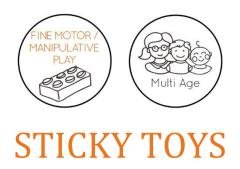
# FINE MOTOR / MANIPULATIVE PLAY - ACTIVITY GUIDE 71



### Materials you need:

- A roll of contact sticky paper clear.
- Masking or duct tape
- Selection of small toys

### **Setup for play:**

- Tape a large square of contact paper to the floor (flat, stable space)
- Place the a few of the toys onto the sticky paper and press firmly.
- Encourage children (babies love this game!) to pull their favourite toys off the sticky sheet.
- If you have a large group of children set up a few 'sticky stations'.
- Younger children find this quite the challenge, so it is excellent for strengthening perseverance and a sense of achievement.

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### What are they learning with this activity?

As the children attempt to grasp and pull the toys they are learning to:

- Use hand/eye coordination skills and concentration
- Manipulate small objects using pincer movements
- Strengthen fine motor muscles, visual motor integration and control
- Manipulate equipment and real-life tools with increasing competence
- Persist even when they find the task difficult
- Work independently on a project
- Listen to and follow directions
- Work together in a group with others
- Problem solve and make decisions to meet their needs
- Challenge their sense of touch and sensory processing

#### **Extending the play:**

- Use the contact sheets to create a sensory path. Hold toddler's hand as they walk over the sticky surface. They will need to pull their legs up high to get them off the paper challenging those gross motor skills.
- Do the activity outside and encourage children to collect leaves, flowers, twigs and other items from the yard to create a group sticky picture.

