

# Bushfire Care Navigation Support

- Do you need help after the recent bushfires in the Shoalhaven?
- Are you finding it hard to navigate all the grants and help out there?
- Don't know where to turn?
- Feeling overwhelmed?

We will listen to your needs and help you access things like:

- Financial assistance
- Housing or accommodation support
- Mental health services
- Legal advice
- Parenting support
- Counselling and mediation

Call 1800 663 863 Monday- Friday 8am-6pm or email us at [familyreferral@barnardos.org.au](mailto:familyreferral@barnardos.org.au) to make a referral

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