



THE STUFFED SHIRT

Materials you need:

- A collection of scarves, ties and fabric scraps (check your op shop!)
- Large stretchy t-shirt to pull on over your own clothes

Setup for play:

- Before you are about to play put on the shirt and tie a few of the scarves, material and ties together to form one long length.
- Scrunch up all of the scarves and poke them down your stretchy shirt (a dark colour works better so they can't see through). Leave the tip of the last scarf/tie poking out the top or bottom of your shirt.
- Sit down with the babies and show the tie that is sticking out – begin to pull on it to show what happens. Give the end to a child and encourage them to pull on it to reveal more and more. Where are they coming from?
- When they get to the end, poke them back in and give someone else a turn to pull and reveal.

What are they learning with this activity?

As the children pull and reveal the scarves and ties they are learning to:

- Use hand/eye coordination skills
- Use their imagination
- Strengthen fine motor muscles, visual motor integration and control
- Use language and sound to communicate their thinking
- Express emotions and use gestures.
- Experiment with cause and effect
- Interact socially with others
- Understand the concept of object permanence