



## BABY BATH AND CHANGE

### Materials you need:

- Baby dolls of different sizes and shapes
- Tubs or trays with some warm soapy water
- Sponges, clothes, scrubbers
- Towels
- Baby cloths
- Empty talc and moisturiser bottles.

### Setup for play:

- Set up the tubs of water on some low tables or another flat, stable surface outside. Add a little dishwash liquid or bubble bath to make soapy water.
- On another table set out towels, baby doll clothes, nappies, empty talc bottles etc to mimic a baby change area.
- Encourage the children to use the cloths and sponges to clean the baby dolls then dry off and dress.



## **What are they learning with this activity?**

As the children wash, dry and dress their baby dolls they are learning to:

- Use their sense of touch, sight and smell
- Use descriptive language and increase their vocabulary
- Work together in a group with others
- Use hand/eye coordination skills
- Manipulate equipment and real life tools with increasing competence
- Strengthen fine motor muscles and control
- Use their play to imagine and explore ideas
- Use their imagination to explore real life events
- Show increasing independence and competence
- Nurture and care for others
- Do steps in a specific order/sequence

## **Extending the play:**

- Add squeeze bottles and dolls with hair to the water tub so the children can 'shampoo' as well as wash.
- When baby is dry and dressed, sit down together, name the body parts and the clothes they are wearing.