



## SHADOW ART

### Materials you need:

- Chalk
- Open space with few clouds
- Sunny day!

### Setup for play:

- Walk outside together on a sunny day and find your shadow
- Use the chalk to draw around and define the body shadows
- Try out different positions to trace around
- Help to colour in each other's shadow outlines
- Take photos of the creations to display!

### What are they learning with this activity?

As the children find and draw their shadow they are learning to:

- Use hand/eye coordination skills and increase their spatial awareness
- Develop new vocabulary and language skills
- Strengthen fine motor muscles, visual motor integration and control
- Use descriptive language to name their facial features and any emotions shown
- Become aware of connections, similarities and differences between people
- Explore the unique aspects of their identity through simple actions and play

### Extending the play:

- Make your own colourful chalk paint using smashed chalk and a little water mixed together. Fill in the body of the shadows with different colours.