

Carbohydrate counting workshop for people with type 1 diabetes 2017



This is a hands-on half-day workshop delivered by our experienced dietitians, designed for people with type 1 diabetes aged 18 years and over.

The workshop is suitable for anyone who uses carbohydrate counting to adjust their insulin doses, including people using multiple daily insulin injections or on an insulin pump.



Topics include:

- Identifying carbohydrate and its role in health
- Importance of counting carbohydrate in type 1 diabetes
- Applying carbohydrate counting
- Practical and hands-on exercises on carbohydrate counting
- Pitfalls of carbohydrate counting

Dates:

Thursday 9 March 2017

Wednesday 19 July 2017

Wednesday 29 November 2017

Venue:

Diabetes Victoria

51 Leicester Street

CARLTON VIC 3053

Time: 9am – 1.30pm

Cost: \$50 Diabetes Victoria members

\$75 Diabetes Victoria non-members

Light morning tea and handouts will be provided. Bookings close 1 week prior to the program.

Send completed registration forms to:

Doreen Paes, Diabetes Victoria, 570 Elizabeth Street, Melbourne VIC 3000 or email:

dpaes@diabetesvic.org.au

For Melbourne enquiries please contact:

Doreen Paes on 03 9667 1728

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Tax invoice registration form

ABN 71 005 239 510

Name of participant: _____ Surname: _____

Postal address: _____

Telephone: _____ Work: _____ Mobile: _____

Email: _____ DV member number: _____

Dietary requirements: _____

Dates (please tick one):

- Thursday 9 March 2017 Wednesday 19 July 2017 Wednesday 29 November 2017

Cost (please tick one):

- \$50 DV Member \$75 DV non-Member

Payment details (please tick one):

- Cheque/money order (make payable to Diabetes Australia – Victoria) Invoice individual
 Credit card (please fill in details below)
- Visa MasterCard Amex Diners

Card number: _____ Expiry date: ____/____

Name on card: _____ Signature: _____

Train and parking information for Melbourne seminars:

The nearest train station is Melbourne Central and the nearest tram stop is at Queen Victoria Market. Tram routes 19, 59 & 57 travel along Elizabeth Street. Car parking is available at 162 A'Beckett Street and 58 Franklin Street. Early bird prices are available.

Terms and conditions:

Diabetes Victoria reserves the right to cancel, postpone or reschedule events where registrations are insufficient or due to unforeseen circumstances. Under these circumstances, registration payment will be refunded. If a participant is unable to attend the seminar, Diabetes Victoria requires 1 week notification for a full refund/re-schedule option. No refund will be available for cancellations with less than 1 week notice.

Funding to support this program is provided by the National Diabetes Services Scheme. The National Diabetes Services Scheme (NDSS) is an initiative of the Australian Government administered with the assistance of Diabetes Australia. The NDSS agent in Victoria is Diabetes Victoria.