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Leading diabetes expert recognised by Victorian Honour Roll of Women

Diabetes Australia – Vic welcomes today's admission of Prof Trisha Dunning AM to the Victorian Honour Roll of Women in the lead-up to International Women's Day on Saturday 8 March. Professor Dunning is being honoured for her exceptional work towards improving the lives of people with diabetes.

Publishing several books and over 150 papers about diabetes since becoming a Diabetes Educator in 1984, Professor Dunning was also made a Member of The Order of Australia for her contributions towards diabetes nursing.

Professor Dunning is a board member of Diabetes Australia – Vic, a Vice-President of the International Diabetes Federation, Chair in Nursing and Director of the Centre for Nursing and Allied Health Research at Deakin University and Barwon Health in Geelong, where she combines clinical care for people with diabetes, teaching and research.

Diabetes Australia – Vic CEO Craig Bennett says that he is delighted that Professor Dunning has been awarded this Victorian honour. "Professor Dunning is one of the diabetes leaders, not only in Victoria, but globally. As the prevalence of all types of diabetes is increasing in Australia, I am delighted to have a health care practitioner of Professor Dunning's calibre in our own backyard, making such a significant contribution to society."

Professor Dunning's research interests focus on older people with diabetes and end-of-life care, diabetes self-care and health outcomes, holistic approaches to nursing management of people with diabetes, complementary therapies and the management of medicines for the impact on health outcomes.

"I am deeply honoured to be admitted to the Victorian Honour Roll of Women. I just do a job I love, and if it helps others that is a huge reward," said Professor Dunning.

Professor Maxine Duke, Head of the School of Nursing and Midwifery at Deakin University said that due to Professor Dunning's rigorous research, the experience of people living with diabetes has been significantly improved. "She is an exemplary role model for novice diabetes educators and budding researchers. The School is extremely proud to count her among our staff," she said.

Barwon Health's Executive Director Aged Care, Nursing and Midwifery, Dr Lucy Cuddihy, said the organisation was very pleased to see Trisha acknowledged in such a way.

"Trisha's ability to translate very complex information into evidence-based practice for both health professionals and consumers showcases her dedication to improving the health outcomes of all Australians. Barwon Health is privileged to be able to share in Trisha's journey as we both work towards building a healthier community," Dr Cuddihy said.

Diabetes Australia – Vic is the leading charity and peak consumer body working to reduce the impact of diabetes.

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