



SPIRAL STREAMERS

Materials you need:

- Crepe paper - a few different colours cut into strips
- Elastic hairbands or scrunchies
- Chalk/crayons/pencils
- Large sheet of paper or cardboard

Setup for play:

- Tie a few different coloured strips to each hairband (2 for each child or 1 if large group)
- Show the children how to put the bands on then make movements with their arms to create spiral type patterns and twists.
- As they become more confident with the movement ask them to go high and low, in an anticlockwise direction, behind and in front and cross over their body with large movements from the shoulder.
- When they tire pass out the drawing materials and ask who can draw the spirals they were making.

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What are they learning with this activity?

As the children twist and turn making patterns with their streamers they are learning to:

- Cross their midline and move in anti-clockwise directions
- Use descriptive language and become independent communicators
- Persist even when they find a task difficult
- Work together in a group with others
- Listen to and follow directions
- Use hand/eye coordination skills and demonstrate spatial awareness
- Express their ideas creatively to help make meaning
- Manipulate equipment and real life tools with increasing competence
- Strengthen fine motor muscles and control

Extending the play:

- Tie some thin pieces of string to a fence and show the children how to twist the pieces together to form a plait – a little like the action they were doing with the streamers.
- Tape some thick paper or card to a wall or fence, dip fly swatters into a tray filled with water colour paint then swat onto the paper using large arm movements. Encourage the children to go from one side to the other crossing their midline as they paint.
- Watch the song [‘The Twist’ performed by Chubby Checker on You tube](#) and encourage the children to dance and do the twist with you.