

AD IGNITE HOLIDAY PROGRAMME

AGES 8-11

MONDAY 6TH - THURSDAY 9TH JULY

Arrival between 8am - 8:45am | Pick up between 2:30pm - 3pm

MONDAY	ONSITE	A fun and active day featuring rock climbing, movement activities and multisport challenges.
TUESDAY	ONSITE	A swimming-focused day with pool sessions, power activities and outdoor backyard games.
WEDNESDAY	OFFSITE	An exciting off-site Bounce trip combined with afternoon swimming activities.
THURSDAY	ONSITE	A water adventure day with kayaking, team sports and team-building activities.

MONDAY 13TH - FRIDAY 17TH JULY

Arrival between 8am - 8:45am | Pick up between 2:30pm - 3pm

MONDAY	OFFSITE	An action-packed off-site GameOver experience followed by swimming fun in the afternoon.
TUESDAY	ONSITE	A high-energy day with power sessions, inflatable pool activities and backyard games.
WEDNESDAY	ONSITE	A fast-paced day focused on speed activities and an Amazing Race challenge.
THURSDAY	ONSITE	A movement and adventure-based day featuring rock climbing and multisport activities.
FRIDAY	ONSITE	A teamwork-focused finish to the week with sport and team-building challenges.

Senior Athlete Development Holiday Programme (ages 11-14) and after holiday programme care (3.00pm - 5.00pm) also available.