



## ACTION WORD SONGS

### Materials you need:

- A selection of fast and slow music or songs
- Lots of room to move around

### Setup for play:

- Play music and call out some words describing familiar actions for children to do.
- Some easy ones to start with are jump, stamp, jog, hands in the air, hop, spin around.
- As they grow more confident increase the difficulty.
- Ask the children to think of their own action words for everyone to try.

### What are they learning with this activity?

As the children dance, move around to the music and try new actions they are learning to:

- Use hand/eye coordination skills, balance and coordinate large muscle movements
- Develop new vocabulary and language skills
- Strengthen fine motor muscles, visual motor integration and control
- Listen and respond to sounds and patterns in music and speech
- Use language and sound to communicate their thinking
- Manipulate objects to explore motion, cause and effect
- Listen to and follow directions
- Coordinate and strengthen their large muscles as they bend, stretch, jump, turn and hop.
- Understand basic position concepts.

### Extending the play:

- Make different sounds with your hands and ask if the children can copy you. Think tapping, clapping, shaking etc. Which sounds are loud and which ones are quiet?
- Sing Teddy Bear, Teddy Bear turn around and for each of the actions (like 'touch the ground') use a musical instrument to represent that action. Take turns leading and changing the actions and musical sounds.