



POWDER PUFF DAB

Materials you need:

- 2 x large powder/talcum puffs – you can usually find them cheaply in the \$2 store or chemists

Setup for play:

- Give a large powder puff to baby when changing his/her nappy.
- Let him investigate, feel, move it around and explore.
- Rub the powder puff around on his tummy then say 'boo' and tickle. Repeat with other parts of the body but each time you touch a new part name that part clearly.

What are they learning with this activity?

As baby feels the puff on their body as you name the parts they are learning to:

- Follow objects with eyes as they move around (visual tracking)
- Develop listening skills
- Become aware of names for his/her body parts
- Explore using the senses
- Interact socially and show anticipation and surprise
- Develop new language skills and vocabulary
- Trust, show emotions and use gestures

Extending the play:

- Add a strip of Velcro to back of a garden glove and stick a small soft toy on the Velcro so it is sitting on the back of your hand. Wiggle in front of baby then move forward and placing glove on a body part suddenly say, 'got your leg'....'got your arm' etc. then tickle that part and play again.