

the **Y**

Y-Kids Cashmere

Afterschool Programme

Book Now!



Term 3 2026

Mondays Full STEAM Ahead

Each week we will explore Science, Technology, Engineering, Art, and Maths through fun, interactive projects and experiments. From building structures, experimenting with chemical reactions, and solving engineering challenges your child is sure to have a blast. Today is the perfect day for young minds to explore, create, and innovate!



Tuesdays Fear Factor

Have you got what it takes to feel the fear and do it anyway? join us for a series of age-appropriate challenges that help them stretch outside their comfort zones while building real confidence, teamwork, and problem-solving skills. Designed to be thrilling but not scary.



Wednesdays Athletics

Get ready for an afternoon of athletic fun! Try your hand at shot put, discus, long jump, and sprinting, then team up for exciting relays and challenges. It's the perfect chance to learn new skills, enjoy friendly competition, and build awesome team spirit—all while having a blast outdoors!



Thursdays Mythos & Mayhem

We will explore the world of Greek Gods, We will learn all about the 12 olympians through a wide range of fun activities from experiments to crafts and games there is something for everyone so they are sure to have a lot of fun while learning about a whole new world!



Fridays Mini Masterchefs

Let your child discover the joy of No-Oven Cooking! Each week, young chefs will get hands-on experience making simple, fast, and delicious treats. From fruit kebabs to mug cakes and chocolate-covered strawberries, they'll gain valuable experience in the kitchen; learning how to measure, mix, and clean. No-Oven Cooking is the perfect recipe for creativity, learning, and most importantly, a whole lot of fun. Ready, set, cook!



active

Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.

CREATE

Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

For more information contact:

**Centre Manager: Aimee Hunter-Smith | Phone: 027 702 5843 | Email: cashmere.asc@ycentral.nz
enrolmy.com/ymca-central/book-now**

**Age 5 to 13
3:00pm - 6:00pm**