Y-Kids Upper Hutt

Afterschool Programme



Term 4, 2025

Mondays Scooterz

Zoom into the afternoon with your friends for a wheely good time! Bring your scooter and helmet for some fast-paced fun,Whether you're a speedy scooter pro or just love cruising with your mates, this is the perfect way to roll into the afternoon. Let's ride!



Tuesdays Healthy living with Debbie

Fueling our bodies is very important! Come and join us to learn how we can do that, you may even leave with something to teach your parents.



Wednesdays Y Sports

Enjoy playing a mix of sport in a fun yet competitive afternoon, basketball, badminton, football, sports to test your hand and eye coordination, foot work today is a good day for all. skill levels something for everyone.



Thursdays Y Play

Every session is a new chance to express, explore, and shine. Perfect for young minds who are ready to let their imagination run wild!



Fridays Y Kai

Get ready to whip up some fun as Y Kai returns to the Y! This time, we're adding a little extra to the mix. You'll be making something delicious AND taking home the recipe so you can show off your tasty new skills in your own kitchen. Come hungry, leave happy – and inspired to cook again at home!





Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.



Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

For more information contact:

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enrolmy.com/ymca-central/book-now



Age 5 to 13

3:00pm - 6:00pm