



MIRROR BOXES

Materials you need:

- Empty tissue boxes, shoeboxes or similar
- Reflective material like alfoil
- Glue

Setup for play:

- Wrap the boxes in foil – secure with tape or glue if necessary.
- Add the mirror boxes to a space children can easily access. Encourage children to look for their eyes, nose, mouth, hair etc in the reflective 'blocks'.
- Add a few to home corner or use as blocks to stack.

What are they learning with this activity?

As the children explore and manipulate the boxes they are learning to:

- Develop new vocabulary and language skills
- Become aware of connections, similarities and differences between people
- Explore the unique aspects of their identity through simple actions and play
- Show increasing independence and competence
- Use observational skills
- Exhibit curiosity, interest, and willingness to learn new things and have new experiences.
- Represent and label facial features that express feelings and emotions

Extending the play:

- Play a game where you show them a facial expression (happy, sad etc) and the children then try to do the same as they look into their mirror boxes.