



THE *effectology*™ M E T H O D

TRANSFORM INTO THE MOST
PROSPEROUS & ABUNDANT
VERSION OF YOU

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LIFE ON PURPOSE



1.3

THE BEST VERSION OF YOU

the me I see...

THE effectology
METHOD

The Process:

- now that you know who you have to BE, write out the action steps that will help you achieve that.
- what is the very first baby step you can take towards some of those things?

Share in group:

- The description of your evolved self.
- How do you feel about it?
- Baby steps you can take THIS WEEK.

Live Call:

- Help & discussion.
- Brainstorm action steps.
- Bring your manifesting questions!