

Y-KIDS

Afterschool Programme



Book Now!



● PINEHAVEN ● TERM 3, 2025 ●

Mondays Moving Monday's

Get ready to kick off the week with energy and excitement! Moving Monday is all about getting bodies in motion and having fun while staying active. Whether they're zooming around on wheels, dancing to the beat, or playing high-energy games, kids will love this fun-filled way to start the week on the move!



Tuesdays Healthy Me, Happy Me!

A fun and educational adventure that helps kids discover the amazing things their bodies can do and how to take care of them. Through exciting activities and easy-to-understand lessons, children will learn about nutrition, exercise, sleep and hygiene in a playful way. Whether it's jumping into the world of muscles, exploring how the heart works or learning how fruits and veggies give us superpowers, this engaging journey makes healthy living fun, memorable and meaningful. Perfect for young learners and curious minds ready to grow strong and feel great!



Wednesdays Treasure hunt

Our Treasure Hunt Afternoon sparks curiosity with fun quests, clues, and teamwork. Every week is a new adventure!



Thursdays Create and Construct Club

Let imagination take the lead every afternoon in the Create & Construct Club! This hands-on program blends the creativity of crafting with the problem-solving fun of LEGO building. From colorful art projects to epic LEGO creations, students will explore, design, and build in a space that encourages curiosity and self-expression.



Fridays Y-Kai

A hands-on, fun-filled journey into the world of cooking, creativity and life skills. Kids will roll up their sleeves and dive into exciting kitchen activities where they'll mix, stir, and create delicious food. Along the way, where learning is fun by working together and making tasty foods. With every recipe, Y-Kai inspires confidence, curiosity and a love for learning. Perfect for young chefs ready to explore, create and taste their way to new skills and fun memories!



active

Energetic games designed to support fundamental movement, teamwork and being on the move in a supportive environment.



A range of activities which encourage self expression and to explore new mediums and techniques.

CREATE

Preparing our tamariki with diverse skills to navigate their way through their development and their experiences.

For more information contact:
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enrolmy.com/ymca-central/book-now

Age 5 to 13
3:00pm - 6:00pm