



# Summer Fun

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**READY SET  
HYDRA**

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Summer packages  
just for you

**E N R I C H**

DERMATOLOGY

COSMETIC CLINIC

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# Summer, Skin, Fun!

Welcome to Summer and the festive season. A time to be with family and friends and enjoy our wonderful long summer.

Of course, we couldn't pass up this time without sending out some special summer packages designed just for you. We're highlighting some of our favourite treatments and giving you some serious "packaged up" love on some of the new treatments that have been introduced to our clinic this year.

Summer is one of our favourite times of year and we all know the importance of 50+ sunscreen for the silly season. As the largest organ in our body, our skin needs us to take good care of it, so please slip, slop, slap.

We are only taking a short break over the holiday season and are open until the 21st December, then return on the 2nd of January, so book ahead for your post-festivities pick-me-up.

All of us at ENRICH would like to thank you all for your patronage over the past year. We have had the privilege of sharing in your skin success and wellbeing. We would like to take this opportunity to wish you and your family a safe and happy new year.

Enjoy!

The ENRICH Team



## 50+ FOR SUMMER FUN

Despite the fact that Australia has the highest rate of skin cancer globally, The Annual Sun Safety Survey Report shows that

- + One in five (19.8%) respondents do not use sunscreen as a sun protection measure.
- + Among sunscreen users, more than half (51.0%) admit to only using sunscreen when they remember to and most (57.0%) admit they do not use sunscreen daily.
- + Only two in five (41.9%) Aussie parents say their children use sunscreen daily regardless of their activities.

At ENRICH Clinic, we are always talking up the best skin care treatment and that is 50+ sunscreen... not 15+, not 30+, but 50+.

The Skin and Cancer Foundation annual research report publishers say they are continually astonished by the lack of sunscreen used despite skin cancer having increased public awareness.

The slip, slop, slap of an Aussie Summer should be a year-round mantra. Of course, being Australian means we love our beaches, pool, our summer sport and our lifestyle and that means the sun is both our friend and foe.

Let's make it less of a foe and bring on the 50+ wherever we are having our summer fun.

\*The Australian Sun Safety Survey Data Report

<https://www.skincancer.asn.au/news/2098/sun-safety-survey-data-report>

# 5 THINGS NOT TO DO AFTER A DERMATOLOGY TREATMENT FOR ACNE

1

**HAVE A FACIAL** - Acne develops in the sebaceous glands, which can cause clogged pores and provide a food source for bacteria. As soon as you lather more topical creams on top of an already inflamed area, you are providing a perfect ground for acne to spread.

2

**PICK YOUR FACE** - Picking and squeezing acne can cause scarring and pitting. Sometimes the skin can recover from this depending how deep the wound has gone but, en masse, this can be tricky.

3

**USE COMMERCIAL, NON-MEDICAL GRADE CREAMS AND SERUMS** - These creams and serums from cosmetic counters may feel and smell good but they have no therapeutic benefit and can sometimes do more harm than good. See point 1.

4

**NOT FOLLOW YOUR DERMATOLOGIST'S INSTRUCTIONS** - You've paid for their many years of expertise. They are there to help you solve your acne problem. Why wouldn't you follow their direction to the letter? The treatment may require a certain regime and a few visits, but expertise is everything.

5

**TRY AUNTY MARYS HOME REMEDY JUST IN CASE** - See points 1 through to 4.

# OUR FAVOURITE "SUMMER READY" TREATMENTS

## DERMA FILLERS

Targets: Fine lines around the facial area  
Cost: from \$275-\$750 for 1 ml filler type depending  
Downtime: 1-2 days  
Frequency: 3- 6 months

## HAND REJUVENATION

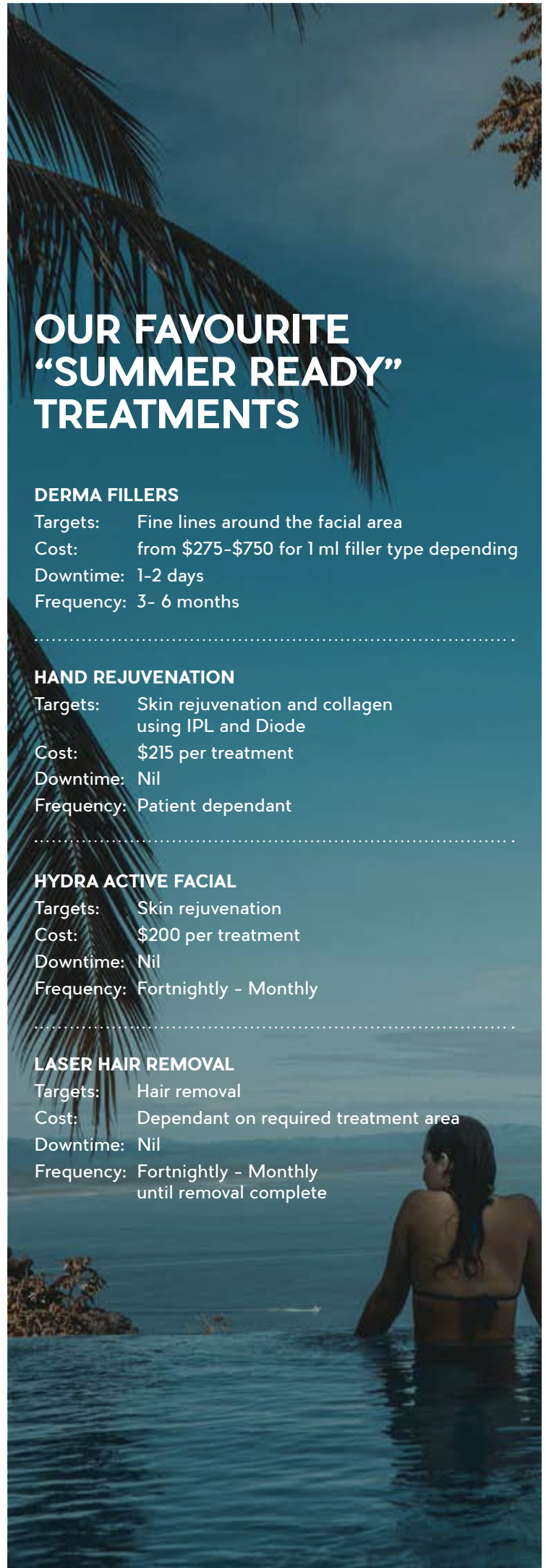
Targets: Skin rejuvenation and collagen using IPL and Diode  
Cost: \$215 per treatment  
Downtime: Nil  
Frequency: Patient dependant

## HYDRA ACTIVE FACIAL

Targets: Skin rejuvenation  
Cost: \$200 per treatment  
Downtime: Nil  
Frequency: Fortnightly - Monthly

## LASER HAIR REMOVAL

Targets: Hair removal  
Cost: Dependant on required treatment area  
Downtime: Nil  
Frequency: Fortnightly - Monthly until removal complete



INTERVIEW


Dr.  
MARIA  
MILONE



+ DR MARIA MILONE TALKS

# Fat dissolving injections





When you think of your face and the cosmetic injectables available, most people go straight to the use of fillers and antiwrinkle injections but there is another injectable that is helping people face the ticking of time.

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“I’ve been working with fat dissolving injections for years and the results are just getting better and better. It also has an element of discretion that many people like” says Dr Maria Milone.

“There is a limited down-time and if you are looking for something that works to decrease a “jowly” look around your facial area, or want to be a little more discreet about removing the fat under your chin, this could be for you”

Fat dissolving injections are basically made up of a soybean extract and deoxycholate acid - very similar to the substance we have in our bodies that breaks down fat.

The substance is injected into the fat pad, swelling the area and gradually breaking it down over a certain amount of time. The patient may feel a little hot after the injection and the treated area maybe a little itchy or bruised, post treatment.

A patient usually requires 3-6 treatments, depending on the treated area (s) but it is a non-surgical, slow and steady treatment that is more discrete than the gold standard, liposuction. At ENRICH, all our injectables are performed by our experienced, fully qualified doctors and our fat dissolving treatment program is no exception.

“Treatments can easily slip into a patients’ routine. Patients will look a little swollen post treatment for a few days, but only they may notice. Alternatively, people might think you have just put on a little weight and the pacing of treatments to a final result will also enhance the discretion.” says Dr Milone “We are getting the best results in the facial area treating the jowl and the chin areas.”

There are quite a few brands out there, and often a clinic or doctor works closely with a particular pharmacist that has expertise in this area to give the patient, the best product available for their skin.

Always ask your doctor about the product selected for your treatment and its suitability for your needs.

#### HOW DO FAT PADS OCCUR IN OUR FACE?

As we age our fat pads move and we accumulate fat and our fat pad are hard to move.

Fat pads occur for a number of reasons :

- + Genetics
- + Aging
- + Diet

“Aging is the most common cause, as when you age you lose bone and your skull changes shape. Your face is obviously made up of skin, bones, muscle and fat. If you need to revolumise or recreate and facial line, a filler is the suggested injectable. If you need to remove fat that has moved or is in the wrong place such as under your chin or creating “jowls”, a fat dissolving injection treatment is the obvious choice. You can also use both these treatments in combination and of course, with all of our patients, setting a treatment plan up is always the best way to go” advises Dr Milone.

“The face is a delicate area so a less invasive approach over a period of time can be a very good way to do it. Also, to your family and friends, the change is gradual and subtle, so if you want treatment that is a little more private, fat dissolving injections is one of the best ways to go for jowl reduction.”

Come in for a consult with Dr Maria Malone at ENRICH Clinic. She is at ENRICH Clinic Monday, Thursday and Saturday.

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Dr Maria Milone is a practicing GP and a cosmetic physician with over 14 years experience in skin procedures, laser technology and injectables. Dr Milone is a regular local and international conference attendee, continually researching appropriate treatment options for her patients.

Dr Milone is a Fellow of, and an examiner for the Cosmetics Physicians College of Australasia(CPCA).

# The Ultraformer at ENRICH

At ENRICH we LOVE.... the Ultraformer!

It's an innovative treatment that gently lifts, contours and tightens the face for a more youthful complexion. It uses both micro and macro focused ultrasound energy which targets precise depths and layers of the supporting tissue of the skin.

## OK SO WHAT DOES THAT MEAN?

This energy is passed through the skin, through to the subcutaneous layer and depending on the procedure (tip used), can also touch on the muscle. These fabulous 'high powered transducers' remodel collagen and when concentrated on the soft tissue of the neck, chin, face and some areas of the body, they stimulate tightening and strengthening of the supporting tissue creating a more youthful appearance.

Best of all, its non-invasive so, really the downtime is non-existent, and the treatment only takes between 25 -45 minutes depending on what you need to have treated.

## SO WHY DO WE LOVE IT?

The Ultraformer is one of the very few non-invasive treatments that delivers natural looking results. If you wanted to, you could go out the same night of the treatment!

The Ultraformer's deep heating technology creates a plumping effect, giving you a more hydrated appearance post treatment. Being a no downtime treatment means it's easier to schedule in an appointment and there are no interruptions to your social or work life either.

The results of Ultraformer appear over a 3 month period, so they appear subtly, but that means you just look real and naturally fresher!

It's also the type of treatment that keeps on giving, especially if re-treated within 3-6 months of the first treatment, with some cases getting notable results.

ENRICH has had the treatment in-house for over 5 years and our talented nursing team are highly skilled at the Ultraformer treatment not only due to their experience, but because they believe in the results.





## Get set, glow - HydraFacial at ENRICH Clinic

Party season is here, so what better time to try out the world's favourite lunch-time beauty pick me up! HydraFacial strikes the perfect balance between medical grade technologies and a spa experience - much more than a basic facial, but less invasive than more traditional lasers.

The HydraFacial is a medical grade hydra-dermabrasion device that carries out a patented three-part regimen - cleansing, exfoliating and then infusing the skin with intensive serums. Gentler than its more traditional and abrasive microdermabrasion counter-part, hydra-dermabrasion works to gently vacuum pores whilst simultaneously infusing the skin with potent actives and serums which moisturise, brighten, plump and protect.

The results are instantly noticeable after each treatment, as well as providing long lasting effects with a short series of HydraFacial treatments. Better still, the treatment is suitable for most skin types, including those with acne, wrinkles, hyperpigmentation and sun damage.

Reflective of ENRICH Clinic's focus on Wellness and individualised treatments, HydraFacial treatments focus on 'skin health for life.' We know that when your skin looks and feels good, you'll feel good too. Step into summer with a HydraFacial for long-term healthy skin and a glowing complexion.

HydraFacial is the latest  
and greatest in gentle  
cleansing, exfoliation, giving  
the results of an advanced  
facial under an hour.  
Every 15 seconds, a HydraFacial  
is performed somewhere  
in the world - so you  
know it's good!



## SUMMER PACKAGES

### FOR YOUR EYES ONLY PACKAGE

1 x Ultraformer Eyes Only treatment  
 1 x Thermismooth Eyes Only treatment\*  
**\$600 (SAVE \$190)**

\*2 weeks after Ultraformer treatment

### ENRICH PARTY PACK

Give as a gift or keep for yourself.  
 1 x Voucher for China Doll Facial & Diode  
 1 x 25ml ENRICH Vitamin C Day Cream  
 1 x Voucher for Glycolic Peel (face, neck & chest)  
 All in one of our ENRICH Cosmetic bags  
**\$250 (SAVE \$100)**

Vouchers valid for 12 months

### SUMMER REFRESH PACKAGE

4 x Glycolic Peels  
 2 x Hydro Active Facials  
 1 x Genesis Rejuvenation  
 Each followed by healing light session from Diode  
**\$600 (SAVE \$150)**

### GIFT VOUCHER GOODNESS

**BUY AN ENRICH GIFT VOUCHER TO THE VALUE OF \$150 OR MORE AND GET A FREE PEEL\* FOR YOU**

**Every voucher purchased receives a free skin consult!**

\*Peel must be booked by 28/2/2019. One peel per voucher.  
 Gift vouchers valid for 12 months.

### REKINDLE ROMANCE WITH OUR ROMEO & JULIET PACKAGES

**20% OFF ANY ROMEO SNORING TREATMENT OR JULIET INTIMATE TREATMENT**

#### Romeo laser treatment package

2 x Romeo treatments  
**\$2400 (SAVE \$600)**

#### Juliet treatment package

2 x Juliet fractional laser treatment  
 1 x Thermi Va - RF treatment  
**\$1640 (SAVE \$410)**

Prepaid \*including a required doctors consultation

### PARTY READY OR PARTY PICK ME UP

This quick fix treatment will have your skin glowing for that party night out. It's also a great skin pick me up if perhaps the festivities have been a bit too festive!

1 x China Doll Facial  
 1 x Hydrate, nourish and tone finish  
 Followed by healing light session from Diode  
**\$250**

## WELLNESS WEDNESDAY - JUST FOR YOU

Recently had a cosmetic treatment at ENRICH ?

ENRICH invites you to our Wellness Wednesday program. It's our way of giving back to you!

Come in and choose from our menu of Wellness complimentary treatments to promote you feeling good.

This could include a facial, a gentle laser rejuvenation, a massage or even having your brows done.

Thirty minutes of pure indulgence from us to you.

#### ENRICH Wellness Treatment Menu:

Choose from any of these treatments for your Wednesday Wellness experience:

- Beauty Facial\* or 30 min mini Hydroactive facial
- 30 min Massage - choice of face, scalp, hand, shoulders, neck, upperback
- Brow Shaping &/or Tinting
- Glycolic Peel & Diode Light Treatment
- 20 mins Gentle Laser Rejuvenation - PIQO or Genesis

#### Terms & Conditions:

This offer is available if you have had the following treatments at ENRICH.

Anti-wrinkle injections (\$400 or over spend), Dermal Filler, Laser, Ultraformer II, The Secret, Sclerotherapy, Liposuction, Fraxel 1927, Intimate Program or any ENRICH personalised packages. Ask your doctor or nurse if you qualify.

\*Facial offer does not include China Doll

**Wellness Wednesday** bookings must be redeemed within a month following treatment and are valid for one wellness treatment per patient, every three months.

**Booking is essential**, and availability is based on 'first come first served' basis.

#### Terms & Conditions

Our packages indicate if a doctor consultation is required prior to treatment. Treatment packages are designed to give our clients the best combination of treatments for a specific purpose or outcome. Packages can not be used in conjunction with any other promotional offer. Packages that require prepayment have this indicated. Packages will often have a value add or production reduction, highlighted in package copy, as part of the package. Packages are redesigned each season to suit the needs of our clients.

Summer packages must be booked by 28/2/2019 to be valid.