



GEARLIST

- Sleeping Bag
- Pillow
- Rain Coat (and bottoms if you have them)
- Thermal top and bottom
- Activity Clothes - not cotton
- Warm jumper - not cotton
- Underwear
- Warm Socks
- Beach Shoes or Surf Booties
- Walking shoes
- Beanie
- Sun Hat and Sunglasses
- Sunscreen
- Insect Repellent
- Water Bottle
- Personal First Aid: Medication, Plasters, Pain Relief, Blister Tape
- Toiletries - Toothbrush, toothpaste, deodorant (No shampoo/conditioner).
- Utensils/Plate/Cup (light and durable)
- Head torch with spare batteries
- Togs
- Towel x 2
- Camp shoes - slides, jandals, crocs
- Wetsuit But not essential

GEAR HIRE

We have rental gear available for an additional charge.
Cookers, gas & pots |
Tents | sleeping mats |
Sleeping bags |
Head torches | water proof layers |
let us know if you need to hire anything

FOOD IDEAS

SNACKS
Muesli bars
Nuts and raisins
Chocolate
Lollies
Crackers
Chips
Biscuits etc etc

Contact:

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