

Active Bodies Menu



Breakfast

A selection of cereals and toast is on offer every morning



After School Menu – Week 1

Monday	Sausage, Chips and Veg
Tuesday	Mild Chilli and rice with Nachos
Wednesday	Pasta bake & veg
Thursday	Chicken nuggets, potato wedges and veg
Friday	Wraps with ham and/or cheese



FRESH SALAD SERVED DAILY



Menu is subject to change depending on availability of products at time of purchase

FOOD ALLERGY NOTICE: All our food is prepared in the same kitchen where nuts, gluten and other known allergens maybe present. We take every precaution to prevent cross-contamination, however, any product may contain traces. **Please inform a member of staff if your child has any special dietary requirements or allergies.**

Gluten Free and Dairy Free options available (please note dairy free butter is used as standard)

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After School Menu – Week 2

Monday	Chicken korma and rice
Tuesday	Fish fingers, French fries and veg
Wednesday	Bolognaise and pasta
Thursday	Beans on toast
Friday	Wraps with chicken and/or cheese



FRESH SALAD SERVED DAILY



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After School Menu – Week 3

Monday	Pizza and tortilla chips
Tuesday	Meatballs, pasta & tomato sauce
Wednesday	Spaghetti hoops on toast
Thursday	Sweet & sour chicken and rice
Friday	Wraps with tuna and/or cheese



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