



BABY BATH AND CHANGE

Materials you need:

- Baby dolls of different sizes and shapes
- Tubs or trays with some warm soapy water
- Sponges, clothes, scrubbers
- Towels
- Baby cloths
- Empty talc and moisturiser bottles.

Setup for play:

- Set up the tubs of water on some low tables or another flat, stable surface outside. Add a little dishwash liquid or bubble bath to make soapy water.
- On another table set out towels, baby doll clothes, nappies, empty talc bottles etc to mimic a baby change area.
- Encourage the children to use the cloths and sponges to clean the baby dolls then dry off and dress.

What are they learning with this activity?

As the children begin to select natural materials for their brew then mix it together in the cauldron they are learning to:

- Use their sense of touch, sight and smell
- Use descriptive language and increase their vocabulary
- Work together in a group with others
- Use hand/eye coordination skills
- Manipulate equipment and real life tools with increasing competence
- Strengthen fine motor muscles and control
- Use their play to imagine and explore ideas
- Use their imagination to explore real life events
- Show increasing independence and competence
- Nurture and care for others
- Do steps in a specific order/sequence

Extending the play:

- Add squeeze bottles and dolls with hair to the water tub so the children can 'shampoo' as well as wash.
- When baby is dry and dressed, sit down together, name the body parts and the clothes they are wearing.