



## CLOTHES PAPER WRAP

### Materials you need:

- Large sheets of butcher's paper, newspaper or crepe paper.
- Sticky tape or Velcro dots
- Mirrors

### Setup for play:

- Stand in front of the mirror and use the paper to wrap around and around a child to form new 'clothes'. Encourage baby and toddler to watch you wrapping in the mirror. Older children can help to wrap each other up in the paper.
- Add some tape or a Velcro dot to seal the paper.
- See if they can figure out how to manipulate their bodies and the paper to get 'undressed'.
- You could also try this activity with material pieces or small sheets.

### What are they learning with this activity?

As the children wrap and move their bodies to undress they are learning to:

- Work together in a group with others
- Listen to and follow directions
- Use hand/eye coordination skills and demonstrate spatial awareness
- Strengthen fine motor muscles and control
- Recognise symbols and how things can represent other things
- Coordinate and strengthen their large muscles as they bend, stretch, turn and run.
- Explore the unique aspects of their identity through simple actions and play
- Strengthen self-help & dressing skills

### Extending the play:

- Give the children paper and go on a walk around outside. What can they find and wrap with their paper pieces?

