



SILLY SPOTS

Materials you need:

- Small colourful stickers or spots

Setup for play:

- Place the stickers on different areas of the body on each child.
- You can play this game in a couple of ways – ask the children to find the sticker on different parts of the body you call out like arm, elbow, nose etc.
- Or you could place different stickers on your own body and ask them to name the body part the 'red' sticker is on etc.

What are they learning with this activity?

As the children play the sticker game with you they are learning to:

- Recognise symbols and how things can represent other things
- Strengthen fine motor muscles, visual motor integration and control
- Use descriptive language to name their facial features and any emotions shown
- Develop a confident self-identity.
- Become aware of connections, similarities and differences between people.
- Explore the unique aspects of their identity through simple actions and play.
- Become more body aware.

Extending the play:

- Draw the outlines of toddlers on a large sheet of paper or cardboard then give them the stickers to place on different parts of their 'body' – ask them to name the part as they do. Provide pens and crayons for children to also draw their own faces on.