EXPLORING OUR WORLD - ACTIVITY GUIDE 16



Materials you need:

- A collection of different seed packets
- Pens or pencils
- Small envelopes or packets (able to be sealed)

Setup for play:

- Lay the seeds out on a table for the children to investigate, name and touch.
- Ask them to create a seed label for their envelopes and then match to the correct seeds
- Sort and add seeds to the envelopes. Send home or set up a shop for families to purchase the seeds!







EXPLORING OUR WORLD - ACTIVITY GUIDE 16

What are they learning with this activity?

As the children sort, classify and package the seeds they are learning to:

- Use hand/eye coordination skills and increase their spatial awareness
- Develop new vocabulary and language skills
- Recognise symbols and how things can represent other things
- Strengthen fine motor muscles, visual motor integration and control
- Challenge their sense of touch and sensory processing
- Express themselves creatively
- Use their senses to explore and choose natural materials
- Show increasing independence and competence
- Understand lifecycles and how food gets to our plates
- Respect and care for natural living things
- Understand the interdependence between land, plants and people.
- Classify, sort by category and group items together by similarities, patterns and differences
- Manipulate small objects using pincer movements

Extending the play:

- Collect some lids from empty jars, hand out glue bottles and squeeze into the lids. Arrange seeds or beans in the glue and press firmly.
- Leave to dry in the sun for 2-3 days then peel out of the lids, punch a hole and hang with a little string.
- Plant seeds from the newly created seed packets into the garden or set up a shop to sell the seeds to families.

.