

the **Y**

Y-Kids Upper Hutt

Afterschool Programme

Book Now!



Term 3 2026

Mondays / Quiz Master

Welcome to the ultimate brain-boosting adventure! Kids will journey through fascinating facts, silly surprises, and clever challenges designed to stretch their minds and spark curiosity. Every round brings new discoveries and plenty of giggles along the way. Who will be our Quiz Master?!



Tuesdays / Bootcamp

Ready to turn up the energy and have a blast? Join us for a fun-filled afternoon Bootcamp at the Y—where fitness meets laughs, teamwork, and feel-good vibes! 🥳👯



Wednesdays / Football

Every Wednesday after school, it's game time! ⚽👯 Grab your friends and head to the field for an awesome afternoon of football fun. Whether you're scoring goals, showing off your skills, or just enjoying a good run-around with your mates, it's all about staying active, having a laugh, and playing the sport you love.



Thursdays / Art

Unleash your creativity and enjoy a relaxing, fun-filled session of art and crafts! 🎨🌟 From painting and drawing to hands-on creative projects, there's something for everyone to explore. It's the perfect chance to unwind, express yourself, and take home something you've proudly made. No experience needed—just bring your imagination!



Fridays / Y Kai

Y-Kai turns the kitchen into a playground of creativity. From chopping and seasoning to plating and tasting, kids learn real cooking skills while having a blast. Every week brings a new recipe, a new challenge, and a delicious reward at the end.



active

LIFESKILLS

CREATE

Age 5 to 13

3:00pm - 6:00pm

For more information contact:

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enrolmy.com/ymca-central/book-now