



## WHO DO YOU SEE NAPPY CHANGE

### Materials you need:

- Photos of family members -ask parents and carers to bring a photo in
- Pictures of pets or other familiar animals
- Laminator or contact paper

### Setup for play:

- Laminate the photos or prints (use contact paper if you don't use a laminator)
- Display the photos on a space near the nappy change table – somewhere baby or toddler can easily see.
- Ask 'Who do you see?' and then name the family member or special person to that child each time.
- You could also display pictures of the pets and animals and ask the name of the pet along with what sound it makes.
- This simple activity provides a fantastic opportunity to connect with the child while changing nappy – helping her/him to feel safe and secure.



### What are they learning with this activity?

As the children look at their photos and interact with you at nappy change time they are learning to:

- Develop new vocabulary and language skills
- Recognise symbols and how things can represent other things
- Feel a sense of belonging and stability
- Show increasing independence and competence
- Explore the unique aspects of their identity through simple actions and play
- Understand connections between people
- Feel recognised and respected for who they are.
- Develop a confident self-identity.

### Extending the play:

- Set up family photos at baby eye level at different areas of the daily environment.
- Ask family for photos of baby or toddler's special people and things (preferably with the child also in the photo). Print, laminate and create a small, easy to hold book by punching a hole in the corner of the cards and adding a plastic curtain ring. Read a story together mentioning her name often. Keep it short.

