation that seem to appear when our sons and daughters are aged between 8 and 12?*

Raising a child is probably the most gratifying job any of us will ever have...and one of the toughest. In large part, that's because times have changed. We live in an increasingly complex world that challenges us every day with a wide range of issues that are difficult for children to understand and for adults to explain. Here are practical, concrete tips and techniques for talking easily and openly with young children ages 8 to 12 about some very tough issues: such as relationships, HIV/AIDS, violence, drugs and alcohol.

Some parents question the appropriateness of talking about such sensitive topics with *young* children. Maybe you're one of them. But consider this: our kids are already hearing about these issues from TV, movies, magazines, on the bus to and from school and their friends. If we don't talk with them early and often - and answer their questions - they'll get their facts from someone else. And we'll have missed an important opportunity to offer our children information that's not only accurate, but also in sync with our own personal values and moral principles. Make sense? We think so. So let's get started.

#### *1. Start early.*

Medical research and public health data tells us that when young children want information, advice and guidance, they turn to their parents first. Once they reach the teenage years, they tend to depend more on friends and the media. As a parent, you have a wonderful opportunity to talk with your child about these issues *first*, before anyone else can confuse your child with incorrect information or explanations that lack the sense of values you want to instil. We

need to take advantage of all "windows of opportunity" with young children and talk with them earlier and more often.

## *2. Initiate conversations with your child.*

While we want our children to feel comfortable enough to come to us with any questions and concerns - and thus give us the opportunity to begin conversations - this doesn't always occur. That's why it's perfectly okay - at times even necessary - to begin the discussions *ourselves*. TV and other media can be tools for this. Say, for instance, that you and your 12-year-old are watching TV together and a sexually explicit or suggestive advertisement comes on. You could ask if he or she agrees with how advertisers presented girls in that ad? Just one or two questions could help start a valuable discussion about respect of self and others. Also, when speaking with your child, use simple, short words and straightforward explanations. If you have more than one child and your kids are widely spaced, try to speak with them separately, even about the same subject. The reason? Children of varied ages are usually at different developmental levels, which means that they need different information, sensitivities and vocabulary.

## *3. ...Even about sex and relationships.*

If you feel uncomfortable talking about such sensitive subjects, particularly sex and relationships with your young child, you're not alone. Think about what makes you see as positive about these subject areas, and bring these positive feelings in to your discussions. Many parents feel awkward and uneasy, especially if they are anxious about the subject. Don't be. For your kid's sake, try to overcome your nervousness and bring up the issue with your child. Information in the media may not have the values that we want our kids to have.

## *4. Create an open environment.*

Young children look to us for answers only if they feel we will be *open* to their questions. It's up to us to create the kind of atmosphere in which our children can ask any questions on any subject freely and without fear of consequence. How do you create such an atmosphere? By being encouraging, supportive and positive. For example, if your child asks, "Mum, what's the 'pill'?" while you're negotiating a tricky turn in rush-hour traffic, it's perfectly okay for you to say something like, "That's an important question. But with all this traffic, I can't explain right now. Let's talk later, after dinner." And make sure you do. If it is a very young child, you might say "When you're a bit older, we'll talk *all* about that."

### 5. *Try to be honest.*

Whatever your children's age, they deserve honest answers and explanations. It's what strengthens our children's ability to *trust*. Also, when we don't provide a straightforward answer, kids make up their own fantasy explanations, which can be more frightening than any real, honest response we can offer. While we may not want or need to share all the details of a particular situation or issue with our child, try not to leave big gaps either. When we do, children tend to fill in the blanks themselves, which can generate a good deal of confusion and sometimes anxiety.

### 6. *Communicate your values.*

As a parent, you have a wonderful opportunity to be the first person to talk with your child about tough issues like drugs and violence before anyone else can confuse him with "just-the-facts" explanations that lack the sensitivity and moral principles you want to instil. For example, when talking with your child about sex remember to talk about more than 'the birds and the bees', and communicate your values. Remember: *research shows children want and need moral guidance from their mums and dads, so don't hesitate to make your beliefs clear.*

### 7. *Listen to your child.*

How many times do we listen to our children while folding clothes, preparing for the next day's meeting, or pushing a shopping cart through the supermarket? While that can foster togetherness, it's important to find time to give kids our undivided *eye-contact* attention.

### 8. *Be patient.*

Often it can feel like forever before a youngster gets his story out. As adults, we're tempted to finish the child's sentence for him, filling in words and phrases in an effort to hear the point sooner. Try to resist this impulse. By listening patiently, we allow our children to think at their own pace and we are letting them know that they are worthy of our time.

### 9. *Use everyday opportunities to talk.*

Kids often resist formal discussions. And don't forget, bed time is 'key' for a quality yarn!

### 10. *Talk about it again. And again.*

Repetition is perfectly normal, so be prepared and tolerant. Don't be afraid to initiate discussions repeatedly, either. Let a



little time pass, then ask the child to tell you what she remembers about your conversation. Correct any misconceptions and fill in missing facts.

Source: Expanded text at [www.healthresources.caremark.com](http://www.healthresources.caremark.com)

**Steven O'Connor**  
Principal

## From the Acting Deputy Principal

### Year 7 - 10 Parent Teacher Interviews



## Book School Interviews Online

You can now book interviews for the times that suit **YOUR FAMILY**.

Go to [www.schoolinterviews.com.au/home.code](http://www.schoolinterviews.com.au/home.code) and follow these simple instructions.

School event code  
**H4PHE**

Enter THIS school event code. Then follow the 3 simple steps.



When you click **finish**, your interview timetable will be emailed to you automatically - **check your junk mail folder** if you do not receive your email immediately.

You can return to [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) at any time, and change your interviews - until bookings close.

**BOOKINGS ARE NOW OPEN SO THAT ALL FAMILIES MAY BOOK AT THE SAME TIME**  
Interview times need to be strictly adhered to. If you require more time, please ask the teacher to make alternative arrangements. We are very keen to keep the interviews to the required time to ensure teachers and parents are not inconvenienced.

Interviews will take place on the following dates and times:

- Tuesday, 28 August 3.30 pm – 7.30 pm  
(Bookings close on Monday, 27 August)
- Thursday, 6 September 3.30 pm – 7.30 pm  
(Bookings close on Wednesday 5<sup>th</sup> September)

### **Year 11 HSC Textbooks**

Early next week, Year 11 will receive booklists for the subjects they are studying at HSC (commencing Term 4). As in previous years, books can be ordered online from Yorke Educational Centre. It is important that students have the correct textbooks for the start of the HSC course. Yorke have assured us that if books are ordered online by Monday, 10 September, they will be available for pick up at the College on Monday, 8 October.

Students who are purchasing their text books second hand must understand that Year 12 students will still require their books in Term 4. The HSC examinations do not conclude until the end of week 5. Year 11 students cannot afford to be without textbooks for this length of time.

### **Second-hand Textbooks**

After the positive feedback the College received last year from parents who sold textbooks at the end of the year through Sustainable School Shop, it has been decided to continue with the same system in 2012.

For those parents who like to be organised early, see below.

Sell previous years unwanted Second-hand Textbooks?

### **Hurry it is FREE to do this**

Now is the time to advertise all those unwanted textbooks via the Sustainable School Shop's Second-hand Textbook Trading System. List your books for sale now, and they will be the first to sell at the busy end of year trading (Ads last 12 months). Simply register at [www.sustainableschoolshop.com.au](http://www.sustainableschoolshop.com.au) and follow the [prompts](#). Excellent Helplines are provided by the Sustainable School Shop, please call 1300 683 337.



**Malcolm Thomas**

Acting Deputy Principal

### **Coffee Shop - Albury**

Don't forget that the Coffee Shop is open every Tuesday and Friday from 7.35 am – 8.30 am. Come and get your delicious coffee, chai, or hot chocolate from The Coffee Team. By the way, we have Soy!



## From the Campus Coordinator - Wodonga

### Campus Ski Trip

On Monday this week, 36 students, along with 25 parents and 3 staff members, enjoyed a fantastic day of skiing at Falls Creek. The weather was perfect and the snow conditions were even better, which all added up to a most enjoyable day! I commend the students on their overall good behaviour and offer a special thank you to all the parents who assisted on the day.



### Music



I would like to thank all of the students who participated in the Albury Wodonga Eisteddfod and the Kids on Stage Festival over the past few weeks.

At the Eisteddfod, the choir sang 'Miaou' and 'I Can See Clearly Now' and went one step further than last year when they took out 1<sup>st</sup> Place!

For 'Kids on Stage', the prep students wowed the audience with their tango dance before singing 'Frere Jacques'. Then it was the Year 4-6 dance troupe's time to perform their very polished 'Bollywood' dance along with their percussion rendition of 'Viva La Vida'.



Our choir also performed two items.

I was very impressed with the students' behaviour and proud of their efforts at both these events. We received positive feedback from a number of people, which is a credit to the students. Thank you to the parents who came along and assisted during these events.

**Chelsea Tilbrook**

Music Teacher

## Prep News



This week the Prep students have celebrated book week by bringing in their favourite stories to share with the class and writing about their favourite books.

We are all looking forward to dressing up as our favourite characters for the Book Parade next Thursday.

The students are constructing paper mache' caterpillars in art this term. They are enjoying this messy, sticky process. Any parents who can come in and help with art on Wednesdays would be much appreciated (Period 3 – 12.00 -12.50pm).

**Simon Fairall**

Campus Coordinator

## From the Senior School

### Year 12 D&T Display

Year 12 Design and Technology students have displayed creativity and innovative ideas during the design and construction of their Major Design projects. These projects will be on display in the Drama room for a limited time and students and parents are welcome to view the display. The display will be open from 3:30 pm to 6.00 pm Tuesday 4 September.

### Work Experience with Adriano Zumbo

Year 9 student, Emily Earl, made good use of the July school holiday period to participate in work experience with world renowned Pastry Chef, Adriano Zumbo.

Adriano Zumbo, makes regular appearances on Masterchef and is no ordinary patisserie. His cakes, desserts and pastries are a feast for the eyes and taste buds. Emily loves to bake and is considering a future career in the food industry. She eagerly accepted an invitation by Zumbo to work for a week in one of his kitchens in Sydney.

Emily's days were long but rewarding. No two days were the same. "It would take a whole hour to just gather and measure ingredients for red velvet chocolate cake. Butter arrived in slabs the size of a table and had to be portioned into 500g blocks. Or, 30kg of icing sugar had to be sifted. Everything was on a large scale." As well as working in the big kitchen, Emily experienced what it was like to work in the chocolate room (A dream for most of us!) and then take home any cut offs or products with imperfections, such as Rocky



⇐Emily pictured with Adriano Zumbo

Road, Macaroons, Marshmallows and glazed cherries dipped in chocolate. Her favourite activity was creating the ‘Caramel Truffles’. Learning about packaging and marketing was also part of the experience, placing stickers on containers, sorting through 5000 macaroons for imperfections or tying ribbons onto hundreds of boxes. Emily explained how Zumbo was very generous with his time and spent every day in the kitchen with her, talking, demonstrating techniques and inspiring her to pursue a career as a pastry chef. Congratulations Emily on taking the

initiative to organise such a wonderful work experience in your holidays and willingness to learn and develop skills in an area t

**Trish Pearce**

Food Technology Teacher

## Junior School News – Albury



Student's Name
Portia Mc Donnell (KDP)
Alicia Auwardt (KDP)
James McCarthy (KKM)
Charlie Shoemark (1KS)
Jack Quirk (1TO)
Kai Campbell (2AP)
Blake Elliott (2JH)
Kynan Brooks (3JT)
Scarlet Charlesworth (3SO)
Olivia Edwards (3SO)

Student's Name
Jaxon Solomon (4NP)
Alex Mackenzie (KDP)
Tara Swann (KKM)
Sophie Little (1KS)
Christian Edwards (2AP)
Oscar Bradbury (2JH)
Halle Baker (3JT)
Grace Wilson (3JT)
Evie Nelson (3SO)
Georgia Donellan (4NP)

Student's Name
Chloe Rodgers (4TC)
Aaron Smith (4TC)
Chloe Wise-Chalker (5SM)
Riley Wight (6EP)
Sophie King (4NP)
Nicholas Lockhart (4TC)
Ebony Trebilcock (5SM)
Angus Brown (5SM)
Joel Franks (6EP)



## Congratulations to our Deputy Principal Award Winners:

Name of Student	Year	Award
Bryhar Day	5CO	2
Lucas East	KKM	1
Hamish Bamford	1KS	1
Rohan Smith	6KW	2
Amy Smith	6KW	2
Corbie Walpole	6KW	1
Scott Baker	6KW	1

Name of Student	Year	Award
Rosie Bradford	3JT	1
Zac Bonetti	3JT	1
Abbey Dicketts	3JT	1
Phoebe Ziebarth	3JT	1
Grace Wilson	3JT	1
Caleb Reid	4NP	1
Sophie Bass	4NP	2

Maclayn Hallows	4TC	1
Isabel Kelly	3SO	1
Amelie Scott	1KS	1
Sophie Little	1KS	1
Jacqueline Ching	1TO	1
Dantae Dahmes	1TO	1
Bree Vandersluis-Christie	KDP	1
Madelyn Mansell	KDP	1
Grace Lord	KDP	1
Lana Heer	2AP	2
Christian Edwards	2AP	1
Kai Campbell	2AP	1
Amber Evans	5CO	1
Kate Bickerton	3JT	1
Alice Bradford	6EP	2
Campbell Parr	4TC	1

Oscar Hope	4NP	1
Sophie King	4NP	1
Reuben Sarkis	4NP	1
Annie Little	5SM	1
Ebony Trebilcock	5SM	1
Olympia Achillea	5SM	1
Angus Brown	5SM	1
Sienna Day	5SM	1
Melissa Hudson - Halford	5SM	1
Zahlia Hutchinson	5SM	1
James Wilson	5SM	1
Grace Trebley	5SM	1
Ethan Trevaskis	5SM	1
Caitlyn Fogg	6EP	1
Kate Moyle	6EP	2

**Chris O'Loan**  
Head of Junior School

## Junior Production News



What is so special about Grandad's wardrobe?

Every Sunday is the same. Boyd, Harmony and their three children, Rose, Daisy and Jimmy visit Grandad at the nursing home. Jimmy loves visiting Grandad but the girls are not at all happy! The nursing home is full of OLD people! Rose thinks old people are forgetful. Daisy says old people are smelly and boring! But Grandad has a secret that might just change their minds. Grandad has a special wardrobe, as do all the other residents, that will teach this family a few lessons.

Come and join them as they step back in time, and back to the music from the 1930's through to the 1970's. There's something special for all of us in Grandad's Wardrobe!

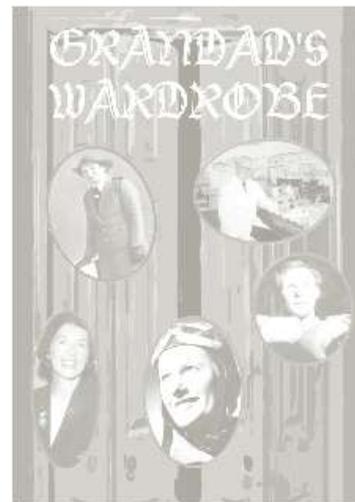
**Matinee:** 12.30 pm 13 September

**Evening:** 7.00 pm 14 September

## Admission:

\$12.00 Adults  
\$5.00 Seniors & Children  
\$30.00 Per Family

Tickets will be available soon and will be available to purchase for the evening production online. Tickets for the Matinee may be purchased at the door. *Please watch this space for further ticketing information.*



Sponsorship opportunities are open for this year's Junior Production  
The last day that we are able to accept sponsorship is **31 August**.

- **Gold Sponsorship (2 available)** \$500  
Full page Colour advertisement in the Programme + 8 complimentary front row tickets.
- **Silver Sponsorship** \$200  
Business 'logo' on sponsorship page in the Programme + 6 complimentary tickets.
- **Family Sponsorship** \$100  
Family name recognition in the Programme + 4 complimentary tickets.

Please call the Office to register your interest, and Mr Greg Davis will get back to you regarding the details.

## Costume Requirements

Year 3 – 6 parents, please check your child's diary for a list of costume requirements that were sent home last Wednesday. Should you have any queries regarding any of the above please do not hesitate to contact the following:

- Leanne Nixon [leanne.nixon@trinityac.nsw.edu.au](mailto:leanne.nixon@trinityac.nsw.edu.au)
- Tracey Bradford [tracey.bradford@trinityac.nsw.edu.au](mailto:tracey.bradford@trinityac.nsw.edu.au)
- Debbie Price [debbie.price@trinityac.nsw.edu.au](mailto:debbie.price@trinityac.nsw.edu.au)

## Vacation Care

Vacation Care forms are now available for collection from the Front Office or from the After School Care room. If you are unable to get in to collect one, please call us on **0423 845 646** and a form will be delivered to your child's class.

If you have any of the below mentioned items that you could donate, please leave them at the Front Office:

- Stockings (old & torn are fine)
- Plastic containers
- Egg cartons
- Margarine containers
- Wool
- Yoghurt cups
- Ribbons



**Stace Thompson**

After School Care and Vacation Care Coordinator

## Kid's Church @ St James's Church, Lavington

Kids' Church this Sunday, 26 August. 8.30am St. James' Lavington; 9.00am St. John's Thurgoona. For pre-school and primary age children.

**Fr Peter McKeague**

Parish of Northern Albury

## Correction to Music News - Albury

In last week's list of individual eisteddfod results, it mentioned that Leora Kelly received a Highly Commended for her 10 yrs & Under Duologue, when she and her partner actually received 1<sup>st</sup> place in this section. Congratulations Leora.

## T-MAC Fundraiser

Last Thursday the T-MAC students and parents held a Bacon and Egg Roll Fundraiser to raise money for the Relay for Life Team and for the ongoing costs of training and entering various events. As usual, the College community got behind this initiative and the morning was a crackling success with more than 150 rolls sold!

A very big thank you to everyone who supported us with a special mention to the Cavanough Family for the donation of the eggs, the Thurgoona Bakery for their support with the bread rolls, the many parents, teachers and students who assisted with the preparation and selling of the final product.



**Scott Melgaard & Jarryd Thurling**

## Tutorial Centre

### Answer Week 4

What comes next in this sequence? **N4**



### Question Week 5

#### Can you explain this behaviour?

A man lives on the twelfth floor of an apartment building. Every morning he takes the elevator down to the lobby and leaves the building. In the evening, he gets into the elevator, and, if there is someone else in the elevator -- or if it was raining that day -- he goes back to his floor directly. Otherwise, he goes to the tenth floor and walks up two flights of stairs to his apartment.

**Lyn Maxwell**

Head of Tutorial Centre

## Canteen News - Albury

Thank you to volunteers Raelene Weissel, Ellen Uniacke and Trudy O'Connor for your help during Week 5.

### Roster Week 6, Term 3

Month	Day	Helper
August	Monday 27	<i>Volunteer Required</i>
	Tuesday 28	<i>Volunteer Required</i>
	Wednesday 29	Ellen Uniacke
	Thursday 30	<i>Volunteer Required</i>
	Friday 31	<i>Volunteer Required</i>

**Margaret Cochrane**

Canteen Manager

## Uniform Shop

### Uniform Shop Operating Hours during School Terms

<b>Mondays</b>	8:30 – 10:00 am    2:30 – 4:30 pm	Cathy Katsoolis
<b>Tuesdays</b>	<i>Closed</i>	
<b>Wednesdays</b>	8:30 – 10:00 am    2:30 – 4:30 pm	Cathy Katsoolis
<b>Thursdays</b>	8:30 – 10:00 am    2:30 – 6:00 pm	Cathy Katsoolis
<b>Fridays</b>	8.45 – 9.30 am	Sue Smith

## Summer Dresses for Term 4

If you are requiring a new dress for term 4, these need to be **pre-ordered**. Please check your child's uniform requirements and place your order. No guarantee of delivery for term 4 unless the order is placed by **Tuesday 4 September**.



Lost property is overflowing! Please come and check for lost items. Uncollected lost property is disposed of at the end of each term.

### Cathy Katsoolis

Uniform Shop Manager



## P & F News

# Fathers' Day

### Albury Campus

- Wednesday, 29 August, from 9 am to 12 noon.
- Gifts will range from \$1 - \$10.
- Seeking volunteers to assist on the day.
- If you can help - please contact Megan Salan on 6026 2494 or Michelle Densley on 6025 0553 or email [mldensley@hotmail.com](mailto:mldensley@hotmail.com).
- Donations of gifts sought, please leave in the Father's Day box in your child's class or at the Office.
- Please leave donations before 28 August.
- Please send your child with a carry bag and an envelope clearly indicating your child's name, the amount of money enclosed and how many gifts are to be purchased?

### Wodonga Campus

- Wodonga campus will be holding our Fathers' Day stall on Friday, 31st August at 10.30 am.
- "Little Tackers" will also be able to purchase.
- Donations of items appreciated, and may be left with Mrs Phillips in the front office at Wodonga.
- Seeking volunteers to assist on the day. **Contact either Donna on 0428 691 336 or Susan on 0438 608 551.**
- Please remember to send your child in with a carry bag and clearly label an envelope with their money in it, if they do not have a purse/wallet.

**Albury - Please note, a maximum of 2 gifts per child may be purchased.**



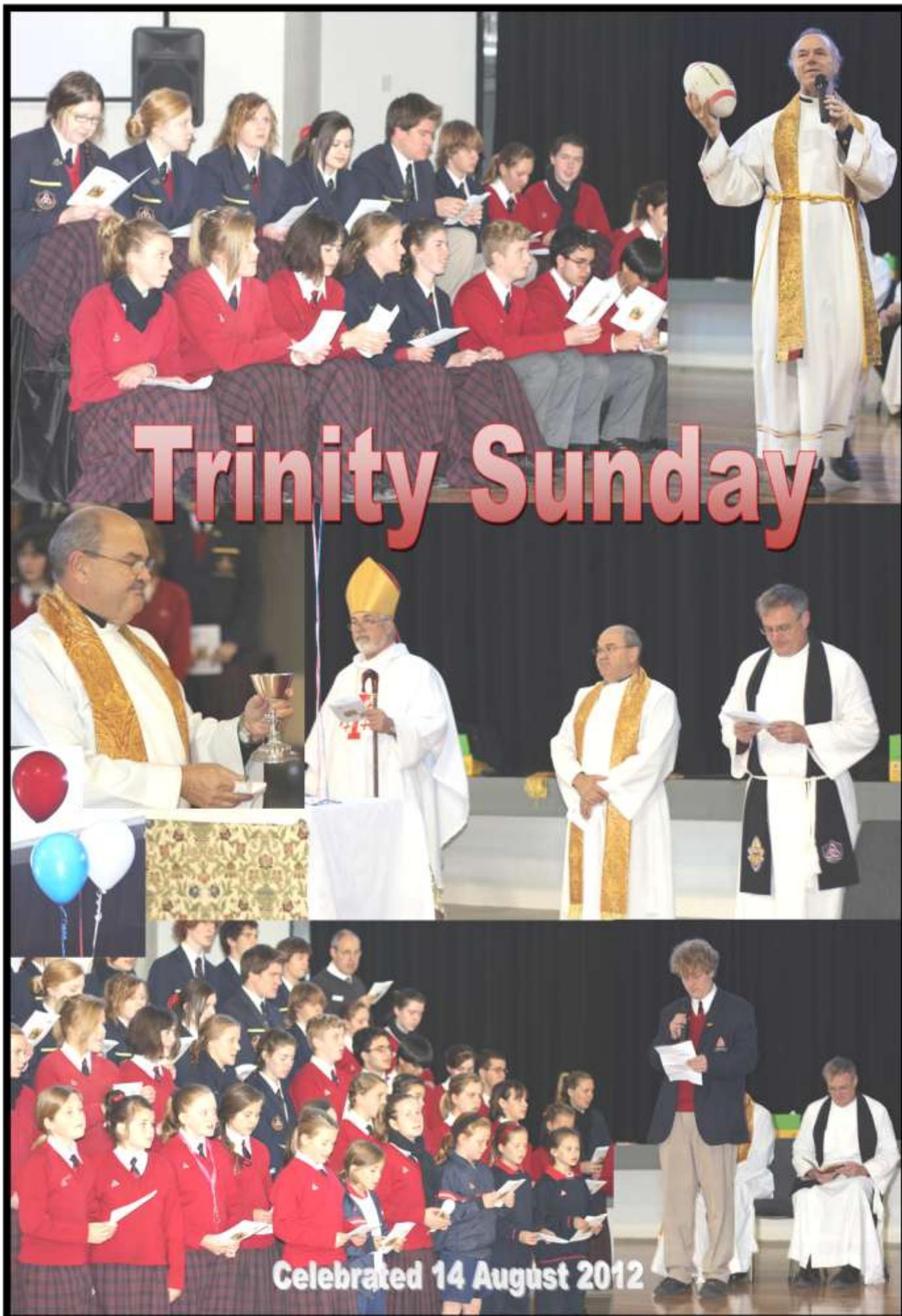
# 2012 Trinity College Twilight Fete



## Basketball News

The Albury Junior Basketball Summer season is due to commence at the start of Term 4. They are now calling for nominations for the summer season. If you are a current Trinity basketball player and would like to continue in the summer season could you please express your interest with your coach. Any new students who are interested can see Mr Payne for more details. Because it is a new season many students will need to move up into the next age group. The table below indicates which age group students will participate in according to their age.

Year of Birth	Age Group for Term 4 season	Year of Birth	Age Group for Term 4 season
2005	Under 10	2000	Under 14
2004	Under 10	1999	Under 16
2003	Under 12	1998	Under 16
2002	Under 12	1997	18 & Under
2001	Under 14	1996	18 & Under
		1995	18 & Under



# Trinity Sunday

Celebrated 14 August 2012