



GLOVES IN WATER

Materials you need:

- 5 or more latex gloves
- Water
- Access to a freezer for storage overnight.
- Water tray or tub.
- Cups and jugs for pouring water.

Setup for play:

- Fill the gloves with water and tie off at the wrists. You might like to use coloured water for a little extra sensory interest.
- Put into the freezer and leave overnight if you can.
- When frozen, remove the glove to reveal the icy hands. Add to a tray or tub of warm water.
- Encourage the children to pour warm water over the ice hands and experiment with what happens as they begin to melt.
- Use descriptive words as the children explore and handle the ice and water.

What are they learning with this activity?

As the children handle the frozen fingers they are learning to:

- Develop new vocabulary and language skills
- Strengthen fine motor muscles, visual motor integration and control
- Use language and sound to communicate their thinking
- Challenge their sense of touch and sensory processing
- Use their senses to explore and choose natural materials
- Use their sense of touch, sight and smell to make choices and create
- Explore simple scientific concepts through play and hands on investigation
- Create with different mediums and textures
- Experiment with cause and effect
- Investigate the basic concepts of frozen and melted.

Extending the play:

- Freeze gumnuts, sago balls or similar in the gloves to create a different sensory aspect to explore.
- Freeze some small figurines or toys in the gloves for the children to try and uncover as they melt the ice.
- Freeze some water with paint added in ice cube trays. Turn out the coloured cubes and use to paint with on a table or paper. What happens as the ice melts? How is it different if you just add the ice cubes to paint?

