

Tuesday 1 April 2014

## **Bike relay supports 30 places for children with diabetes at camp**

Cycling teams dedicated to spreading awareness of diabetes and raising funds for Diabetes Australia – Vic will take on the Murray to Moyne challenge on 5–6 April. A team from Diabetes Australia – Vic led by Prof Greg Johnson Diabetes Australia CEO will participate and HypoActive, a team of riders with type 1 diabetes who will face challenges on the relay that are more difficult than most, ensuring that their blood glucose levels are safe before each ride.

Together the teams aim to raise \$30,000 which will help fund over 30 children with type 1 diabetes to attend Diabetes Victoria Camps. Camps are vital for children with diabetes to learn how to manage their diabetes and meeting other children living with the condition in a safe, supportive and fun environment.

Diabetes Australia – Vic CEO Craig Bennett expressed his thanks to the riders. “For the past 11 years, cyclists in the Murray to Moyne have ridden to support children with diabetes. Taking part in this race sends an important message that diabetes shouldn’t stop anyone – children and adults alike – from being active regularly.”

Secondary school teacher and HypoActive cyclist Megan Hatfield has been living with diabetes for nine years.

“This is my second year riding with the HypoActive team, which is wonderfully supportive. Checking blood glucose levels is an extra challenge for us especially with such a long race, but we’re used to it and it’s part of life.

“I am required to test my blood glucose levels several times before, during and after the ride and make changes to my insulin intake to ensure I have good control. I also make sure to wear a continuous glucose monitoring device that provides real-time information about the speed and direction of the way my blood glucose levels are headed.”

In Victoria, 70 people develop diabetes every day, adding to the more than 260,000 Victorians already diagnosed and living with the condition.

You can support Diabetes Australia – Vic’s work to reduce the impact of diabetes by donating to Megan’s team at [m2m2014.everydayhero.com/au/hypoactive](http://m2m2014.everydayhero.com/au/hypoactive)

*Diabetes Australia – Vic is the leading charity and peak consumer body working to reduce the impact of diabetes.*

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