

# Empowered Ed Factsheet

## PLANTING GUIDE FOR OUTDOORS

### TIPS TO KEEP IN MIND WHEN DESIGNING.

- Experiment with a variety of plants.
- Keep in mind area you live/weather/seasons.
- Water wise planting. Mulches.
- Plants to grow quickly, harvest easily, and eat.
- Tough plants that will stand up to knocks & trampling.
- Beans & peas to create tee pees & tunnels.
- Add plants to invite insects & garden creatures.
- Colourful flowers for craft, science & math games, display, painting with.
- Sunflowers to pick, save seeds, make walls.
- Palm fronds make excellent materials for building with or making mats.

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- Large trees that offer shade and spaces to relax (Apple, Mulberry, Mango are good!)
- Tall grasses and clumping shrubs to create smaller spaces and hidden areas (Liriope).
- Smaller sensory plants like mossy grass, furry succulents, mondo grass (good for fairy gardens!)
- Ensure all plants in the play area are safe for children to touch or taste. See the safe planting guide handout for more information.