

THE TEA TONIC GOURMET RANGE

TEA TONIC

WARM SPICY TEA
Spice and delight
CAFFEINE FREE
An exotic modern day version of chai promoting circulation and warmth. Apple pieces, Hibiscus, Orange peels, Rosehip peels, Star anise, Cinnamon, Cloves, Allspice, Cornflowers blossom, Currants, Natural flavour.
FLAVOUR PROFILE AROMATIC, WARMING & FULL BODIED

TEA TONIC

CONTROL CRAMP TEA
Tame the inner beast
ORGANIC - CAFFEINE FREE
Be happy as it balances mood, stops the pain. Regulating, balancing and tonifying the inner beast of cramps, spasms and twitches. Hibiscus flower, Cramp bark, Dong quai root, Evening primrose seed, Globe amaranth flower, Natural flavour.
FLAVOUR PROFILE CHOC CHERRY

TEA TONIC

ORIENTAL TWIST TEA
Rejuvenate and revive
ORGANIC - LOW CAFFEINE
Thirst quenching, mild stimulant that is ideal for the calorie conscious, targeting your abdomen. A unique Asian secret. Green tea, Jasmine flowers, Lychee, Natural flavour.
FLAVOUR PROFILE FRESH GREEN SWEET FLORAL

TEA TONIC

THROAT SOOTHER TEA
Singers and performers
ORGANIC - CAFFEINE FREE
Soothe a dry irritable hoarse throat with this healing lemon blend of organic herbs. Licorice root, Sea buckthorn berries, Lemon peels, Lemon myrtle, Marshmallow root, Natural flavour, Sweet blackberry leaves.
FLAVOUR PROFILE SWEET LEMON

TEA TONIC

BODY RESET TEA
Peachy fit
ORGANIC - LOW CAFFEINE
Retune your shape to help achieve a healthier you. Boost your body's ability to burn calories and readjust cravings. Oolong, White tea, Moringa leaves, Natural flavour, Monk fruit, Hibiscus, Calendula.
FLAVOUR PROFILE SWEET PEACH INFUSING

TEA TONIC

WHITE TEA & ROSE PETALS
Delicate and light with a hint of rose
ORGANIC - EXTREMELY LOW CAFFEINE
Providing high potency oxygenation and clarity, thus ideal when sitting for long periods. White tea, Rose petals.
FLAVOUR PROFILE LIGHT FLORAL

TEA TONIC

TURMERIC, BEETROOT & GINGER TEA
Recover, repair and restore
ORGANIC - CAFFEINE FREE
Stop and sip this anti-inflammatory, antioxidant loaded tea and help repair from daily wear and tear. Ginger root, Beetroot, Carrot, Hibiscus, Moringa leaf, Natural flavour, Turmeric, Fenell seed, Elderberries, Black pepper.
FLAVOUR PROFILE WARM & RICH WITH A KICK

TEA TONIC

BERRY GREEN TEA
A berry different green tea
DOUBLE STRENGTH BOOST
LOW CAFFEINE A mild stimulating boost that tastes better with the added antioxidants of red berries. A fabulous 'pick-me-up' tea. Green tea, Oolong tea, Black tea, Strawberry bits, Red currants, Raspberry, Natural flavour.
FLAVOUR PROFILE VERY PALATABLE GREEN TEA

TEA TONIC

THIRST QUENCHER TEA
A sweet red herbal
ORGANIC - SUGAR & CAFFEINE FREE
Drink with peace of mind that this naturally sweet mouth-watering tea can be drunk all day, hot or chilled. Keeps you hydrated and is FODMAP and diabetic friendly. Hibiscus, Moringa leaves, Natural flavour, Monk fruit, Calendula.
FLAVOUR PROFILE SWEET RASPBERRY

TEA TONIC

ENERGY BOOST TEA
Raise energy and mood
ORGANIC - LOW CAFFEINE
A fresh energising lemon green tea with a boost of ashwagandha (ginseng) to keep you full of spirit and bounce. Green tea, Ginseng, Lemongrass, Lemon balm, Calendula, Monk fruit.
FLAVOUR PROFILE SWEET LEMON ZING

TEA TONIC

COCONUT TEA
Escape and unwind
CONTAINS CAFFEINE
Put yourself in a lively mood without the come down. Replace lost electrolytes while hydrating naturally. Yerba mate green & roasted, Aloe Vera bits, Coconut flakes, Pineapple pieces, Natural flavour.
FLAVOUR PROFILE CREAMY FRUIT COCONUT

TEA TONIC

TEA PARTY TEA
Uplifting and festive
ORGANIC - CAFFEINE FREE
A traditional 'cure all' in South Africa that tastes similar to regular tea. Gives calcium and iron, and is tannin free. Rooibos, Rose petals.
FLAVOUR PROFILE SIMILAR TO BLACK TEA BUT SMOOTH

TEA TONIC

BRIGHT SPARK TEA
Memory, study, brilliant minds
EXTREMELY LOW CAFFEINE
Jump start learning, concentration and creativity. We all could do with more of that. Get ready for that light bulb moment. White tea, Ginkgo, Bacopa, Papaya bits, Apple bits, Mangold blossoms, Natural flavour.
FLAVOUR PROFILE LIGHTLY SWEET WHITE TEA

TEA TONIC

FRUITY TUTTI TEA
Stimulate and invigorate
ORGANIC - CAFFEINE FREE
This Vitamin C potent blend smacks your cheeks with its rich sweet lively flavour. An ideal cordial alternative, refreshing iced while invigorating hot. Apple pieces, Orange Peel, Rosehip shells, Hibiscus blossoms, Lemongrass, Natural flavour.
FLAVOUR PROFILE SWEET SHARP & ZINGY

TEA TONIC

LONGEVITY TEA
Never lose your sparkle
ORGANIC - LOW CAFFEINE
Maintain inner balance and add a little sparkle to your life. It's our secret to a long healthy life. Oolong, Gynostemma Jiaogulan, Moringa leaves, Natural flavour, Monk fruit, Edible mica powder.
FLAVOUR PROFILE HOT-CHOCOLATE/OLD HOT-CREAMY

TEA TONIC

BREATHE EASY TEA
Estate and soothe
ORGANIC - CAFFEINE FREE
Support your lungs and ease congestion. This tea will soothe respiratory irritation and dryness when the air quality is not at its best. Mullein, Peppermint, Eucalyptus leaf, Natural flavour, Monk fruit.
FLAVOUR PROFILE SWEET WATERMELON PEET

TEA TONIC

APPLE TREE TEA
A fresh crisp sensation
CAFFEINE FREE
My children's favourite and loaded with antioxidants. As they say 'an apple a day...'. A perfect dessert tea and pairs beautifully with cheese platters. Apple pieces, Malic Acid, Natural flavour.
FLAVOUR PROFILE SWEET APPLE

TEA TONIC

HEMP HARMONY TEA
Discover its silver lining
ORGANIC - LOW CAFFEINE
Nature's perfect balance of healthy fats protecting your health and mind from inflammation, supporting and enhance our body. Hulled hemp seeds, Gemmaicha tea, Natural flavour.
FLAVOUR PROFILE BUTTERY CARAMEL POPCORN

TEA TONIC

WELL BEING TEA
Restore vitality and good health
ORGANIC - CAFFEINE FREE
Heal and relax your digestion and stop bloating. Helps to alkaline your bodies tissues to elevate your general health and wellbeing. Alfalfa, Spearmint, Calendula.
FLAVOUR PROFILE LIGHTLY SWEET WHITE TEA

TEA TONIC

AUSTRALIANA TEA
Cool, dry, vast and a whole lot of soul
ORGANIC - CAFFEINE FREE
Aids to opening your upper respiratory sinus, ideal for drying sweats, it feels like a fresh walk in the Australian bush. Lemon myrtle, Sage, Eucalyptus leaf.
FLAVOUR PROFILE FRESH, SHARP, DRY LEMON

TEA TONIC

TRUE CALM TEA
Eliminate stress
ORGANIC - CAFFEINE FREE
Acting as a balancing tonic, this tea will adapt to your body's needs by eliminating stress, creating an internal peace and helping you deal with anything life throws at you. Tulsi/Holy Basil, Moringa, Monk fruit, Natural flavour, Cornflower blossom.
FLAVOUR PROFILE SWEET PASSIONFRUIT

TEA TONIC

G.L.E.W. TEA
Keeps you from coming unstuck
ORGANIC - EXTREMELY LOW CAFFEINE
An immune boosting and anti-nausea combination, great if you are prone to getting sick and is kind to the gut. Ginger root, Lemongrass, Echinacea, White tea.
FLAVOUR PROFILE LEMON GINGER

TEA TONIC

LICORICE LOVER TEA
A nurturing tonic
ORGANIC - CAFFEINE FREE
Supports our energy reserves, acting as an adrenal tonic and is anti-inflammatory. Helps curb sugar cravings. Licorice root, Anise, Peppermint, Chamomile, Cornflower blossoms.
FLAVOUR PROFILE SWEET SMOOTH LICORICE

TEA TONIC

BLUE MAGIC TEA
Enhanced beauty
CAFFEINE FREE
Feel the love this tea gives, boosting the lustre of your hair, skin and eyes. Naturally blue tea in colour and add lemon to change to purple. Butterfly pea, Chamomile, Rose petals. Natural flavour.
FLAVOUR PROFILE FLORAL TURKISH DELIGHT

TEA TONIC

RELAXATION TEA
Calms the mind, body and soul
ORGANIC - CAFFEINE FREE
Calms nerves during the day or nightly to sleep and stay asleep. An alternative to chamomile, with a lemon lavender taste. Lemongrass, Passionflower, Lemon balm, Skullcap, Lavender.
FLAVOUR PROFILE LEMON LAVENDER

TEA TONIC

COMPLEXION TEA
Beautiful radiant glowing skin
ORGANIC - CAFFEINE FREE
Our original and famous tea gives a luminous glow. A gentle daily cleanse for the blood, liver and lymphatics. Nettie, Red clover, Dandelion leaf, Calendula, Burdock.
FLAVOUR PROFILE SAVOURY HERBAL

TEA TONIC

COFFEE ADDICT TEA
A stamina brew to kick the habit
ORGANIC - CAFFEINE FREE
A stimulating, yet stabilising alternative to caffeine that will add a spring to your step. Roasted dandelion root, Ginseng, Native wattseed, Cornflower blossom.
FLAVOUR PROFILE WARM, NUTTY & RICH

TEA TONIC

DARK CHOCOLATE & BLACK TEA
Simply good for you
ORGANIC - CAFFEINE RICH
A waking boost and chocolaty after taste that won't stick to your hips. Loaded with caffeine and anti-oxidants. Black tea, Cocoa kernels, Natural flavour.
FLAVOUR PROFILE BLACK TEA WITH A CHOCOLATE AFTER TASTE

TEA TONIC

CELEBRATION TEA
Luscious dessert
LOW CAFFEINE
Indulge in this luscious sweet tea treat, calorie free without it sticking to your hips. Have fun and satisfy cravings. Green tea, Butterfly Pea, Natural flavour, Monk fruit.
FLAVOUR PROFILE SWEET DESSERT BISCUIT

CORE RANGE

TEA TONIC

ENGLISH BREAKFAST TEA

TEA TONIC

PERSIAN BREAKFAST TEA

TEA TONIC

EARL GREY TEA

TEA TONIC

FRENCH EARL GREY TEA

TEA TONIC

GREEN TEA

TEA TONIC

BLACK TEA

TEA TONIC

PEPPERMINT TEA

TEA TONIC

CHAMOMILE TEA

TEA TONIC

TRADITIONAL CHAI TEA

TEA TONIC

CHOCOLATE CHAI TEA

Rejuvenate, relax and nourish on a cellular level by drinking Tea Tonic. Your body will resonate with this pure experience.

Lisa Hilbert, a qualified Naturopath and Herbalist, personally formulates all the Tea Tonic blends to focus on taste, health and wellbeing.

With a teabag making machine on site, we're able to offer the freshest handmade and most comprehensive range, both in loose leaf and tea bags.

Tea can be so much fun!

Lisa Hilbert
LISA HILBERT N.D.
Founder & CEO