

Y-Kids Afterschool Programme



Book Now!

the **Y**



Upper Hutt

Mondays Dodgeball

Children will develop speed, coordination, and confidence through a range of fun athletics activities. From running and jumping to throwing challenges, children will learn new skills, stay active, and have fun in a supportive environment. Perfect for all abilities and a great way to build fitness while making new friends!



Thursdays Daily Challenge

Think you've got what it takes to complete the Daily Challenge before it's time to go home? Thursdays bring a brand new challenge. You might be asked to master a tongue twister, learn a dance move, solve a tricky puzzle, or take on a surprise challenge. There's only one way to find out. Book in, join the fun, and see if you can conquer the Daily Challenge.



Tuesdays Quiz Master

Welcome to the ultimate brain-boosting adventure! Kids will journey through fascinating facts, silly surprises, and clever challenges designed to stretch their minds and spark curiosity. Every round brings new discoveries and plenty of giggles along the way. Who will be our Quiz Master?!



Fridays Y-Volleyball

Our after-school volleyball programme is all about teamwork, skill-building, and having a great time with friends. No experience needed, just come along and give it a go! 😊



Wednesdays Football

Every Wednesday after school, it's game time! ⚽ Grab your friends and head to the field for an awesome afternoon of football fun. Whether you're scoring goals, showing off your skills, or just enjoying a good run-around with your mates, it's all about staying active, having a laugh, and playing the sport you love.



active

Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.

CREATE

Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

For more information contact:
Jenn Elsworth-Clark | Phone: 020 402 31202 | Email: upperhutt.asc@ycentral.nz
enrolmy.com/ymca-central/book-now

👤 Age 5 to 13
🕒 3:00pm - 6:00pm