

Y-Kids Ngaio

Afterschool Programme Term 2, 2026



Mondays

Moving Mondays

Kick-start the week with energy and enthusiasm as we get moving and having fun together! From football, dancing and athletics to yoga, there's something for everyone to enjoy. Whether you're building skills, staying active, or working in teams to take on fun challenges, it's all about boosting confidence, encouraging teamwork, and starting the week strong with positive vibes and plenty of action.



Tuesdays

Y-Kids Game Show

Get ready for action, laughter, and a little friendly competition at The Game Show! This high-energy session is packed with awesome group games, exciting indoor and outdoor activities, and fun challenges that will keep everyone on their toes. Whether you're racing against the clock, working as a team, or showing off your skills, it's all about keeping energy high and spirits even higher. Let the games begin!



Wednesdays

Around the World

Pack your curiosity and get ready for an adventure! Around the World takes tamariki on a journey across the globe as we explore different countries, discover unique traditions, learn fun cultural facts, and even taste some delicious foods from around the way. It's a hands-on, exciting way to experience the diversity of our world, spark curiosity, and celebrate cultures together.



Thursdays

Let's Create

Thursdays are all about getting creative. Join us for an afternoon of arts and crafts where imagination takes the lead. From painting and drawing to fun DIY projects and seasonal creations, there's always something exciting to make and take home. It's the perfect chance to relax, express yourself, and let your creativity shine while having fun with friends.



Fridays

Friday Freak Out!

The weekend is almost here, so what better way to kick it off than with Friday Freak Out at the Y! Every week is a brand-new adventure packed with fun, laughter and surprises. From arts and crafts to outings around Ngaio, tasty snacks and mystery activities, there's no telling what exciting plans we have in store. Each Friday brings something different — the perfect way to relax, have fun with friends and celebrate the end of an awesome week.



Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.



Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.



For more information contact:
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enrolmy.com/ymca-central/book-now

Age 5 to 13
 3:00pm - 6:00pm