

THE **effectology**[™]
M E T H O D

TRANSFORM INTO THE MOST
PROSPEROUS & ABUNDANT
VERSION OF YOU

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LIFE ON PURPOSE

Module 3

Become a Super Magnet



3.1

ACCESS YOUR POWER

MASTER THE SIMPLE THINGS

THE effectology™
METHOD



3.2

YOU GET
TO CHOOSE

EACH MOMENT HAS POWER

" Stop letting people
who do so little for
you, control so much
of your mind, feelings
& emotion

WILL SMITH

Every moment
is a new choice

Use your Super Powers
for good, not evil

Use Doubt In Reverse

You are an
electromagnetic being

Thought Connects
Feeling Attracts

Intention + Vibration

Start High

+

Stay High

Intention:

- The Grid
- Power Words
- Micro Intentions

Stay High:

- Happy Habits

Power Words:

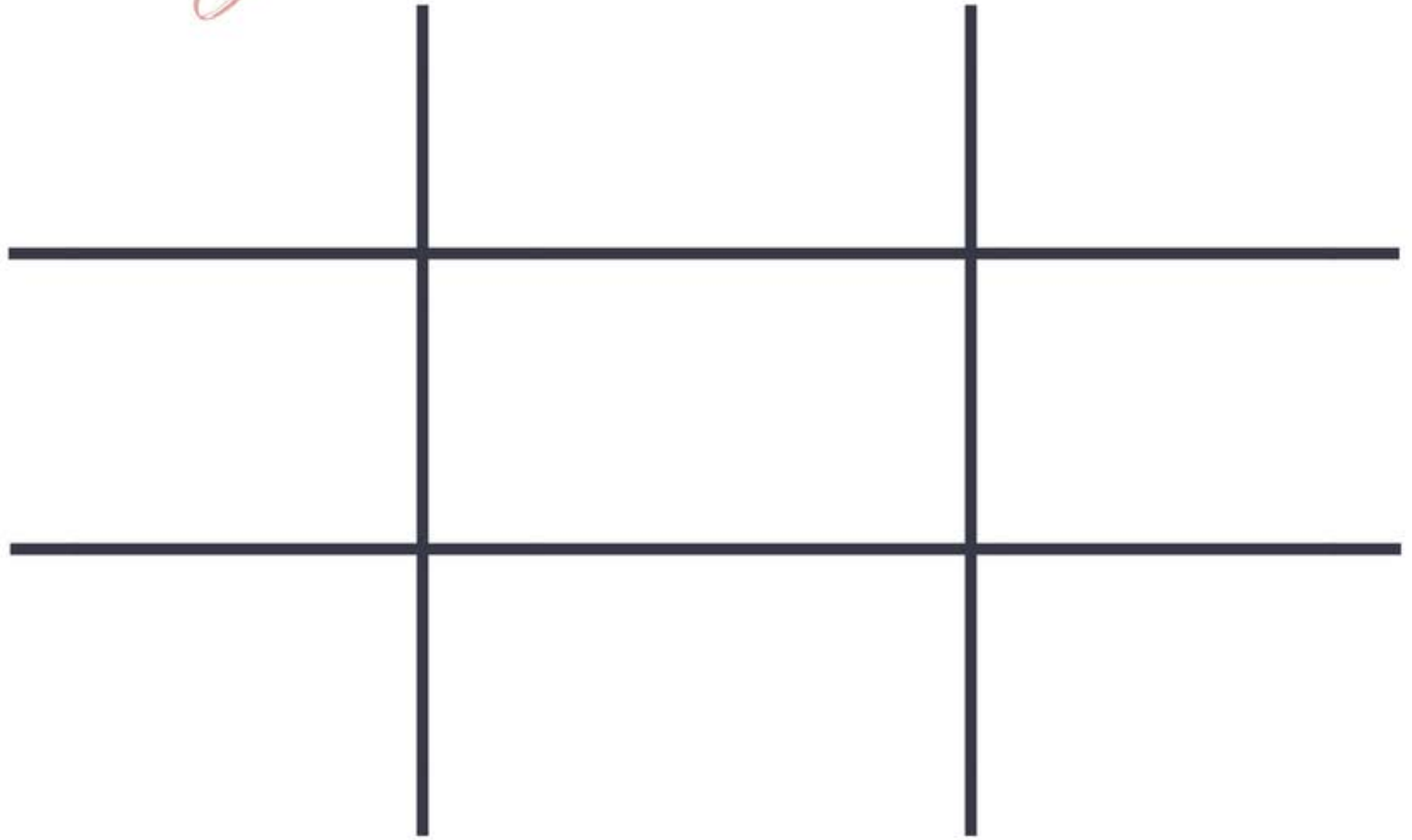
I am ...

- Worthy
- Abundant
- Brave
- Inspiring
- Joyous

Happy Habit Tracker



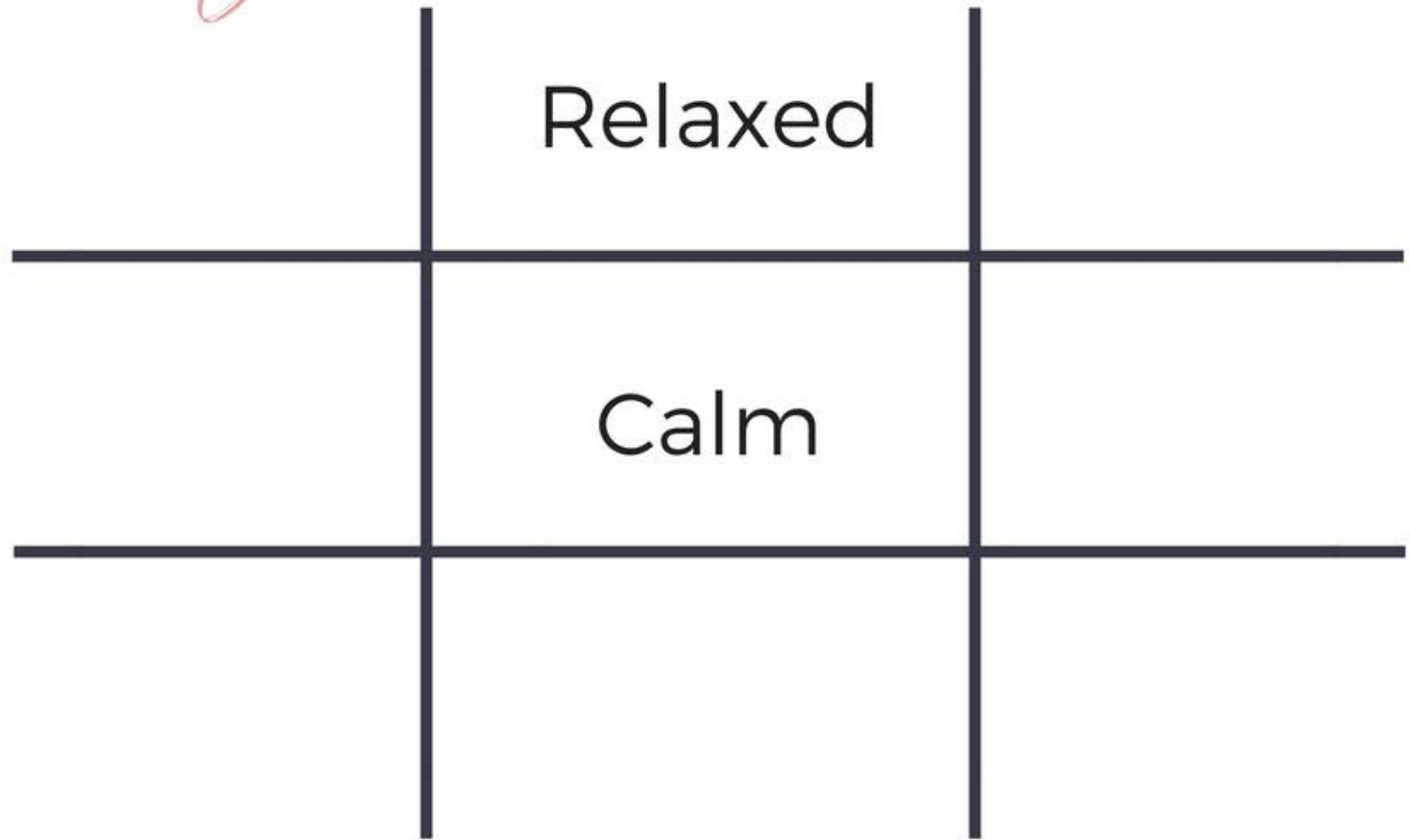
The Grid:



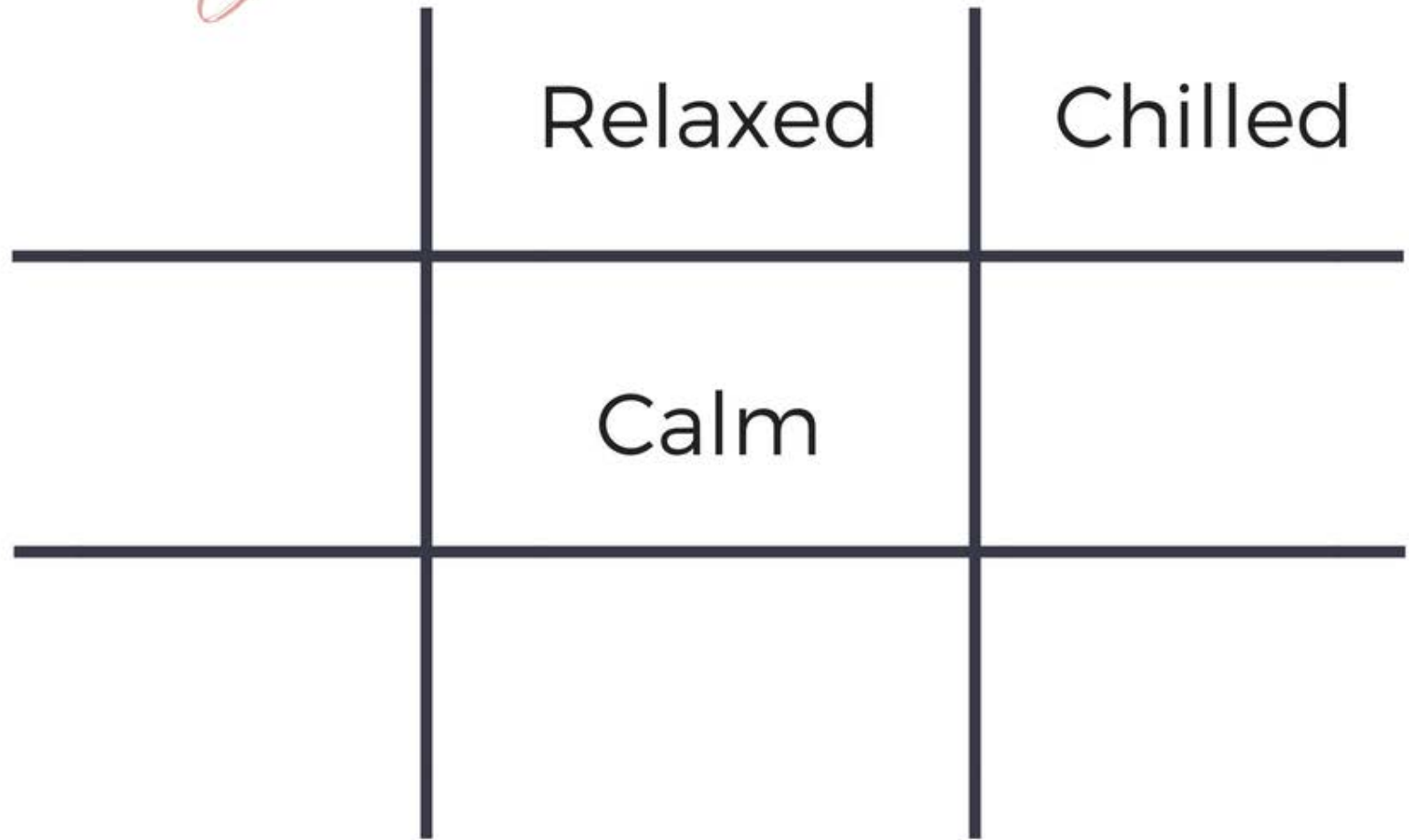
The Grid:



The Grid:



The Grid:



The Grid:

	Relaxed	Chilled
	Calm	Easy

The Grid:

	Relaxed	Chilled
	Calm	Easy
		Simple

The Grid:

	Relaxed	Chilled
	Calm	Easy
	Sure	Simple

The Grid:

	Relaxed	Chilled
	Calm	Easy
Certain	Sure	Simple

The Grid:

	Relaxed	Chilled
Guided	Calm	Easy
Certain	Sure	Simple

The Grid:

Aligned	Relaxed	Chilled
Guided	Calm	Easy
Certain	Sure	Simple

The Process:

- Start the day on a high vibe (appreciation)
- Combine it with intention (instruct the field)
- Give yourself little boosts along the way to become more stable in your alignment

The Process:

- List your Power Words - pin them up
- List your Happy Habits
 - pin them up
 - start a tracker
- Start doing a daily intention grid over breakfast
- AUDIO: Setting an intention

Share in group:

- #PowerWords
- #HappyHabits

BUDDIES:

- share happy habit trackers every couple of days
- share intention grids DAILY (#intention)
- always TAG each other!

Live Call:

- Practise Grids
- Practise micro intentions
- Discuss Happy Habits & Power Words
- Bring your manifesting questions