CONNECTING THROUGH COMMUNICATION- ACTIVITY GUIDE 116



Materials you need:

• A set of plastic measuring cups – that's it!! (You might want a few sets if you have a larger group of babies)

Setup for play:

- Give baby 2 of the cups to start with and show her how 1 fits inside the other.
- Now let baby try to put the cups inside each other on her own. When they have mastered that skill add another cup.
- Use the words big, small, fit inside as she works on her cups.
- Leave the babies to experiment with the cups and find other things to put inside of them if they want to.

What are they learning with this activity?

As the babies explore the measuring cups they are learning to:

- Use their hand/eye coordination skills and the concept of spatial awareness
- Strengthen fine motor muscles, visual motor integration and control
- Express emotions and use gestures.
- Understand different sizes, volume and depth perception
- Solve a simple problem
- Explore and investigate using their senses
- Acknowledge and accept affirmation
- Develop emerging language skills