

Y-Kids Afterschool Programme



Book Now!

the **Y**



Khandallah

Mondays Messy Mondays

Get ready to imagine, design, create, and get messy! Our Messy Monday module gives children the opportunity to express themselves through a wide range of fun, hands-on creative activities.



Thursdays Green Thumbs

Get ready to dig, discover, create, and explore! Our Green Thumbs module encourages children to connect with the natural world through hands-on activities, creative challenges, games, and outdoor exploration.



Tuesdays Skill for Success

This term we will be empowering our young people by teaching them some essential life skills. From sewing and money management, to basic first aid and gardening, our programme offers a wide range of skill-building opportunities. These activities are designed to boost your child's confidence, foster independence and prepare them for real-world, everyday experiences.



Fridays Friday Fitness

Kick off the week with fresh air, fun, and plenty of movement! Join us for Friday Fitness, where we'll head outside, get our bodies moving, play exciting games, and enjoy spending time with our friends after school. It's the perfect way to stay active, have a laugh, and end the week with a smile!



Wednesdays Quizmaster

Welcome to the ultimate brain-boosting adventure! Kids will journey through fascinating facts, silly surprises, and clever challenges designed to stretch their minds and spark curiosity. Every round brings new discoveries and plenty of giggles along the way. Who will be our Quiz Master?!



active

Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.

CREATE

Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

For more information contact:
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enrolmy.com/ymca-central/book-now

Age 5 to 13
3:00pm - 6:00pm

Term 4, 2026