ENCOURAGING IDENTITY & INDEPENDENCE - ACTIVITY GUIDE 124





SUNGLASSES & EYES

Materials you need:

- A selection of different sunglasses (raid the closest op shop!)
- Small Perspex mirrors or real mirrors sourced from the op shop
- A table or stable surface to rest the mirrors on vertically (ensure they won't fall over).
- Pictures of the children's' eyes printed out (you might want to laminate or enclose in contact paper)

Setup for play:

- Set up a few mirrors so they are easily accessible if a child is sitting in front of them.
- Put a basket of sunglasses in front of the children to explore and try on
- Stick photos of children's eyes on the wall at child height. Look at them together as a group and try to name which eyes belong to who.
- Look in the mirror at eyes with sunglasses off then on can you find the photo that matches? How do things look different with sunglasses on? What colour are their eyes?

What are they learning with this activity?

As the children search for their own eyes and identify those of their friends they are learning to:

- Use descriptive language to name their facial features and any emotions shown
- Become aware of connections, similarities and differences between people
- Explore the unique aspects of their identity through simple actions and play